

The Vine

VOLUME 29 ISSUE 7
NOVEMBER AS LVII / 2022



TACUINUM SANITATIS.

Crocus

Regnum



KING & KING OF LOCHAC
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CHAMPION OF THE BOW
CHAMPION OF THE RAPIER
CHAMPION OF ARTS & SCIENCES
BARD OF ANEALA
PAGE OF ANEALA

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LORD WILLIAM DE WALFORD
LORD MILOS BOSKOV
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Baronial Missive



Greetings to the Populace,

We write this month with news from the Kingdom. Over the final weekend of October there was held a Spring Coronation, in the Canton of Cluain. The Kingdom of Lochac now has a new Crown: the Sovereign, King Thibault and the Consort, King Jayne. Long live King Thibault and King Jayne!

Closer to home, this month has been an active one in the Barony with a demo and a tournament keeping us busy, along with regular training and other activities.

The Canton of Dragon's Bay hosted a demo at the Armadale Highland Gathering festival, and invited the wider populace of Aneala to attend and help out. We personally had not attended the Highland Gathering previously, but would now heartily recommend it to all as a lovely day out and a fantastic place to run an SCA demo. Congratulations to Nobilis Gummi on the SCA display – it was an active & interactive display that gave passers-by the opportunity not just to talk about what we do but to see it in action and even take a piece of it home. Little Spoon's cooking set-up attracted much attention and the constant wooden-spoon-carving meant that there was always something to talk about with the watching crowd. Dame Edith gave away a great many promotional bookmarks, all personalised with names beautifully calligraphed upon them. We hope that those people will be contacting our group soon! And if the static display didn't attract them, the combat and dancing demonstrations in the ring may well do the trick. Well done to those who fought, danced and heralded on the day.

The Baroness's Fighter Auction was scheduled for the 23rd of October, but a menacing forecast resulted in the decision to postpone it by one week. This turned out to be a great decision because it absolutely bucketed down on the 23rd. Instead, we gathered at Jackadder Lake on Sunday 30th October for the long-awaited Fighter Auction. Baroness Elizabeth had prepared a day of confusing shenanigans; we are pleased to report that they all went very well. A special shout-out must be given to Baroness Elizabeth Severn, who missed out on shenanigans because she was pre-occupied as Listkeeper running one of the most confusing lists in Fighter Auction history – well done and thank you.

As has become a new tradition, the proceeds from the Fighter Auction went to charity instead of the to the Barony. This year, Baroness Elizabeth chose the Indigenous Literacy Foundation to donate to. For those interested in this charity, there is information about what they do here <https://www.indigenousliteracyfoundation.org.au/what-we-do>. Including donations by generous members of the Barony who were unable to attend the event but still wanted to donate, the total that Aneala raised for this charity came to \$628.

Thank you all for supporting my chosen charity! – Baroness Elizabeth



Baronial Missive



At this event, we were able to formally handover the office of A&S Officer for the Barony. Thank you to retiring officer Lady Frances and welcome to incoming officer Lady Skjaldadís. A few other officers have changed recently without formal recognition in Court yet, so we would like to take this opportunity to thank retired Marshal the Honourable Lord Lokki and welcome the new Marshal Lord Dino.

We now look ahead to November, which is turning out to be a very busy month! Here's what you have to look forward to on your SCA calendar:

13th November – Pride Fair Day demo at Hyde Park (limited places, please contact Skjaldadís Bragadóttir for details)

13th November – Combined Training still going ahead for those not helping at the Pride Fair Day demo

20th November – Stirling Square Markets in Guildford demo – an A&S only demo, please contact Gwyneth ferch Aeddán for details

26th November – Anealan Blue Feather at Pride Parade (limited places, please contact Skjaldadís Bragadóttir for details)

27th November – Toys for Tots/4 Person Team Archery Event

Wow, a busy month! And something else to think about – it's only a few short months before the Autumn Crown Tournament, taking place here in beautiful Aneala in March. Start preparing your fanciest garb and training your combat skills to their very best! We'll be organising some workshops to refurbish and improve all the Baronial gear so that visitors to the Crown Tournament will be impressed and delighted by the offerings of Lochac's Western-most, and also best, Barony.

We hope to see you at something in November or the very near future. Take care!

Yours in Service,
Baron Agostino and Baroness Elizabeth





Lochac Cooks Guild



Egurdouce (Sweet-and-sour)

Forme of Cury, 1390.

Ingredients (1 tsp = 1 teaspoon)

600 g red wine

30 g breadcrumbs

350 g onions

2tsp cinnamon

1/2tsp pepper

2 kg of lamb 120g fresh lard

140 g vinegar

60 g unblanched almonds

140 g currants

1,5tsp ginger

3 g salt.

Recipe (cooking time = 1h20)

Cut the meat into pieces and pan fry. Add the currants and blanched onions, brown. Deglaze with vinegar. Then, add the wine, spices, crushed almonds and salt. Simmer (a good hour) with "a good amount of white fat" (shortening). Finally, add the breadcrumbs moistened with a bit of stock to thicken.

Notes et variantes

Forme of Cury includes: rabbit and kid. It does not mention the vinegar or the bread. It includes sugar (highly-prized in the Middle Ages). There are no almonds.

Egurdouce of pork is easy-to-make and delicious. Quantity adjustments: 2,3kg pork, 220g lard, 150g vinegar, 450g onions, 160g raisins, 5g salt, other ingredients stay the same; cooking time is 2hrs.

Kerryn's Pie Variation January 2020

Egurdouce Pork Pies

500g pork mince

3 cloves garlic minced

1/3 c red wine vinegar

50g crushed almonds

1/2 tsp ginger

Pinch of pepper

Shortcrust pastry

2 onions diced small

1 c red wine

50g currants

1/2 tsp cinnamon

1/4 tsp cloves ground

Salt to taste

Saute onion and garlic, add mince and brown

Add everything else except salt

Simmer till currants are soft and sweeten the dish and liquid is reduced

Salt to taste

Add breadcrumbs to thicken if necessary

Makes 24 muffin size pies

Bake 180 20 mins or til pastry is cooked



SCA Demonstrations

Guildford Faire

Stirling Square market is holding a Medieval Faire, at which we will be running an A&S demo. There are lots of market stalls, music and a great selection of food trucks.

Date: Sunday 20th of November
Time: 10am to 3pm, Set up 8:30am
Location: Stirling Square in Guildford
Steward: Gwyneth & Bella
claregwyneth@gmail.com

Come one, come all and show off our joy in the SCA and the skills of our artisans at the SCA Demo at Guildford Medieval Fayre.

We plan to focus this demo on the non-combat aspects of the SCA - the fun, frolicking, and fellowship, along with our arts and sciences. Bring your current and finished projects, or maybe even a new group project to start, and items to prompt conversations on your favourite SCA activities.

Perth Pride – Fair Day & Parade

13th November at Hyde Park
26th November in Northbridge

We are planning for the Barony to have a presence at these Pride events. Please contact Lady Skjaldadis for details.

Clan Blue Feather in Aneala will be participating in the WA Pride Parade!

Entrant numbers for the float are limited - we may only have 15 participants, unfortunately. Priority will be given to members of Clan Blue Feather.

This year's theme is Shine, so wear your medieval best!

More information to come following the Mandatory Entrants Briefing on Wed 16 Nov.



Events

TOYS FOR TOTS

Date:	Sunday, December 4th 2022
Setup time:	From 8am
Event type:	Tournament
Location:	To be Announced
Steward	Cesare de orso adrianlestrelle135@gmail.com
Bookings	Not required
Cost	Free

The event is free but you will need to bring a new toy and or tinned food to give to a charity for their Christmas appeal

The event will feature both a Heavy tourney and a rapier tourney, picnic style lunch,

Participants are reminded that if they are unwell or showing cold or flu-like symptoms, they must not attend.

MIDSUMMER IN THE PARK

Date:	Saturday 14th January
Event type:	Feast
Location:	To be Announced
Steward	Clare Drake

More info coming soon



MARCH CROWN 2023

Date 10th to the 12th of March 2023

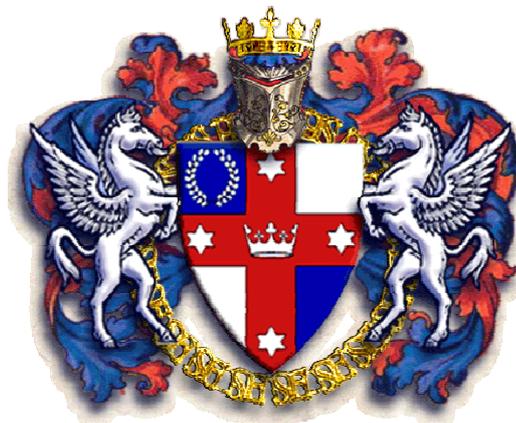
Location Ern Halliday Recreation Camp
Whitfords Ave, Hillarys

Steward Konrad Hildebrandt

More info coming soon.

The glory of reigning as Lochac's Crown lasts for only six months. Through these fleeting moments, the Crown as the font of all awards has the unique privilege to bestow recognition on the deserving populace in front of their friends and peers. But with great power comes great responsibility; to share the burden among Lochac's populace, we hold a Crown Tournament to choose new Heirs to the throne.

The event will be held from the afternoon of Friday 10th March through to Sunday 12th March at Ern Halliday Recreation Camp in Whitfords. We invite the Populace of Lochac - those coming to contest the Crown List and those coming to bear witness - to join us in Lochac's West to share in the wondrous spectacle.





Baronial Activities

The following regular activities occur unless superseded by an event

Baronial Council Meeting.

3rd Friday of each month, room opens at 7pm for a 7:30pm start.
Contact [Baron and Baroness](#)

Baronial Training

Sunday from 10am. Lake Monger Primary School, Dodd St, Wembley
Archery . (Contact [Archery Marshal](#)).
Armoured Training. (Contact [Armoured Marshal](#)).
Rapier Combat. (Contact [Rapier Marshal](#)).

Combined Training and Arts & Sciences

2nd Sunday of each month. 9am to 1pm
Spearwood Primary School, 73 Gerald St, Spearwood

Darlington Arts & Sciences

4th Saturday of the month. 10am to 1pm
Darlington Hall, 3 Owen Road Darlington
Contact: kerryn@ladybirdpainting.com.au

Canton of Dragon's Bay

Please check the [Dragon's Bay website](#) for details

Other non-SCA events of interest

Music and Singing. For times and venues, contact [Lady Isabel](#).
Scribes. Tuesday nights. Contact **Mistress Leonie**
Dancing is on the 1st and 3rd Wednesdays of each month.
Contact [Baroness Elizabeth](#).

Event Booking Policy

Payment for all bookings must be made in advance of the event by the date advised in the booking confirmation email. If payment is not received by the due date your booking will be cancelled.
Payment may be made either online or at any Westpac bank branch.
Payment will not be accepted at the door except in exceptional circumstances and only by prior approval from the bookings officer and event steward.

Participants are reminded that if they are unwell or showing cold or flu-like symptoms, they must not attend.



Local Lochac Guild Contacts

Royal Fibre Guild of Lochac

For those interested in the arts, crafts and history of all textile matters. We encourage the doing, researching and teaching of fibre related skills as seen in pre 1600 cultures. We include weavers, spinners, dyers, cord makers, felters, knitters, njalbinders and lace makers.

Contact Lady Elizabeth: aneala@aneala.lochac.sca.org

Royal Guild of Defence

Researching and teaching of the period martial arts of Europe, as detailed in the various extant fencing and wrestling manuals.

Contact Baron Dameon: dameongreybeard@gmail.com

Worshipful Company of Broiderers

The aim of the Company is to advance the study and practice of pre-1600 AD European needlework in Lochac and in the Known World.

Contact Baroness Leonie: degrey@tpg.com.au

Performers and Entertainers Guild of Lochac

This guild is dedicated to the promotion, encouragement, learning and performance of bardic, theatrical, instrumental and all other entertainment arts within an SCA context.

Contact Isabel: genierachel@iinet.net.au

Lochac Brewers Vintners and Imbibers Guild

We share a common interest in brewing and wine making as practiced in the Middle Ages, and the responsible consumption of said beverages.

Contact Wolfgang:

Lochac Cooks' Guild

Members of the Lochac Cooks' Guild aim to practice cooking in the style of the Medieval and Renaissance periods, research and study period cooking and make available information on all aspects of period cooking as it pertains to the Society for Creative Anachronism

Contact: Bella Valori kerryn@ladybirdpainting.com.au



SCA Group Websites

Barony of Aneala (Perth, WA)	aneala.lochac.sca.org
Canton of Dragons Bay	dragonsbay.lochac.sca.org
College of St Basil the Great (UWA)	stbasil.lochac.sca.org
Kingdom of Lochac (Australia & New Zealand)	lochac.sca.org
SCA Corporate (Australia)	sca.org.au
SCA Corporate (World-wide)	sca.org



TACUINUM SANITATIS.
14TH CENTURY.
MEDIEVAL HANDBOOK OF HEALTH.
BOAR HUNTING. FOLIO 96R



About the Vine

This is the November 2022 issue of the Vine (Volume 29, Issue 7), a publication of the Barony of Aneala, the Society for Creative Anachronism, Inc. (SCA, Inc.).

The Vine is available from Aneala's web site <http://aneala.lochac.sca.org>. It is not a corporate publication of SCA, Inc. and does not delineate SCA, Inc. policies. The official newsletter for the Society in Australia is Pegasus, which is available from the Registrar at: registrar@lochac.sca.org.au

The closing date for submissions to The Vine is the third Sunday of the month. Advertising, including event flyers should preferably be in Word format. Please send original source documents and associated images separately.

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Photos

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<http://www.godecookery.com/tacuin/tacuin07.htm>

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