The Vine

Volume 29 Issue 5
September AS LVII / 2022

Tacuinum Sanitatis.
14th century. Medieval handbook of health. Laurel berries.
Folio 18r
Stock Photo - Alamy

Regnum

King and Queen of Lochac
Alain Quartier and Safiya bint ' Abd al-Shahid
crown@aneala.lochac.sca.org

Baron Agostino & Baroness Elizabeth
aneala@aneala.lochac.sca.org

Champion of the Sword
Champion of the Bow
Champion of the Rapier
Champion of Arts & Sciences
Bard of Aneala

Lord Zaven Zeitountsi
Lord Konrad Hildebrandt
Master Dameon GreyBeard-
Nobilis Gummi Vkoinen
Lady Frances Affrica Ray

Seneschal
Nathan Blacktower
seneschal@aneala.lochac.sca.org

Reeve
Elizabeth Severn
reeve@aneala.lochac.sca.org

Arts & Sciences
Frances Affrica Ray
arts@aneala.lochac.sca.org

Constable
Aife ingen Echdach
constable@aneala.lochac.sca.org

Marshal
Lokki Rekkr
marshal@aneala.lochac.sca.org

Chronicler
Bella Romana Valori
chronicler@aneala.lochac.sca.org

Herald Blackwing Pursuivant
Edith Penrose
herald@aneala.lochac.sca.org

List Keeper
Elizabeth Severn
lists@aneala.lochac.sca.org

Chatelaine
Zaven Zeitountsi
chatelaine@aneala.lochac.sca.org

Rapier Marshal
(vacant) Dameon Greybeard
tending these duties
rapier@aneala.lochac.sca.org

Webminister
Julian Greenwood
webmaster@aneala.lochac.sca.org

Captain of Archers
William Walford
archer@aneala.lochac.sca.org

Youth Officer
Pantero Pantera di Valembrosa
youth@aneala.lochac.sca.org

Baronial Missive

Greetings to the Populace of Aneala,

Spring has sprung! We hope that the increasingly warmer weather has you in good spirits.
It has been a somewhat quiet month on the events front, with no events happening since last month's "Not Quite Right" Midwinter Feast. We are happy to report that training has been running with good regularity, including Combined Training.

We can report on one activity, although it was not an SCA event. The Barony made the decision to cancel regular training on August 28th in favour of attending the Bowmen of Melville "Sticke and Stringe" shoot. The Bowmen of Melville kindly offered us the chance to participate in this annual shoot, since "sticke and stringe" shooting matches our usual style. It presents a fun opportunity for our archers to shoot at some different distances and slightly different targets.
The Bowmen of Melville also allowed space for our sword-based activities to run at their site. We thank them for accommodating us and sharing their hospitality and friendship of a fun day out.

The upside of a relatively quiet month is that we have all had time to rest and recharge. Events are upcoming! Here's an overview of what to expect and prepare for in the near future, further details of which can be found on the website: https://aneala.lochac.sca.org/calendar/

Baronial Championship
"You are invited to Live the Dream at this year's Anealan Championship. Immerse yourself in the medieval world as combatants test their skills in the marshal lists and artisans present their best creations, all for the honour of being proclaimed a Champion of Aneala. Once the dust settles on the list field, enjoy good food, good company and song around the campfire."
23rd – 26th September at Ern Halliday (Windmill Camp) Booking Contact: Elizabeth Severn, bookings@aneala.lochac.sca.org

We encourage all the populace to attend Baronial Championship. This is one of our most special and important events of the year. Our Champions, who have inspired and defended the Barony over the past year, are in need of successors.
To enter the martial Championships (archery, rapier, rattan combat) you must apply to us, Baron Agostino and Baroness Elizabeth, for permission. Please contact us at aneala@aneala.lochac.sca.org or via any other communication channel to request permission to enter the Championship.

The current Baronial Champions are sorting out their upcoming competitions. Lord ՃաւԷն ՃեյթունՑի has kindly written up the details of the Armoured Combat Championship. You can find it following this missive. Details for the Archery and Rapier Championships are still to come.

Baronial Missive

Baroness's Fighter Auction
23rd October at Jackadder Lake Reserve
Baroness Elizabeth invites the noble populace of the Barony of Aneala to attend her annual Fighter Auction Tournament, held this year at Jackadder Lake. Join Her Excellency to celebrate and showcase the talents of the Armoured (Rattan) Combatants of the Barony, with a tourney starting promptly at the close of Court.
This event will be full of entertaining mischief and engaging challenges for all in attendance – whether you are a fighter, a purchaser or a spectator. Please bring a donation for the prize table and a pot luck dish to share for lunch.

Guildford Faire
20th November at Stirling Square in Guildford
Stirling Square market is holding a Medieval Faire, at which we will be running an A&S demo. Contact Noble Gwyneth for details.

Perth Pride – Fair Day & Parade
13th November at Hyde Park
26th November in Northbridge
We are planning for the Barony to have a presence at these Pride events. Please contact Lady Skjaldadis for details.

And that's the list – for now! September, October and November are looking to be fun-filled months with plenty of opportunities to both enjoy the SCA at its finest (for example at Baronial Championship) and to showcase everything we love about the SCA and the Barony of Aneala.

We hope to see you at one or more of these events.

We would like to end this message on a somewhat sombre note. You may be aware that the Kingdom Seneschal has recently changed the Covid Response Plan. The new plan has removed the requirement to check vaccinations at SCA events and has removed the requirement for close contacts to abstain from attending events. We would like to suggest the following: 1) if you are not happy with this change, write to the Kingdom Seneschal. 2) As Baron & Baroness we would like to state unequivocally that we believe close contacts should stay home. We will miss you at the event, but we will see you safe & healthy at the next one. It is our fervent hope that the culture of this Barony is such that we care enough for all our members, including our most vulnerable members, that each one of us would accept the disappointment of missing an event because we would rather keep our friends safe.

Stay safe everyone and please take care of each other.

Yours in Service,

Baron Agostino and Baroness Elizabeth

אזהרותה

The Romans are coming!

In the time I have been in service to the Barony of Aneala as Champion, King Mithridates of Pontus has failed to keep the Romans out of Anatolia and now they march East to Tigranakert. In order to inspire the troops in my homeland, I wish to conduct a tournament that is dedicated to the ideal panoply for smiting pesky legionnaires.

Firstly, one needs a mobile and resilient shield wall, and thus fighters must demonstrate prowess with a sword and shield.

Secondly, the spear is a simple yet devastating weapon for its reach is longer than the pilum or gladius. Fighters must be proficient with a spear that can cut and thrust.

Thirdly, legionnaires wear mail that swords cannot cut. Mass weapons like axes and maces, used with a shield or in a pair, are ideal for striking down armoured opponents and are an essential part of Anatolian warfare.

It is my hope that with your display of skill with these weapons, you will be a source of great inspiration to my people, as well as the next Champion of Aneala.

In Service to the Glory of Aneala,

Lord Zaven Zeytuntsi

PS. The opening script is the word WARNING in Aramaic, which was the most common script utilised in Ardashessian Armenia. Unfortunately I have been searching all day for Imperial Aramaic but have only found this text which is Biblical Aramaic from the 4th Century CE. I hope it's close enough!

Lochac Cooks Guild

De Agri Cultura by Cato, written in the 2nd century BCE
Translation from Historical Italian Cooking

Savillum—Roman Cheesecake

Original text
Savillum hoc modo facito. Farinae selibram, casei P. II S una conmisceto quasi libum, mellis P. * et ovum unum. Catinum fictile oleo unguito. Ubi omnia bene conmiscueris, in catinum indito, catinum testo operito. Videto ut bene percoquas medium, ubi altissimum erit. Ubi coctum erit, catinum eximito, melle unguito, papaver infriato, sub testum subde paulisper, postea eximito. Ita pone cum catillo et lingula.

Translation
Prepare the savillum in this way. Mix half a pound of flour and two and a half pounds of cheese to obtain a consistency similar to libum, then one-fourth pound of honey and one egg. Grease a clay cooking vessel with oil. When you have kneaded well the ingredients, place the cake in the vessel and cover with the testum. Pay attention that it cooks well in the middle, where is it thickest. Once it is cooked, remove the vessel, coat the cake with honey, sprinkling with poppy seeds, and cook it under the testum for short time, then remove from the fire. Serve in its cooking vessel with a spoon.

Kerryn's Redaction 14th March 2021

Ingredients
100g plain flour
500g cottage cheese (or ricotta)
50g honey
Extra honey
1/2 egg (beaten)

Method
Add honey and egg into cheese and mix well
Add flour and stir to combine evenly
Bake in casserole dish, covered in oven 180 C for 45 mins or until set.
Cover surface with honey and poppy seeds. Bake 15 mins.
Serve hot or cold. It is good both ways.

A Fencing Fest We Go!

Fencing Fest XIX by Duncan Bailey

Want more Fencing in your Life? Fencing Fest is the go to Event!

Fencing Fest has a long tradition in Lochac and despite the restrictions of COVID, has been running every year continuously for 19 years. The event sees fencers from around the Kingdom gather to trade stories, fence and have fun.
Starting with a casual gathering and meal on Friday night allowing everyone to settle in, catch up with old friends and make new ones. The remainder of the weekend is fencing, fencing and more fencing.

Each year numerous fencers hold lessons and workshops in their varying fields of expertise, to pass on their knowledge and increase the skills of all who wish to participate and this year was no exception.
Saturdays schedule was full with a great number of workshops with something for everyone and too much to choose from.

Starting after breakfast, Master Henry held a workshop with a difference. An introduction to Fencing for the Vision Impaired. Fencers were given blind folds and were guided through a variety of activities to get an understanding of the challenges facing those people with vision impairments and how it is still possible to enjoy the Art of Fencing.

For those that may be interested there a several good documentaries or short films on fencing with a disability.
A short film, Touche: A Blind Fencers Story is available on Prime Video
Another good documentary is Rising Phoenix, available on Netflix

Master Lorcan ran a workshop on Cutting techniques in fencing.
Master Gomez spoke of offensive and defensive Tactics.

After a filling lunch and more conversation we had moe workshops.

Geometry and Mathmatics in Rapier by Provost James Pond,
German fencing techniques by Master James of Southron Gaard,
Rapier and Cane by Provost Wulfic
Destreza by Journyman Aliette.

And if that wasn't enough, Mistress Lindoret held a workshop on costuming for Rapier and how to successfully include the SCA requirements in your costuming.

A feast was held that night with the usual discussions on all things Fencing and many things not.

On Sunday His Majesty Sir Alain Quartier graced us with his Presence.
He was invited to relax enjoy the tournament that was held in the morning.

The format that was chosen was a Reality Tournament.
This was a single kill, single elimination tournament where wounds were carried and simul kills eliminated both fencers.

As you can imagine, the tournament was fun but over way to quickly for many, so two rounds were held and as there was a different victor in both rounds a deciding bout was held to determine the tournament victor.
The final bout saw the Honourable Don Donnchadh with rapier and dagger facing Zacharlija with spear.

The rest of the day was filled with pick up fights.

A Royal Court was held to close the event.

Master Henry Fox was sworn in as the new head of the Royal Guild of Defence.
His Majesty awarded the Winner of this year's tournament, the Honourable Don Donnchadh Baillie the Sword, and Justine Gleeson was awarded the Edmund Rotella.
These are perpetual trophies.

Other awards given by His Majesty were
Order of the Rowan - Justine Gleeson ,
Red Wyvern - Don Donnchadh Baillie
Order of the Rapier - Zacharlia Standish,
Order of the Prometheus - James Piesse
Bridge Towers - Barb Tawns

Next year will see Fencing Fest celebrating its 20th event and it promises to be even bigger.
So if you want to experience a full weekend of fencing workshops, tournaments, guild prizes and feasting, book your time off today.
See you at Fencing Fest XX, August 4th-6th 2023

Events

Anealan Baronial Championship

Date:	Friday 23rd to Monday 26th September
Time:	Site opens Friayat 4pm with event starting at 6pm
Location:	Ern Halliday Windmill Camp Whitfords Ave, Hillarys.
Bookings	Close Saturday September 17th 2022
Contact:	Elizabeth Severn bookings@aneala.lochac.sca.org
Steward:	Nathan Blacktower nathan@blacktower.id.au
Cost:	Adult Full Event Camping $100 Child Full Event Camping $55 Adult Day Trip Friday $15 Adult Day Trip Saturday $40 Adult Day Trip Sunday $50 Adult Day Trip Monday $10 Children Day rate 1/2 Adult Price Non-members add event membership fee: $10 adult, $5 children (under 18)

Full event price includes all meals.
Day rate includes lunch and dinner.
Catering will be from the fire in period camp.

Saturday:	Morning Children's Games, Afternoon Archery Championship
Sunday:	Morning Armoured Championship, Afternoon Rapier Championship, Small Victory Feast
Monday:	Site Clean up

You are invited to Live the Dream at this year's Anealan Championship

Immerse yourself in the medieval world as combatants test their skills in the marshal lists and artisans present their best creations, all for the honour of being proclaimed a Champion of Aneala.

Once the dust settles on the list field, enjoy good food, good company and song around the campfire.

Participants are reminded that if they are unwell or showing cold or flu-like symptoms, they must not attend.

Baroness's Fighter Auction

Date: Sunday 23rd of October

Time: Set up 9:30am, Court/Auction 11am

Location: .Jackadder Lake Reserve. 9 Jackadder Way, Woodlands.
South East corner, Rosewood Ave & Jackadder Way

Cost: Members: Adult $5, Under 18 free
Non-members: Adult $15, Under 18 $5

Steward: Baroness Elizabeth

Baroness Elizabeth invites the noble populace of the Barony of Aneala to attend her annual Fighter Auction Tournament, held this year at Jackadder Lake. Join Her Excellency to celebrate and showcase the talents of the Armoured (Rattan) Combatants of the Barony, with a tourney starting promptly at the close of Court.

Attendees of the event are encouraged to bring: a dish to share at the pot-luck lunch; at least one donation for the Fighter Auction prize table; and an entry into the Open Arts & Sciences competition. Please apply to the steward if you wish to erect a tent or pavilion around the list field.

The format of the tourney? Heraldic, with a twist! Single kill, how many elim…? Well, that depends on how many lives you are granted by the mischievous Baroness! Here follows a list of Lives that can be earned before the Fighters are Auctioned. A further list of Late Release Lives will be available in the 24 hours immediately preceding the event. Further options to earn Lives will be available on the day. Lives may be earned by Fighters, Purchasers or Spectators (who may then donate the Lives).

Baroness's Fighter Auction

Lives That Can Be Earned Before Fighters Are Auctioned:

- Required for Participation in This Tourney – The Fighter Has Supplied a List Shield
- The Fighter Displays a Personal Banner
- The Fighter Brings a Personal Painted Shield (does not need to be used in the tourney)
- The Fighter Wears a Visible Favour from a Consort
- The Fighter Has Already Passed Inspection Before the Auction Commences
- The Purchaser Displays a Personal Banner
- The Purchaser Provides a Favour for Their Purchased Fighter to Wear
- At Least One Entry into the A&S Competition

(The fund to which the auction proceeds will be donated will be announced closer to the event date.)

Tacuinum Sanitatis, Harvest of Panic
Rhine origin, 1445-1451. National Library of France
"Panic" is a kind of millet, not terror.

March Crown 2023

Date 10th to the 12th of March 2023

Location Ern Halliday Recreation Camp
Whitfords Ave, Hillarys

Steward Konrad Hildebrandt

More info coming soon.

The glory of reigning as Lochac's Crown lasts for only six months. Through these fleeting moments, the Crown as the font of all awards has the unique privilege to bestow recognition on the deserving populace in front of their friends and peers. But with great power comes great responsibility; to share the burden among Lochac's populace, we hold a Crown Tournament to choose new Heirs to the throne.

The event will be held from the afternoon of Friday 10th March through to Sunday 12th March at Ern Halliday Recreation Camp in Whitfords. We invite the Populace of Lochac - those coming to contest the Crown List and those coming to bear witness - to join us in Lochac's West to share in the wondrous spectacle.

Baronial Activities

The following regular activities occur unless superseded by an event

Baronial Council Meeting.
3rd Friday of each month, room opens at 7pm for a 7:30pm start.
Contact Baron and Baroness

Baronial Training
Sunday from 10am. Lake Monger Primary School, Dodd St, Wembley
Archery . (Contact Archery Marshal).
Armoured Training. (Contact Armoured Marshal).
Rapier Combat. (Contact Rapier Marshal).

Combined Training and Arts & Sciences
2nd Sunday of each month. 9am to 1pm
Spearwood Primary School, 73 Gerald St, Spearwood

Darlington Arts & Sciences
4th Saturday of the month. 10am to 1pm
Darlington Hall, 3 Owen Road Darlington
Contact: kerryn@ladybirdpainting.com.au

Canton of Dragon's Bay
Please check the Dragon's Bay website for details

Other non-SCA events of interest
Music and Singing. For times and venues, contact Lady Isabel.
Scribes. Tuesday nights. Contact **Mistress Leonie**
Dancing is on the 1st and 3rd Wednesdays of each month.
Contact Baroness Elizabeth.

Event Booking Policy
Payment for all bookings must be made in advance of the event by the date advised in the booking confirmation email. If payment is not received by the due date your booking will be cancelled.
Payment may be made either online or at any Westpac bank branch.
Payment will not be accepted at the door except in exceptional circumstances and only by prior approval from the bookings officer and event steward.

Participants are reminded that if they are unwell or showing cold or flu-like symptoms, they must not attend.

Local Lochac Guild Contacts

Royal Fibre Guild of Lochac

For those interested in the arts, crafts and history of all textile matters. We encourage the doing, researching and teaching of fibre related skills as seen in pre 1600 cultures. We include weavers, spinners, dyers, cord makers, felters, knitters, njalbinders and lace makers.

Contact Lady Elizabeth: aneala@aneala.lochac.sca.org

Royal Guild of Defence

Researching and teaching of the period martial arts of Europe, as detailed in the various extant fencing and wrestling manuals.

Contact Baron Dameon:dameongreybeard@gmail.com

Worshipful Company of Broiderers

The aim of the Company is to advance the study and practice of pre-1600 AD European needlework in Lochac and in the Known World.

Contact Baroness Leonie: degrey@tpg.com.au

Performers and Entertainers Guild of Lochac

This guild is dedicated to the promotion, encouragement, learning and performance of bardic, theatrical, instrumental and all other entertainment arts within an SCA context.

Contact Isabel: genierachel@iinet.net.au

Lochac Brewers Vintners and Imbibers Guild

We share a common interest in brewing and wine making as practiced in the Middle Ages, and the responsible consumption of said beverages.

Contact Wolfgang:

Lochac Cooks' Guild

Members of the Lochac Cooks' Guild aim to practice cooking in the style of the Medieval and Renaissance periods, research and study period cooking and make available information on all aspects of period cooking as it pertains to the Society for Creative Anachronism

Contact: Bella Valori kerryn@ladybirdpainting.com.au

SCA Group Websites

Barony of Aneala (Perth, WA)	aneala.lochac.sca.org
Canton of Dragons Bay	dragonsbay .lochac.sca.org
College of St Basil the Great (UWA)	stbasil.lochac.sca.org
Kingdom of Lochac (Australia & New Zealand)	lochac.sca.org
SCA Corporate (Australia)	sca.org.au
SCA Corporate (World-wide)	sca.org

Tacuinum Sanitatis.
14th century.
Medieval handbook of health.
Boar hunting. Folio 96r

About the Vine

This is the September 2022 issue of the Vine (Volume 29, Issue 5), a publication of the Barony of Aneala, the Society for Creative Anachronism, Inc. (SCA, Inc.).

The Vine is available from Aneala's web site http://aneala.lochac,sca.org. It is not a corporate publication of SCA, Inc. and does not delineate SCA, Inc. policies. The official newsletter for the Society in Australia is Pegasus, which is available from the Registrar at: registrar@lochac.sca.org.au

The closing date for submissions to The Vine is the third Sunday of the month. Advertising, including event flyers should preferably be in Word forrmat. Please send original source documents and associated images separately.

Copyright Information

Official articles from Society Officers, event flyers and calendar information may be reprinted without further permission in newsletters and other publications of branches of the SCA.

All copyright in original articles, photographs or art herein belongs with the receptive contributors, who must approve all re-use. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.

The Vine may use art from a variety of sources. If your art is featured here without your credit /or permission, contact us and we will properly credit you, or cease use of the art.

Photos

Front Cover –

Cover Illumination by Kerryn Ward

Side Borders – Rome 1572 Add MS 35254. © British Library Board