

# The Vine

Volume 24 Issue 8 December AS LII/ 2017





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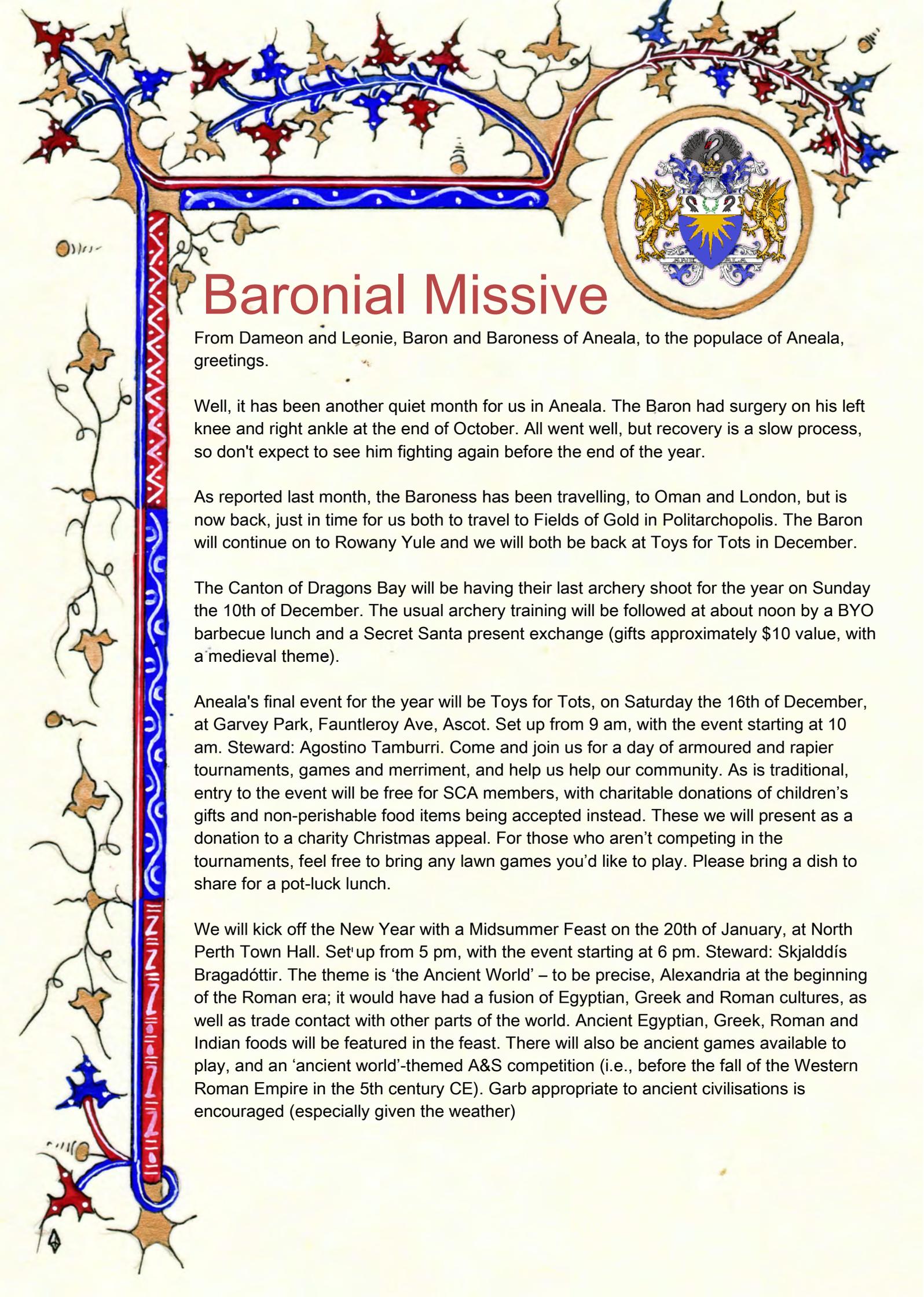
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Vacant: Please contact Marshal



# Baronial Missive

From Dameon and Leonie, Baron and Baroness of Aneala, to the populace of Aneala, greetings.

Well, it has been another quiet month for us in Aneala. The Baron had surgery on his left knee and right ankle at the end of October. All went well, but recovery is a slow process, so don't expect to see him fighting again before the end of the year.

As reported last month, the Baroness has been travelling, to Oman and London, but is now back, just in time for us both to travel to Fields of Gold in Politarchopolis. The Baron will continue on to Rowany Yule and we will both be back at Toys for Tots in December.

The Canton of Dragons Bay will be having their last archery shoot for the year on Sunday the 10th of December. The usual archery training will be followed at about noon by a BYO barbecue lunch and a Secret Santa present exchange (gifts approximately \$10 value, with a medieval theme).

Aneala's final event for the year will be Toys for Tots, on Saturday the 16th of December, at Garvey Park, Fautleroy Ave, Ascot. Set up from 9 am, with the event starting at 10 am. Steward: Agostino Tamburri. Come and join us for a day of armoured and rapier tournaments, games and merriment, and help us help our community. As is traditional, entry to the event will be free for SCA members, with charitable donations of children's gifts and non-perishable food items being accepted instead. These we will present as a donation to a charity Christmas appeal. For those who aren't competing in the tournaments, feel free to bring any lawn games you'd like to play. Please bring a dish to share for a pot-luck lunch.

We will kick off the New Year with a Midsummer Feast on the 20th of January, at North Perth Town Hall. Set up from 5 pm, with the event starting at 6 pm. Steward: Skjalddís Bragadóttir. The theme is 'the Ancient World' – to be precise, Alexandria at the beginning of the Roman era; it would have had a fusion of Egyptian, Greek and Roman cultures, as well as trade contact with other parts of the world. Ancient Egyptian, Greek, Roman and Indian foods will be featured in the feast. There will also be ancient games available to play, and an 'ancient world'-themed A&S competition (i.e., before the fall of the Western Roman Empire in the 5th century CE). Garb appropriate to ancient civilisations is encouraged (especially given the weather)



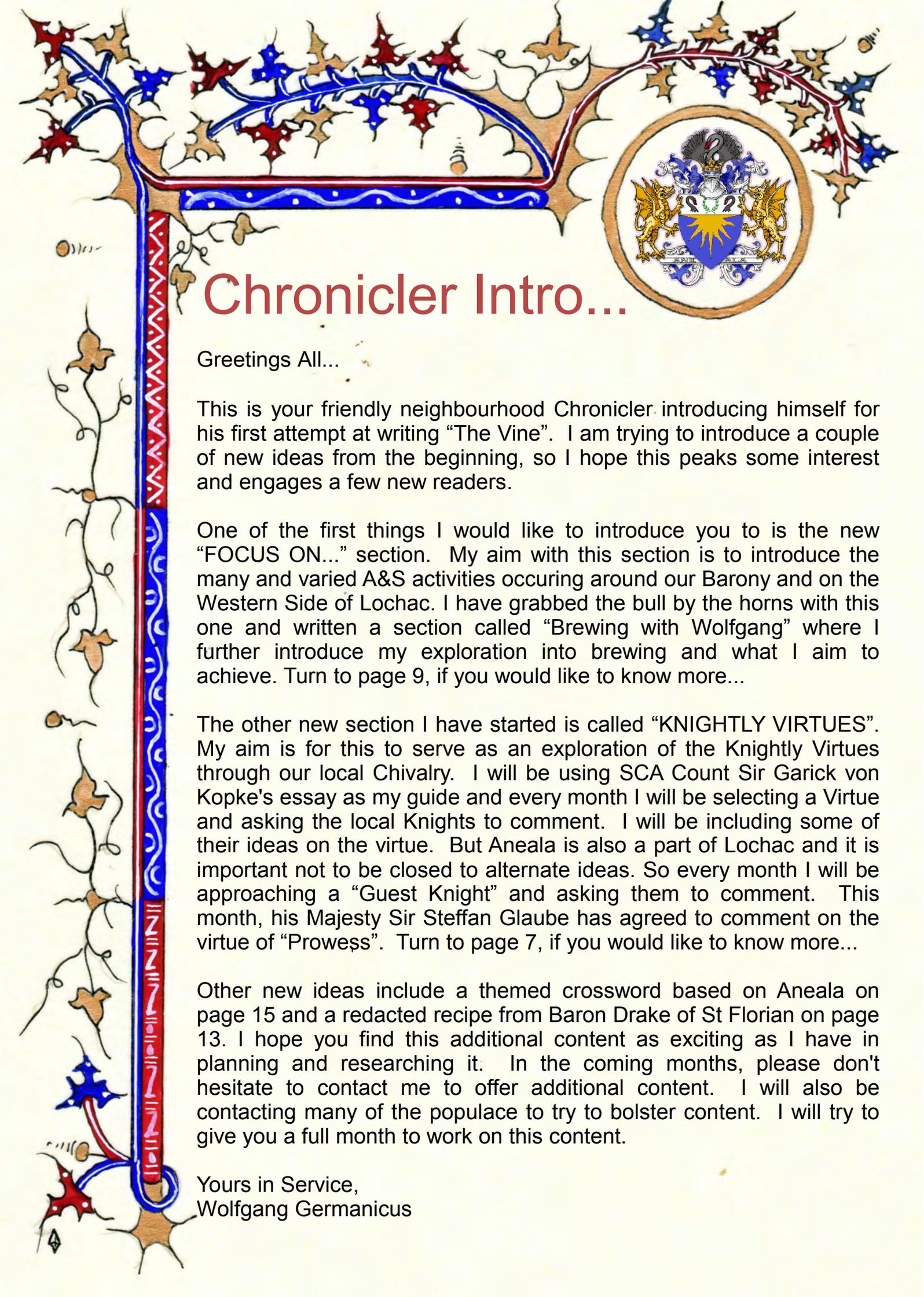
# Baronial Missive Continued...

Next year is a special year for Aneala. We are one of the three founding groups of Lochac, and at Twelfth Night, we celebrate our 35th birthday. On the 8th of January AS 17 (1983) the incipient Shire of Aneala became Aneala Scir, part of the Kingdom of the West in the newly created Crown Principality of Lochac. The Principality contained three groups: the Barony of Rowany (Sydney), Aneala Scir and the Shire of Innilgard (Adelaide).

Between then and now, of course it is Christmas. We wish you all a peaceful and happy Christmas, in whatever way you celebrate it, and a joyous New Year. We also ask you to remember that Christmas is not a happy time for everyone – those who are lonely, sick, disadvantaged, or have recently lost a friend or family member may not be looking forward to December. So make time to share with others, come along to Toys for Tots with gifts of toys or food, and give thanks for the good things in 2017.

Until next time  
Yours in Service

Dameon and Leonie  
Baron and Baroness of Aneala



# Chronicler Intro...

Greetings All...

This is your friendly neighbourhood Chronicler introducing himself for his first attempt at writing "The Vine". I am trying to introduce a couple of new ideas from the beginning, so I hope this peaks some interest and engages a few new readers.

One of the first things I would like to introduce you to is the new "FOCUS ON..." section. My aim with this section is to introduce the many and varied A&S activities occurring around our Barony and on the Western Side of Lochac. I have grabbed the bull by the horns with this one and written a section called "Brewing with Wolfgang" where I further introduce my exploration into brewing and what I aim to achieve. Turn to page 9, if you would like to know more...

The other new section I have started is called "KNIGHTLY VIRTUES". My aim is for this to serve as an exploration of the Knightly Virtues through our local Chivalry. I will be using SCA Count Sir Garick von Kopke's essay as my guide and every month I will be selecting a Virtue and asking the local Knights to comment. I will be including some of their ideas on the virtue. But Aneala is also a part of Lochac and it is important not to be closed to alternate ideas. So every month I will be approaching a "Guest Knight" and asking them to comment. This month, his Majesty Sir Steffan Glaube has agreed to comment on the virtue of "Prowess". Turn to page 7, if you would like to know more...

Other new ideas include a themed crossword based on Aneala on page 15 and a redacted recipe from Baron Drake of St Florian on page 13. I hope you find this additional content as exciting as I have in planning and researching it. In the coming months, please don't hesitate to contact me to offer additional content. I will also be contacting many of the populace to try to bolster content. I will try to give you a full month to work on this content.

Yours in Service,  
Wolfgang Germanicus



# Kingdom of Lochac A&S Competitions

**Twelfth Night (2018)** hosted by the Barony of Rowany

- *Inspired by bees*
- *Painted*
- *Science*

**May Crown LI (2018)** hosted by Rowany Festival

- *Item for an archer*
- *Smellable*
- *A meeting of Mediterranean cultures*

**Midwinter (2018)** hosted by the Barony of St Florian de la Riviere

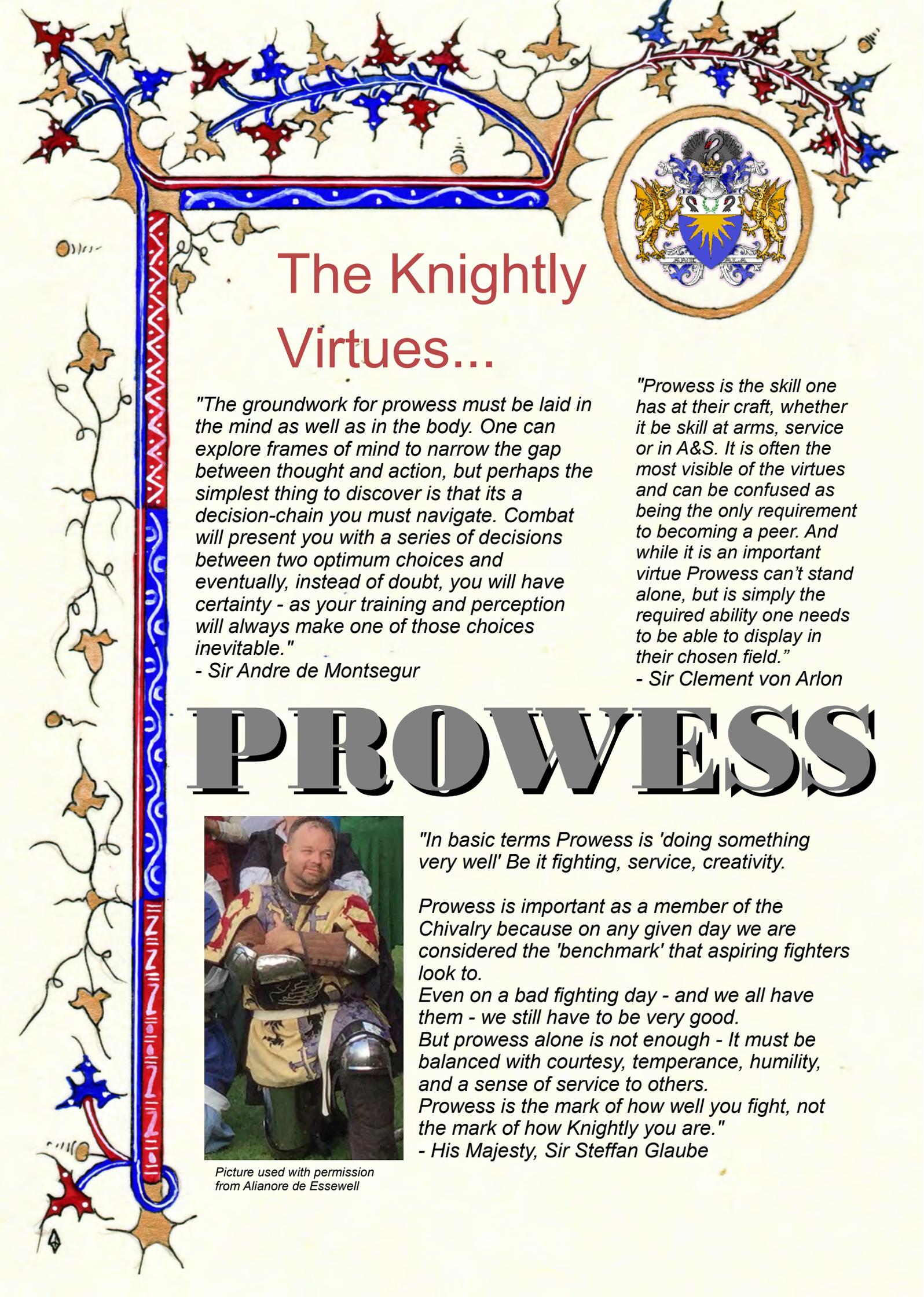
- *Item intended for pilgrimage/travel*
- *Foraged*
- *German*

**November Crown (2018)** hosted by ???

- *Cheese & Dairy*
- *Forged*
- *From the 16<sup>th</sup> century*

For more information, please refer to the Lochac A&S website  
[artsandsciences.lochac.sca.org](http://artsandsciences.lochac.sca.org)

Entries for interstate events need to be sent at least 2 weeks prior to be received for judging or have other arrangements made.



# The Knightly Virtues...

*"The groundwork for prowess must be laid in the mind as well as in the body. One can explore frames of mind to narrow the gap between thought and action, but perhaps the simplest thing to discover is that its a decision-chain you must navigate. Combat will present you with a series of decisions between two optimum choices and eventually, instead of doubt, you will have certainty - as your training and perception will always make one of those choices inevitable."*

*- Sir Andre de Montsegur*

*"Prowess is the skill one has at their craft, whether it be skill at arms, service or in A&S. It is often the most visible of the virtues and can be confused as being the only requirement to becoming a peer. And while it is an important virtue Prowess can't stand alone, but is simply the required ability one needs to be able to display in their chosen field."*

*- Sir Clement von Arlon*

# PROWESS



*Picture used with permission from Alianore de Essewell*

*"In basic terms Prowess is 'doing something very well' Be it fighting, service, creativity.*

*Prowess is important as a member of the Chivalry because on any given day we are considered the 'benchmark' that aspiring fighters look to.*

*Even on a bad fighting day - and we all have them - we still have to be very good.*

*But prowess alone is not enough - It must be balanced with courtesy, temperance, humility, and a sense of service to others.*

*Prowess is the mark of how well you fight, not the mark of how Knightly you are."*

*- His Majesty, Sir Steffan Glaube*



# Lochac Awards

Have you been wondering what Awards exist within the kingdom of Lochac?  
Have a look at this Quick Reference guide.

## Awards of the Kingdom of Lochac

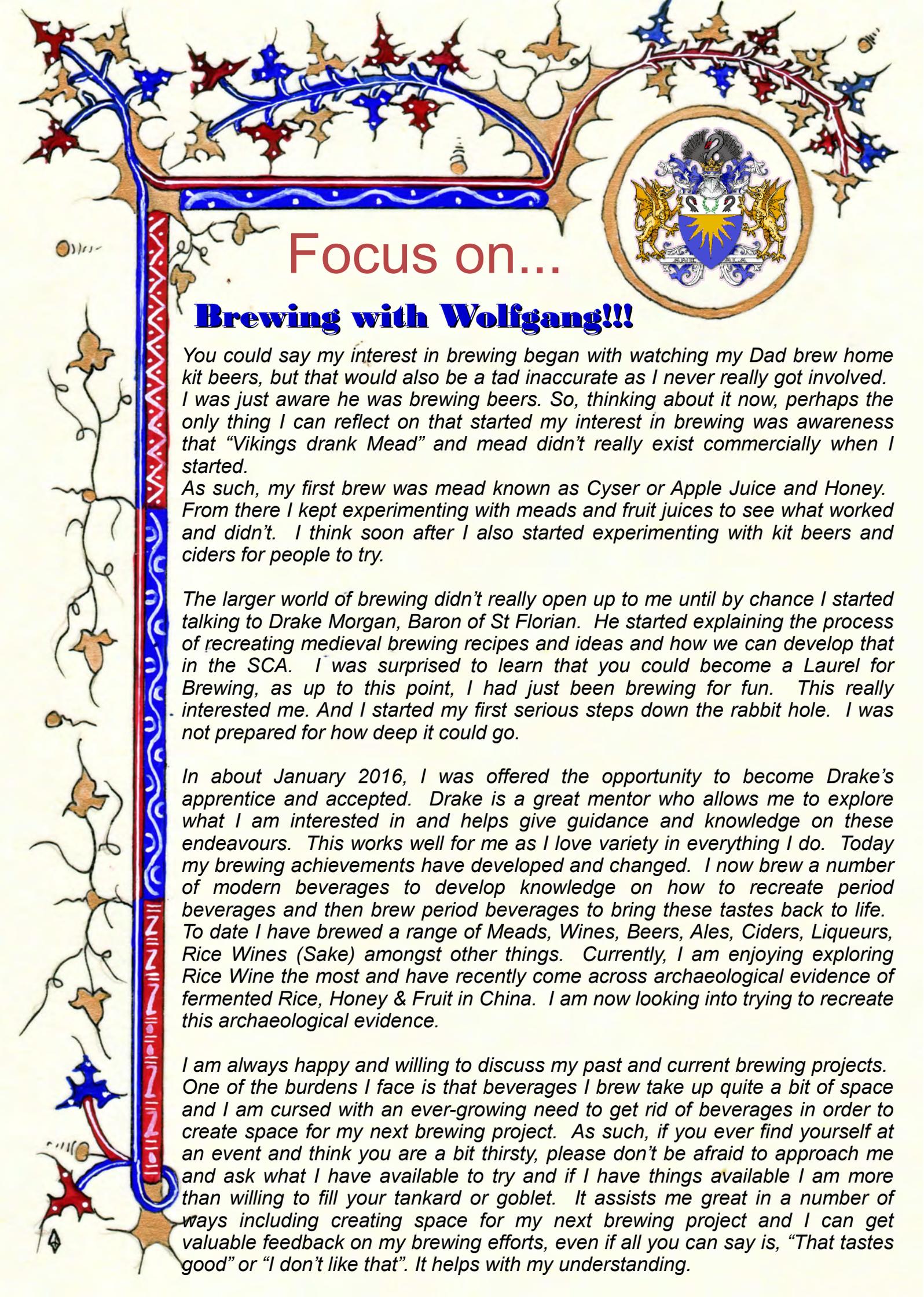
As defined in the Laws of Lochac, anno societatis . li .

Compiled by Amanda Martel, Coffyn Herald  
Accurate as of the . iij . day of May, anno societatis . liij .

This document is intended as a quick-reference guide to these awards, further details of which may be found in the Laws of the Kingdom of Lochac or the Canon Lore database.

Patent of Arms	Royal Peerages	Duchy	County	Viscounty				
	Bestowed Peerages	Arts and Sciences	Service	Armoured Combat	Rapier			
	Polling Orders of Distinction	Laurel	Pelican	Chivalry	Defense			
Grant of Arms	Orders of Distinction	Cockatrice	Silver Pegasus	Red Wyvern		Archery	Equestrian	
	Grant of Arms					Comp. of Archers		
Award of Arms	Court Barony (unique contribution)							
	Orders of Achievement	Star and Lily	Golden Tear	Golden Sword	Rapier	Nock	Hector	
	Award of Arms	Prometheus (teaching)	Courtesy (L. Order of Grace)	Miles Regni (war service)	Golden Poyntel (scribal arts)			
Non-Armigerous Orders	Taillefer (entertainment)	Rowan	Silver Helm (field appearance)	Royal Cypher (Crown's personal)	Rose (Crown consort)			
	Cross of Lochac (foreign service)	Mouse Guard (service, age 4-13)	Pride of Lochac (household)	Augmentation (exceptional service)	Coronaria (Principality consort)			

Used with permission from Amanda Martel.



## Focus on...

### **Brewing with Wolfigang!!!**

*You could say my interest in brewing began with watching my Dad brew home kit beers, but that would also be a tad inaccurate as I never really got involved. I was just aware he was brewing beers. So, thinking about it now, perhaps the only thing I can reflect on that started my interest in brewing was awareness that "Vikings drank Mead" and mead didn't really exist commercially when I started.*

*As such, my first brew was mead known as Cyser or Apple Juice and Honey. From there I kept experimenting with meads and fruit juices to see what worked and didn't. I think soon after I also started experimenting with kit beers and ciders for people to try.*

*The larger world of brewing didn't really open up to me until by chance I started talking to Drake Morgan, Baron of St Florian. He started explaining the process of recreating medieval brewing recipes and ideas and how we can develop that in the SCA. I was surprised to learn that you could become a Laurel for Brewing, as up to this point, I had just been brewing for fun. This really interested me. And I started my first serious steps down the rabbit hole. I was not prepared for how deep it could go.*

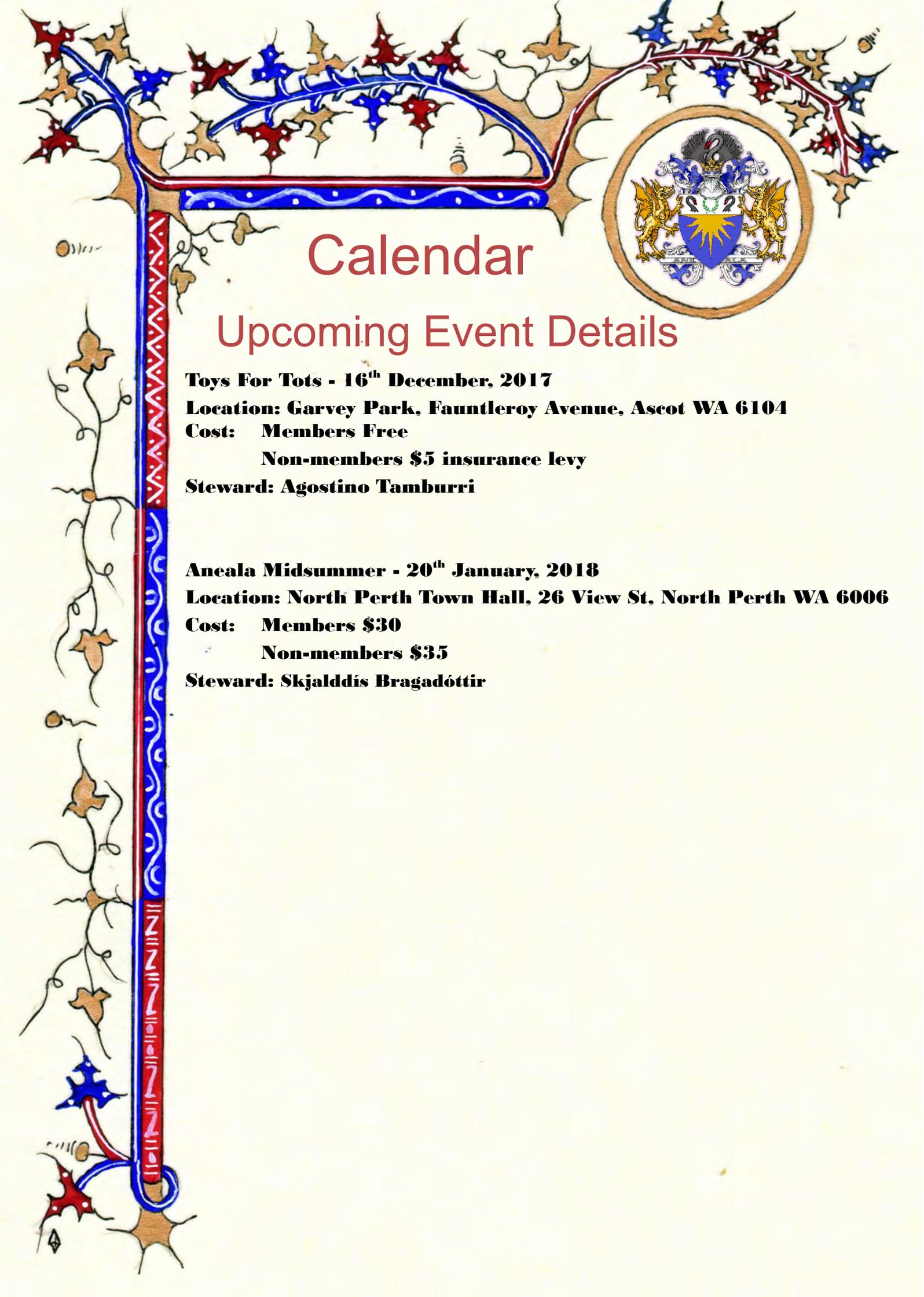
*In about January 2016, I was offered the opportunity to become Drake's apprentice and accepted. Drake is a great mentor who allows me to explore what I am interested in and helps give guidance and knowledge on these endeavours. This works well for me as I love variety in everything I do. Today my brewing achievements have developed and changed. I now brew a number of modern beverages to develop knowledge on how to recreate period beverages and then brew period beverages to bring these tastes back to life. To date I have brewed a range of Meads, Wines, Beers, Ales, Ciders, Liqueurs, Rice Wines (Sake) amongst other things. Currently, I am enjoying exploring Rice Wine the most and have recently come across archaeological evidence of fermented Rice, Honey & Fruit in China. I am now looking into trying to recreate this archaeological evidence.*

*I am always happy and willing to discuss my past and current brewing projects. One of the burdens I face is that beverages I brew take up quite a bit of space and I am cursed with an ever-growing need to get rid of beverages in order to create space for my next brewing project. As such, if you ever find yourself at an event and think you are a bit thirsty, please don't be afraid to approach me and ask what I have available to try and if I have things available I am more than willing to fill your tankard or goblet. It assists me great in a number of ways including creating space for my next brewing project and I can get valuable feedback on my brewing efforts, even if all you can say is, "That tastes good" or "I don't like that". It helps with my understanding.*

# Calendar December



- I
- II
- III – Sunday – Training – See regular activities
- IV
- V
- VI
- VII
- VIII
- IX
- X – Sunday – Training – See regular activities
- XI
- XII
- XIII
- XIV
- XV
- XVI – Toys for Tots (See Event Details)
- XVII – Sunday – Training – See regular activities
- XVIII
- XIX
- XX
- XXI
- XXII
- XXIII
- XXIV – Sunday – Training – See regular activities
- XXVI
- XXVII
- XXVIII
- XXIX
- XXX
- XXXI - Sunday – Training – See regular activities



# Calendar

## Upcoming Event Details

**Toys For Tots - 16<sup>th</sup> December, 2017**

**Location: Garvey Park, Fauntleroy Avenue, Ascot WA 6104**

**Cost: Members Free**

**Non-members \$5 insurance levy**

**Steward: Agostino Tamburri**

**Aneala Midsummer - 20<sup>th</sup> January, 2018**

**Location: North Perth Town Hall, 26 View St, North Perth WA 6006**

**Cost: Members \$30**

**Non-members \$35**

**Steward: Skjalddis Bragadóttir**



## Advanced Armoured Training School (AATS)

Attention All Heavy Armoured Combatants on the Western Shores of Lochac,

On the weekend of the 9<sup>th</sup> February 2018 the Advanced Armoured Training School (AATS) will begin in the Shire of Abertridwr.

This year's guest instructor is Sir Bain of Stornoway and will be running a Glaive & Pole weapon workshop. Please bring a pole arm preferably a Glaive, Sword & Shield and Armour.

The agenda may modify as we go, but please make sure you are there for the basics if you want to do the advanced.

Is there is anything you would like to know or understand or have covered please let Sir Bain Know and he will try and find time to do it.

The lesson schedule will be advertised on the event FB page.

Concurrently, Mistress Slaine will be doing A&S in this time. More information to follow.

As part of the cost below, lunch and dinner will be provided.  
Cost: \$50.00 (non-Members add \$5)

Please book for attendance & catering purposes at [slaine.ruadhain@gmail.com](mailto:slaine.ruadhain@gmail.com)



# Random Recipe:

## BBQ Pork

Time: 14thC

Place: Mid-eastern Coast, Yuan China

Author: Ni Tsan

Source: Cloud Forest Hall Collection of Rules for Eating and Drinking (Yun Lintang Yinshi Zhidu Ji), translated by Teresa Wang and Eugene N. Anderson and published in Petit Propos Culinaire 60, with remarks by Francoise Sabban in PPC61

Redaction By: Master Drake (Craig Jones)

### Original Recipe:

Wash the meat. Rub spring onion, chinese pepper, honey, a little salt, and wine on it. Hang the meat on bamboo sticks in a saucepan. In the pall put a cup of water and a cup of wine. Cover. Use moist paper to seal up the pan. If the paper dries out, moisten it. Heat the pan with grass bunches; when one is burned up, light another. Then stop the fire and leave for the time it takes to eat a meal. Touch the cover of the pan; if it is cold, remove the cover and turn the meat over. Cover it again with the moist paper. Heat again with the one bunch of grass. It will be cooked when the pan cools again.

### Ingredients:

- 300g Pork Long Loin in one piece,
- 1 Green Shallot/Spring Onion, very finely sliced,
- 40g Honey (I used cherry blossom, use whatever you can get that would be appropriate for far-eastern food)
- 1/2 Teaspoon Salt,
- 1/3 Teaspoon freshly grown Szechwan Pepper, very finely ground,
- 1 Cup Sweet Rice Wine,
- 1 Cup Water.

Serves 6 small serves.



# Random Recipe:

## BBQ Pork continued

### Method:

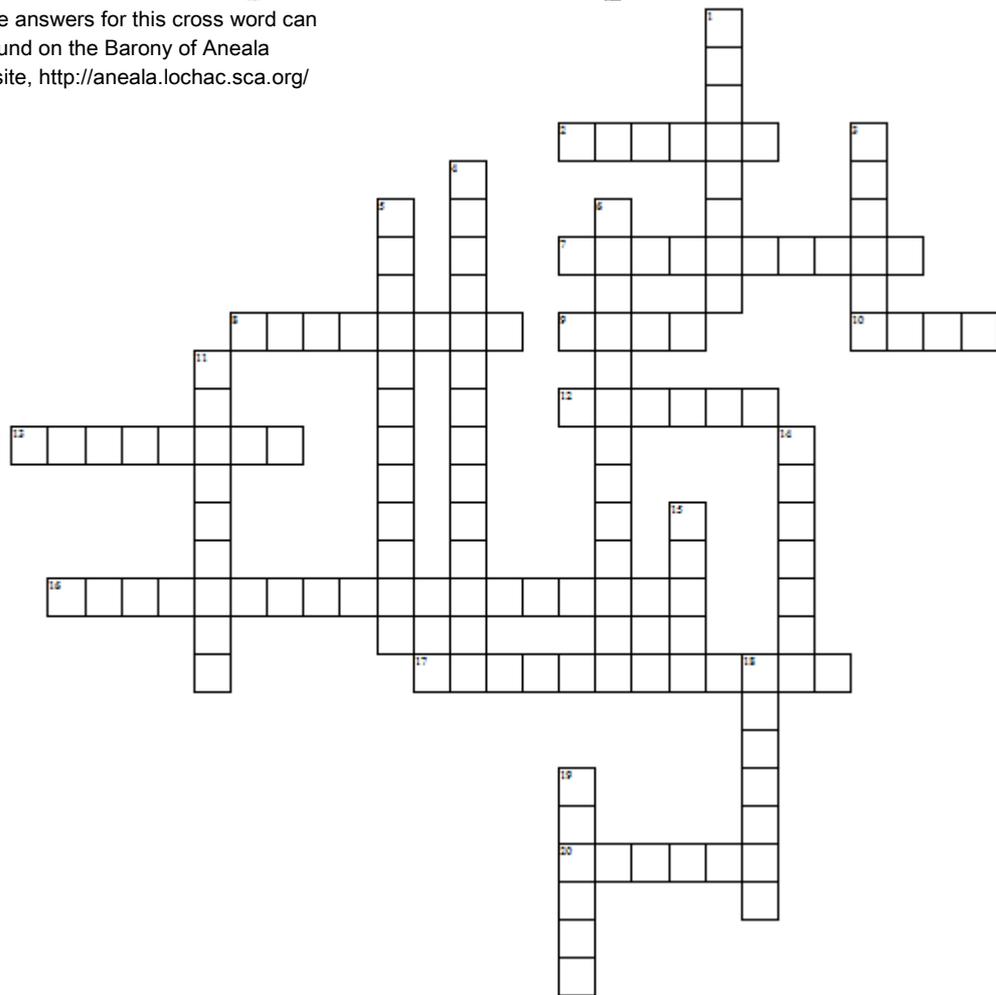
- Marinate the loins in the salt, honey, shallots, and pepper overnight.
- Place 4-6 long bamboo skewers through the loin crossways.
- Check that the loin balances in the middle of the wok, with the skewers touching the sides. You might need to cut each skewer to match. The idea is to suspend the meat in the middle of the wok with no part of the meat touching bottom or sides.
- Add the cup of wine and the cup of water to the bottom of the wok.
- Put the lid on the wok, and place pulped paper (wet pulped kitchen paper works well)
- Cook on a low heat on an open fire for 20 mins. Be careful with the heat, on my first attempt, too much honey dripped into the steam mix, it dried out and caught on the bottom to form a black sticky mess...
- Take off the fire and leave for 20 mins.
- Open the wok, turn the pork over. Add more water and wine if it is getting low.
- Reseal with pulped paper and cook on the fire for another 20 mins.
- Leave to cool, slice finely and serve.

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# Crossword...

## Theme: Barony of Aneala

All the answers for this cross word can be found on the Barony of Aneala Website, <http://aneala.lochac.sca.org/>



### Across

2. Current Baroness of Aneala
7. Award for excellence in and contribution to the arts and sciences in the Barony of Aneala (2 Words)
8. Combat with real armour, full force and rattan simulators
9. A Swedish block game where you knock down blocks
10. The A in A&S
12. Where we eat good food
13. A process by which you explore medieval ideas and your place in the SCA (2 Words)
16. Most popular Dance in Aneala 1999 to 2005 (3 Words)
17. Award for excellence in and contribution to the arts martial in the Barony of Aneala (2 Words)
20. Swashbuckling with real bated swords and daggers

### Down

1. The S in A&S
3. The Barony primarily located in Perth City & the Northern Suburbs
4. This award is given to members within the Barony who have demonstrated skills in the fields of Martial Arts, Arts and Sciences, and Service which greatly enhance the Barony (3 Words)
5. An A&S activity
6. Paperwork submitted with A&S entry
11. Current Baron of Aneala
14. Celestial Body found on the Device of Aneala
15. The local animal found on the device of Aneala
18. Traditional bows shooting traditional arrows
19. Person responsible for announcements at events



# Local Lochac Guild

## Contacts

### **Royal Fibre Guild of Lochac**

For those interested in the arts, crafts and history of all textile matters. We encourage the doing, researching and teaching of fibre related skills as seen in pre 1600 cultures. We include weavers, spinners, dyers, cord makers, felters, knitters, njalbinders and lace makers.

Contact Lady Elizabeth: [nancy\\_e\\_white@yahoo.com.au](mailto:nancy_e_white@yahoo.com.au)

### **Royal Guild of Defence**

Researching and teaching of the period martial arts of Europe, as detailed in the various extant fencing and wrestling manuals.

Contact Baron Dameon: [aneala@aneala.lochac.sca.org](mailto:aneala@aneala.lochac.sca.org)

### **Worshipful Company of Broiderers**

The aim of the Company is to advance the study and practice of pre-1600 AD European needlework in Lochac and in the Known World.

Contact Baroness Leonie: [aneala@aneala.lochac.sca.org](mailto:aneala@aneala.lochac.sca.org)

## SCA Group Websites

Barony of Aneala (Perth, WA)	<a href="http://aneala.lochac.sca.org">aneala.lochac.sca.org</a>
Canton of Dragons Bay	<a href="http://lochac.sca.org/dragonsbay">lochac.sca.org/dragonsbay</a>
College of St Basil the Great (UWA)	<a href="http://sca.org.au/basil">sca.org.au/basil</a>
Shire of Abertridwr (South of Perth, WA)	<a href="http://abertridwr.org">abertridwr.org</a>
Kingdom of Lochac (Australia & New Zealand)	<a href="http://lochac.sca.org">lochac.sca.org</a>
SCA Corporate (Australia)	<a href="http://sca.org.au">sca.org.au</a>
SCA Corporate (World-wide)	<a href="http://sca.org">sca.org</a>



# Regular Activities

## **Baronial Council Meeting**

3<sup>rd</sup> Friday of the month, 7:00pm arrival for a 7:30pm start

Contact Nathan: [seneschal@aneala.lochac.sca.org](mailto:seneschal@aneala.lochac.sca.org)

## **Scribes Calligraphy & Illumination**

SCA sign in required

Contact Mistress Branwen for session times.

Contact Branwen: [bakerskeep@antiferus.net](mailto:bakerskeep@antiferus.net)

## **Music and Singing**

This is not an official SCA event. Practices held twice a month. Times and venues vary and are posted on our Yahoo group

<http://launch.groups.yahoo.com/group/CeoltoiriAneala>

For more info join this group or contact Catherine: [vertagis@arach.net.au](mailto:vertagis@arach.net.au)

## **Baronial Armoured, Rapier & Archery Training**

Sundays, 10am – 12pm, Lake Monger Primary School, Dodd St, Wembley

Contact Richard: [marshal@aneala.lochac.sca.org](mailto:marshal@aneala.lochac.sca.org)

## **Dragon's Bay Training**

Sundays from 9-9:30am, Casuarina Wellard Community Hall, corner of Mortimer Rd and Barker Rd Casuarina – 2km from the freeway at the Mortimer Rd exit.

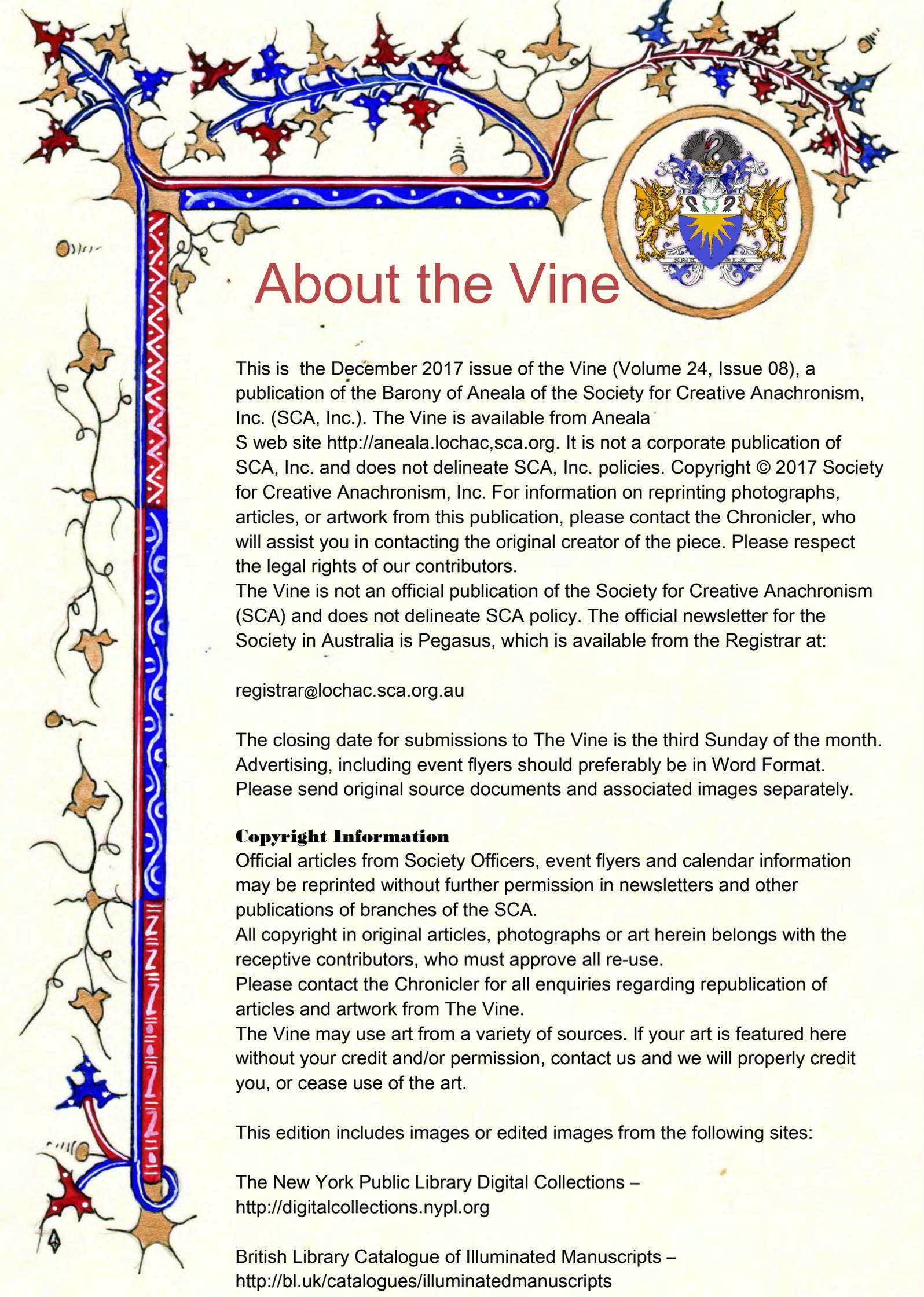
## **College of St. Basil Armoured & Rapier Training**

Wednesday (Armoured) & Thursday (Rapier) 5pm to 7pm, Oak Lawn, UWA

## **Abertridwr Armoured plus Arts & Sciences**

Tuesdays, 6 pm in Success. Contact Galen or Slaine for the address. \$5 for dinner.

Contact Galen: [adblower37@gmail.com](mailto:adblower37@gmail.com)



# About the Vine

This is the December 2017 issue of the Vine (Volume 24, Issue 08), a publication of the Barony of Aneala of the Society for Creative Anachronism, Inc. (SCA, Inc.). The Vine is available from Aneala's

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[registrar@lochac.sca.org.au](mailto:registrar@lochac.sca.org.au)

The closing date for submissions to The Vine is the third Sunday of the month. Advertising, including event flyers should preferably be in Word Format. Please send original source documents and associated images separately.

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<http://bl.uk/catalogues/illuminatedmanuscripts>