

The Vine

NEWSLETTER FOR THE BARONY OF ANEALA
SOCIETY FOR CREATIVE ANACHRONISM



Volume 17 issue 22
March XLIV/2012

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XIII Lettuce (Lactuce)

Nature: Cold and humid in the second degree.

Optimum: Those with large leaves and of a lemon-yellow color.

Usefulness: Relieves insomia and spermatorrhea.

Dangers: It is harmful to coitus and the eyesight.

Neutralization of the Dangers: By mixing it with celery.

From the Tacuinum of Rouen

Regnum



King Siridean & Queen Margie

crown@lochac.sca.org



Baron Kilic & Baroness Branwen

aneala@aneala.lochac.sca.org.au



Champion of the Sword:

Nathan Blacktower

Champion of the Bow:

Renonys de la feuille

Champion of the Rapier:

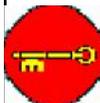
Columb mac Diarmata

Champion of Arts & Sciences:

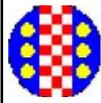
Helen Hartsborne

Bard of Aneala:

Alanna Galliwoode



Seneschal: Lachlahn Dunbar
seneschal@aneala.lochac.sca.org



Reeve: Celestria Ashwood
reeve@aneala.lochac.sca.org



Chronicler
Bella Valori
chronicler@aneala.lochac.sca.org



Constable
Renonys de la Feuille
constable@aneala.lochac.sca.org



Chatelaine
VACANT
chatelaine@aneala.lochac.sca.org



Marshall
Séamus O' Séamuis
marshall@aneala.lochac.org



Arts & Sciences Officer
Catalina deGata
arts@aneala.lochac.sca.org



List Keeper
Edmund Kerr
lists@aneala.lochac.sca.org



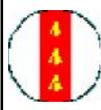
Herald Blackwing Persuivant
Columb mac Diarmata
herald@aneala.lochac.sca.org



Rapier Marshall
Alessandra de Florenza
rapier@aneala.lochac.sca.org



Webminister:
Nathan Blacktower
webmaster@aneala.lochac.sca.org



Captain of the Archers
Isabel de Annesley
archer@aneala.lochac.sca.org



Unto the Populace of the Barony of
Aneala, does Kílic and Branwen
give greetings.

Here we are already into March – where does the year go?

Well we' ve definitely got a lot of events coming up and we have a lot of new people to welcome into our society. Both O-days were a great success with a goodly number of newcomers signing up. On Thursday we got to meet a few of these people and discuss what they need in the way of medieval clothing and to help with some of the initial patterning. We were enjoying it so much we didn' t realise how late it had gotten.

While on the subject of newcomers don' t forget that the WAMA medieval fair is on the 17th of March. Do come along and help give us a great presence at this event. It is one of our premier recruiting events for the year. We also ask if anyone can help with the setup on Friday or is willing to spend a little time on the gates taking money would you please contact her Excellency.

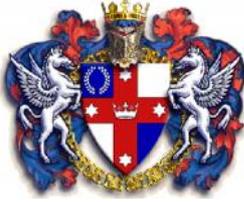
With all these recruitment drives you know what comes next and that is the Newcomer' s Feast on March 24th. Besides the usual feasting, dancing and music there will also be an A&S competition for the “ Best St Basil themed project & best St. Lazarus themed project” . So let' s see what you can do.

April is also an event packed month there is of course the 25th anniversary for Aneala on the 27-29th April. You can find details about this glorious event at <https://sites.google.com/site/anealan25th/>
Also Bastion is running a St Georges Day Das d' Armes on the 22nd April on the Pencampwr grounds.

So finishing where we started we' d like to welcome all the newcomer' s who have joined us both those we have met and those we will meet in the future.

Yours in Service

Kílic and Branwen
Baron and Baroness of Aneala



KINGDOM OF LOCHAC A&S COMPETITIONS

May Crown 2012 (Shire of Bordescros)

- An item of furniture - detailed photos, including stages of construction accepted.
- An item of any kind, specifically for Equestrian activities
- A scribal work, on behalf of your Barony or Shire (eg a letter to crown, a challenge to a Neighbouring group etc) in an historic style

Midwinter 2012 (Barony of Innilgard)

- An item of any kind, made from wool.
- An item of armour, for man or beast.
- Food that travels well. Ideally to be presented at the event, however photos and comments from tasters will be accepted.

For more information, please refer to the Lochac A&S web site lochac.sca.org/artsandsciences

Entries for interstate events need to be sent at least 2 weeks prior to be received for judging.



XVII Sour Pomegranates

(Granata Acetosa)

Nature: Cold in the second degree and humid in the first.

Optimum: Those that are very watery.

Usefulness: Good for a warm liver.

Dangers: Bad for the chest and the voice.

Neutralization of the Dangers: With honeyed foods.

From the Tacuinum of Rouen early 15th century

USEFUL SEWING TECHNIQUES

Viscountess Mistress Rowan Perigryne OL, OP etc

Here are a handful of sewing techniques which when making clothes from most periods (including the 20th century).

Fabric choice

Period fabrics were linen, wool and – for the rich – silk. Linen is the best choice for next to your skin – it will wick sweat away and is very hard wearing. If you can't afford linen, use pure cotton rather than a poly mix. Match the weight of the fabric to its purpose.

Fabric preparation

Most fabrics shrink a bit (or a lot) in the wash. When you bring the fabric home, wash it immediately – before you put it away – in the same way you plan to launder the finished garment (hot wash, delicate, wool cycle, whatever). This way, you will never be tempted to use unwashed fabric because you don't have time to wash it first, only to regret it afterwards. This applies to trim too – if the costume will be washed, wash the trim before you apply it!

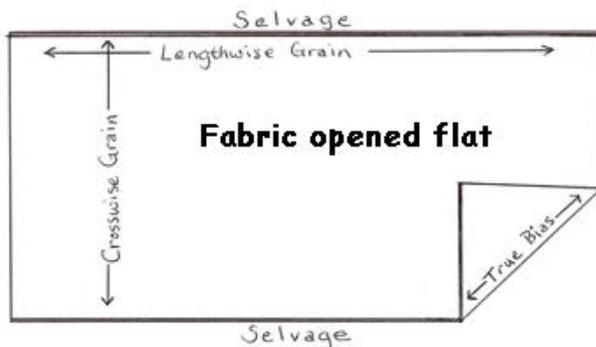
About Grain

The warp threads run the length of the fabric, with the weft woven from side to side across.

Fabric is strongest and will distort the least when cut on the straight of the fabric.

Fabric will have the most stretch cut on the bias – at 45 to the straight

Squaring the fabric. To get fabric truly square, pull a thread to get a straight line, then cut along the line. Dampen and pull the corners until the fabric lies square – press to set.



Seam allowances

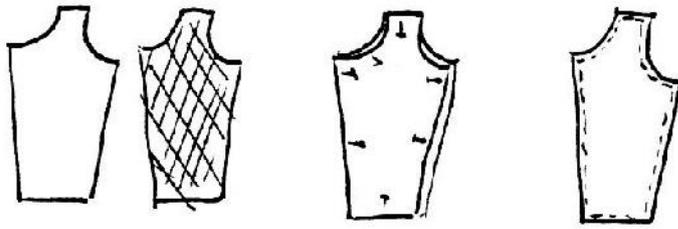
Make sure you have seam allowances on all pieces before you cut!

Modern seam allowances are standardised at 1.5cm, but period tailors (and modern couturiers) use narrow and broad allowances as required.

Interlining

Interlining gives support, stiffness and bulk to fabric. It can make a light fabric into a heavier one.

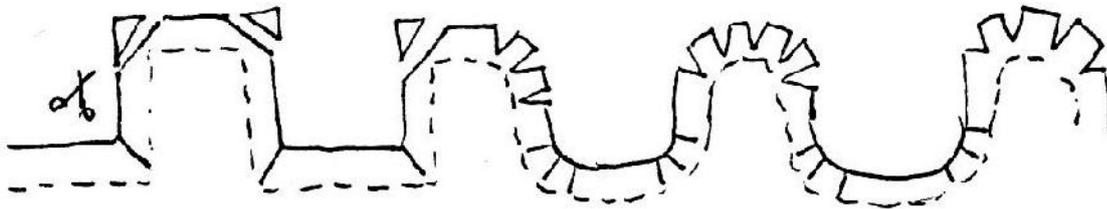
1. Cut out the garment pieces in the outer fabric and interlining, matching grain lines.
2. Pin carefully to make sure they are flat.
3. Sew the matching pieces together around the edges inside the seam allowance.
4. Treat them as one piece of fabric when constructing the garment.



Clipping and Turning

Clipping corners and curves makes your seams lie flat.

1. For small shapes (like dagging), trim the seam first to reduce bulk.
2. Clip small V shapes out of outside curves. Be careful not to go into the seam!
3. Snip inside curves and corners.
4. Cut off seam allowance from corners.
5. Turn and press. Small shapes and corners are much easier to turn with a bone folder.



Fold of cloth

Thick fabrics (eg wools) will take up extra space when they fold or turn – don't forget!

Seam Grading

Seam grading reduces the bulk of the seam. This is not necessary when seams are pressed open.

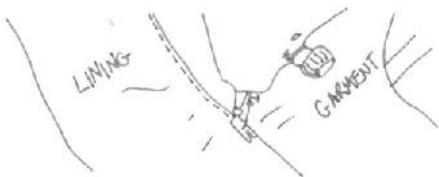
1. Sew the seam
2. Trim the seam allowance near the inside of the garment to half the original width.
3. If you have more layers, do it in steps - 3 levels for 3 layers, etc.



Understitching

Use understitching to make sure your linings never show on garment edges.

1. Sew and grade your seam
2. Press both seam allowances to the back or lining side.
3. Sew through the lining and both allowances about 2 mm from the seam.
4. Turn and press.



Prickstitch

A period solution to the same problem

1. Sew and grade your seam

2. Turn and press, with the lining fabric slightly back
3. Using matching thread, take very small running stitches 2mm from the edge, going through all layers of fabric.

Piping

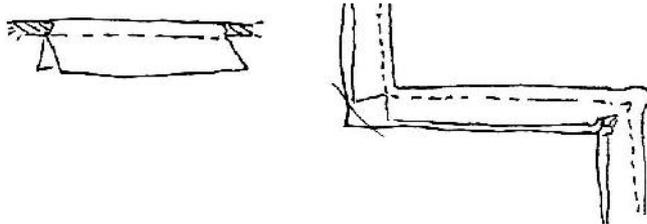
This is a good way to provide a neat strong edge or a contrast colour and also avoids lining creep. You can buy piping cord in many sizes. You can cover it in straight strips of fabric, but if it has to go around lots of curves, bias is better.

First make your piping...

1. Calculate the width of your fabric covering as
 $2 \times \text{garment seam allowance} + 3 \times \text{cord diameter}$.
 With 1.5 mm seam and 3 mm cord, this would be $(2 \times 15) + (3 \times 3) = 39 \text{ mm}$
2. Cut fabric strips as needed and join them, pressing the seams open.
3. Fold the strip around the piping, right sides out.

Then sew it on...

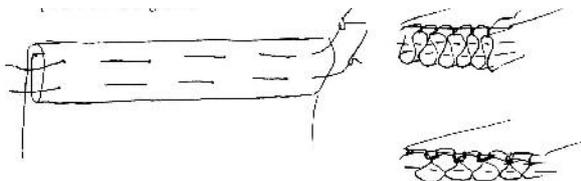
4. Using a zipper foot and a long stitch length, sew the piping into the middle of the strip
5. Pin the piping on to the right side of the piece, matching the seam allowances.
6. Clip the seam allowance at corners and curves.
7. Using the zipper foot, sew over the stitches on the piping
8. Pin the facing piece on, matching seam allowances
9. Using the zipper foot, sew just inside the rows of stitching (towards the piping)
10. Turn and press.



Cartridge Pleating

This is a common method of pleating fabric into armholes and waistbands, especially during the renaissance. It gives a full rounded even appearance. Cartridge pleats can be fine or fat, depending on the thickness of the fabric and the sewing technique.

1. Finish the waist, armhole etc with seam allowances turned in sewn.
2. Fold over the fabric twice to a depth of about 4 cm.
3. If necessary, pad the fold with a thicker fabric to provide bulk.
4. With strong double thread, sew 3 cm stitches about 1 cm in from one edge of the fold.
5. Repeat along the other edge, matching the first row of stitches.
6. Draw up both threads and distribute the pleats evenly along the waist, etc. Pin.
7. For very fine pleats, sew the peak of each pleat to the main fabric edge, then stitch into the pleat again. Repeat for each pleat.
8. For medium pleats, sew into one side of each pleat, through the main fabric edge, then stitch into the hole again. Still on the same pleat, stitch into the other side and over, spreading the pleat a little flat. Stitch into the side of the next pleat and main fabric, then sideways topstitch the pleats together.
9. For fat pleats, sew as for medium pleats, but take a whip stitch or two to secure the flat part of the pleat to the main garment.



Regular Activities

Baronial Council Meeting

Contact Lachlahn:

3rd Friday of the month 7.30pm

seneschal@aneala.sca.org.au

Scribes Calligraphy & Illumination

Contact: Branwen

Mondays 7 to 9pm

aneala@aneala.lochac.sca.org

Baronial Dance Lessons

Contact Mistress Catherine

1st and 3rd Tuesdays

vertragis@arach.net.au

Music and Singing

Practices held twice a month.

Times and venues vary and are posted on our Yahoo group -

<http://launch.groups.yahoo.com/group/CeoltoiriAneala/>

For more info join this group or

Contact Mistress Catherine: vertragis@arach.net.au

Aachenfeld A&S Night

Contact Catalina: gatanoz@gmail.com

2nd & 4th Wednesdays, 7pm

Biralee Hall, Innaloo

Aachenfeld fighters Training

Lake Monger PS, Dodd St, Wembley

Sundays, 10am-12pm

Contact Nathan (08) 9249 5670

College of St. Basil & Murdoch Armoured & Rapier Training

Tuesday & Thursday 4pm to 6 or 7pm Oak Lawn, UWA

College of St. Basil & Murdoch Arts & Sciences

Thursday evenings after training, Guild Council Meeting Room, UWA

Abertridwr Armoured Combat & Open House

Wednesdays from 7pm at The Bastion Kane: (08) 9314 2506

Abertridwr Training

Armoured Combat, Archery & Arts & Sciences

Sundays, 1pm at Wandi Progress Association Hall De Haer Rd, Wandi

Contact Rhianwen

Jo-ann@bigpond.net.au



Local Lochac Guild Contacts

Guild of the Silver Rondel

The dance guild in the Kingdom of Lochac which encourages pre 17th century dancing, holds competitions, and also holds the Bal d' Argent which is the social dance event of the year.

Contact Mistress Catherine d'Arc:
vertragis@arach.net.au

Royal fibre Guild of Lochac

For those interested in the arts, crafts and history of all textile matters. We encourage the doing, researching and teaching of fibre related skills as seen in pre 1600 cultures. We include weavers, spinners, dyers, cordmakers, felters, knitters, njalbinders and lacemakers.

Contact Lady Aoife:
oconnor.frellis@live.com

Royal Guild of Defence

Researching and teaching of the period martial arts of Europe, as detailed in the various extant fencing and wrestling manuals.

Contact Don Donnchadh:
duncan@ladybirdpainting.com.au

WAMA MEDIEVAL FAYRE DEMO

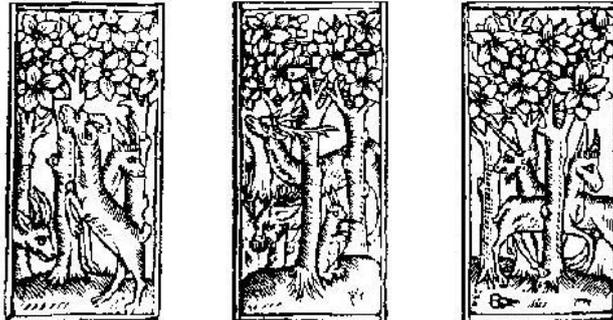
Date: Saturday 17th March
Time: Fayre starts at 10am
Venue: Supreme Court Gardens, Perth
Steward: Baroness Branwen

As with previous years, this demo will run as a Tournament Event with displays of the arts and crafts.

So if you would like to come along and display your talents and promote our most worthy Group come along.

WAMA really needs our help to set up and take down and to man the gates on the day. Please let me know if you can volunteer.

This event is one of the prime membership drive events please help out.



DRAGONS@BAY BLUES@ALIVE@ART@IN@THE@PARK@FESTIVAL@DEMO

Date: Sunday 18th March
Venue: Churchill Park, Rockingham
Time: 10am til 6:30pm
Steward: Lady Petronilla
Contact: labowering@yahoo.com

Any fighters wanting to come will be most welcome.
Please contact the steward for further details.

NEWCOMERS FEAST 2012

Date: Saturday 24th March
Time: 6pm start and set up from 4pm
Venue: Rivervale Community Centre,
Corner of Surrey Road/Francisco Street, Rivervale
Cost: \$20 members, \$22 members, 1/2 Price Under 12s.
Steward: Elizabeth Rowe
Bookings: Close on the 17th March 2012
nancy_e_white@yahoo.com.au

A feast to welcome the Newcomers to the Colleges of Saint Basil the Great and Saint Lazarus. Come and experience the food and festivities of the Medieval and Renaissance era. Remember to bring your feasting gear (cutlery and crockery) and drinks. Wear pre-1600s clothes - please come in your first ever garb if you still have it! Arts & Sciences Competitions Best St Basil themed project & best St. Lazarus themed project.



ADVANCED ARMoured COMBAT SCHOOL 2012 WITH DUKE FABIAN!!!

Date: Friday 30th March to Monday 2nd April
Venue: 9am til late—Fri, Sat & Mon @ The Bastion
Sunday 10am @ Achenfeld training
12 noon lunch at the pub
2pm @ Abertridwr training
Cost: \$70
Steward: Sir Kane ccolyer@bigpond.net.au
Bookings: Required

This event is aimed at armoured combatants who have made a commitment to armoured combat expertise. Participants will have to attend the 4 full days and 3 evenings and have their own fighting kit. Cost includes Friday and Saturday night meals. Leftover money will be turned into beer. In the past we have all pitched in to buy the instructor Lunch on the first 2 days. Everyone is welcome to attend on Sunday, not just those attending the school.

ABERTRIDWR ST GEORGES DAY PAS D ARMS

Date: Sunday 22nd April
Time: 10am start and set up from 4pm
Venue: Wandu Community Grounds, Dehaer Road, Wandu
Steward: Sir Kane ccolyer@bigpond.net.au

The Crown has granted Permission and patronage for the Bastion (The Pride of Lochac) to stand as tenants against all comers from 11 am to 4pm on the grounds of the Pencampwr testing. Please contribute to the heraldic spectacle and please bring a dish to share at the afternoon tea following the Emprize.



ANEALAN SILVER ANNIVERSARY

Date: Friday 27th to 29th April
Time: 5pm
Venue: Manjedal Guide Camp, Byford
Steward: Catalina de Gata Phone: 0423 198 462
gatanoz@gmail.com
Website: <https://sites.google.com/site/anealan25th/>

| Pricing: | Dorm | Camp |
|--------------|------|------|
| Adult Member | \$70 | \$55 |
| Non Member | \$75 | \$60 |
| Child Member | \$60 | \$45 |
| Non member | \$65 | \$50 |

Day rates available - see website for details.

Every group on this Western Coast of Lochac has been founded by members of Aneala . As we reach our silver Anniversary let us rejoice in the history of this Barony that has given birth to so many varied groups and individuals. Come together with your pictures and your tales of yester-years whether you have been in the SCA 25 years or 25 minutes. Bring together your stories, your weapons and your joy of the game for a fun weekend.

DRAGONSBAY TOURNEY OF THE NORTHMEN

Date: Sunday 13th May
Venue: Wandi Progress Association, De Haer Rd, Wandi
Time: Site opens 9:30am, Armour inspection at 10am
Cost: Members \$5, Non members \$6
Youth (12-17) \$4, Children (6 - 11) \$3,
Toddlers, Ravens and Valkrie Free
Steward: Peter D'Gaunt Noir
peter.fryer@police.wa.gov.au

10am Armour Inspection & Lists Open
10.30am Round Robin commences with melee

Kings Boon:

If you fight with an unfamiliar weapon style you will gain an extra life for the tourney and thus you may avoid elimination at the completion of the Round Robin.

Valkyrie's Gift:

At the completion of the Round Robin if you would otherwise be eliminated from the Tourney the populace may reward your valour and acclaim you a hero and gift you a life so that you may contest the final.

Round Robin Close Combat Tourney with weapons styled on those used by the Norse cultures commonly referred to as the Vikings, so equipment and accessories of the north European pre-viking and Saxon cultures are also suitable. Weapons: Spear, Axe, Broadsword, Seax and round shield

While not a requirement for entry the populace are encouraged to wear garb as may be appropriate to North European cultures of the period 700ad to 1000ad. Please feel comfortable to turn up in what you have your attendance is more desirable than your absence for want of an extensive wardrobe.

If more than one warrior remains at the end of the Round Robin then a melee will be held to determine the victor for the day.



PENCAMPWR GAN ABERTRIDWR CHAMPIONSHIP

Date: 10am Fri 1st - 4th June
Venue: Wandi Rec Centre, De Haer Rd, Wandi
Steward: Alianore de Essewell
Website: <https://sites.google.com/site/pencampwr2012/>
Pricing: Adult Member \$65 Non Member \$70
Under 16yrs \$30 Under 6yrs Free
Bookings: Close May 25th
Allesandra allesandra@crystalcs.com

Site opens 10am Friday, Event Opens 10am Sat. Close & Cleanup from 2pm Monday

Family Rate is 1 minor U16 free with each adult attending from the same address, Day Rates available on request.

This is a semi catered event, please inform the booking Officer of any allergies or dietary requirements. Billeting will be available for visitors.

Bookings will only be accepted with a deposit. Payment by Cash, Cheque or Direct Deposit is available,

online booking form can be found at <https://sites.google.com/site/pencampwr2012/booking-information>



DRAGONSBAY LIONS & LAMBS WAR & POTLUCK

Date: Sunday 5th August
Time : 10am
Venue : Wandi Progress Association De Haer Rd, Wandi
Steward : Peter D'Gaunt Noir peter.fryer@police.wa.gov.au
cost: Members : \$5 non-members : \$6
Youth \$4 - Children \$3 - Toddlers Free

9.30am Site opens, Armour Inspection 10am and fighting starts 10.30am. Potluck lunch around 12.30 for those who will & 4pm Event ends

Mixed combat open field, bridge and gate scenarios - combatants please ensure you arrive to be ready for armour inspection by 10am - put your mesh on the week or day before.

Units and individuals to declare for sides on the day and for each scenario as they will.

WESTERN LEATHERCRAFT



<http://www.westernleathercraft.com.au>
<http://stores.ebay.com.au/Western-Leathercraft>



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SATURDAY 10AM TO 3PM

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CHILDREN'S MEDIEVAL
CHAINMAIL
REENACTOR MAGAZINES



MEDIEVAL

MEDIEVAL BUCKLES
DRESS DAGGERS
CUTLERY
PEWTER BADGES
CELTIC PENDANTS
VIKING PENDANTS
SCA BELT MOUNTS
COINS
JEWELRY

About the Vine

This is Volume 17, Issue 21 (February A.S. XLIV / 2012) of The Vine, which is the newsletter for the Barony of Aneala.

It is available from the Anealan Chronicler: chronicler@aneala.sca.org

The Vine is not an official publication of the Society for Creative Anachronism (SCA) and does not delineate SCA policy. The official newsletter for the Society in Australia is Pegasus, which is available from the Registrar at registrar@sca.org.au

The closing date for submissions to The Vine will be posted to the Populace list on the Saturday after Baronial Council. Advertising, including event flyers should be in Word or Publisher. No PDFs. Please send original source documents.

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Online Resources—Group Websites

| | |
|---|---|
| Barony of Aneala (Perth, WA) | http://aneala.sca.org.au |
| Canton of Abertridwr (South of Perth, WA) | http://lochac.sca.org/abertridwr/ |
| Incipient Canton of Aachenfeld | http://aneala.sca.org.au/Aachenfeld/ |
| College of St Basil the Great (U of WA) | http://www.sca.org.au/basil |
| Incipient Canton of Vallon d'Or (Balingup) | http://www.valondor.webs.com |
| Shire of Bosenberg (Southwest of WA) | www.freewebs.com/boesenberg |
| Shire of Dragons Bay (between Abertridwr & Boesenberg) | http://lochac.sca.org/dragonsbay/ |
| Kingdom of Lochac (Australia & New Zealand) | http://lochac.sca.org |
| SCA Corporate site (Australia) | http://www.sca.org.au |