

# The Vine

VOLUME 30 ISSUE 8  
DECEMBER AS LVIII/ 2023



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# Regnum



KING & QUEEN OF LOCHAC

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BARONESS GINEVRA LUCIA DI NAMORAZA



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CHAMPION OF THE BOW  
CHAMPION OF THE RAPIER  
CHAMPION OF ARTS & SCIENCES  
BARD OF ANEALA  
PAGE OF ANEALA

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LADY LEOFLAEDA AELFWYNNSDOHTIR  
NOBLE CAMILLE MAUPIN D'FRANCOIS  
SIR ANDRE DE MONTSEGUR  
HON GWYN CANTOR  
COOPER OF ANEALA



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# Baronial Missive



Greetings to the Populace of Aneala,

Welcome to December, a month in which everything gets a bit silly, including the weather.

In November, the Blue Feathers of Aneala marched in the Perth Pride Parade. Baron Agostino was one who marched and he reported a successful march with a festive and happy atmosphere. Well done to everyone who marched and represented the Barony in the Pride Parade. To quote the excellent sign they took with them, “history was diverse”! We’re glad that Aneala can celebrate diversity throughout history and today.

December having already hit, and thus our missive being slightly late, we are pleased to report that the Toys for Tots tournament ran on December 3rd. We would like to congratulate the event steward, Lady Aife, for both an excellent event and excellent weather! It was a beautiful day to be out in Garvey Park collecting toys for charity and having a great time. The following business occurred:

- Sir Nathan won the rattan armoured combat tournament, congratulations!
- Lord ƧuLŁu (Zaven) won the rapier tournament, congratulations!
- There were two high-quality entries in the Arts & Sciences competition, well done to Lady Gytha and Lady Skjaldadis who achieved identical scores for two very different toys in the competition.
- We were pleased to pass on a token from Countess Katherine, admitting THL Isolde van Wilravenssidje to “The Queen’s Other Consort”. This was a special token of thanks that Katherine Kerr provided to those who performed music and fanfares during her reign as Queen of Lochac, and was originally awarded at Bal D’Argent.

And of course, the most important part of Toys for Tots – how many toys did we collect? In total, 47! And while many people gave more than one toy and a few people brought toys even if they couldn’t attend much or any of the event, we would like to make a special mention of the Holthouse family from the Canton of Dragon’s Bay, who brought a great many toys to donate even though they were unable to stay and attend the tournament.



# Baronial Missive



The calendar year is drawing to a close. What do the last few days have in store?

On December 10th, Combined Training runs at Spearwood Primary School as per usual but with an exciting twist – a destash market! THL Isolde is coordinating this market but in short, simply show up and claim a table if you wish to sell things. It's a great opportunity to encourage reusing and recycling rather than buying anew and you might pick up some bargains as Christmas gifts. The usual fees for Combined Training apply (\$5 for adult members, member children free, \$15 adult non-members, \$5 child non-members).

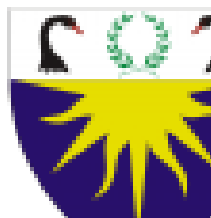
Aneala Council has been moved from the usual date (usually the 3rd Friday of the month) to Sunday December 17th. This is to facilitate an end-of-year BBQ. Join us at our house for Council, have your say in the organisation of the Barony, and stick around for BBQing and general merriment. (BYO food, drinks etc.) Please contact us for the address. Council starts 3pm with a BBQ to follow in the evening.

That will conclude activities for the calendar year but don't fret, there's already exciting events coming up in January! Please remember to book for A Grene Midsummer Revel on January 20th (bookings close on January 14th). Details are available here <https://aneala.lochac.sca.org/calendar/> and as always Midsummer promises to be a lovely event and yes the venue has air conditioning.

Please take care of yourselves during the silly season. If we don't see you at an upcoming December activity, we look forward to seeing you safe & sound in 2024. For those who celebrate, Merry Christmas or Happy other seasonal holiday.

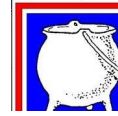
Yours in Service,

**Baron Agostino and Baroness Elizabeth**





# Lochac Cooks Guild



## To make a tarte of strawberries

PERIOD: England, 1545 | SOURCE: A Propre new booke of Cokery | CLASS: Authentic

DESCRIPTION: A recipe for making a strawberry tart

To make a tarte of strawberries.

Take and strayne them with the yolkes of foure egges & a little white brede grated / then ceason it vp with suger & swete butter and so bake it.

To make a tart of strawberries.

Take and strain them with the yolks of four eggs & a little white bread / then season it up with sugar & sweet butter and so bake it.

- Strawberries
- Egg yolks
- Unseasoned white bread crumbs
- Sugar
- Butter
- One 9-inch pie shell, made with [shorte paest for tart](#)

In a food processor or blender, purée the fruit, egg yolks, & bread crumbs into a smooth, thick mixture. Add a little butter, blending well, and season with sugar. Place in the pie shell and bake until the pastry is golden brown and the filling has set.

## To make shorte paest for tart

To make shorte paest for tart.

Take fine floure and a curtesy of faire water and a disshe of swete butter and a litle saffron and the yolkes of two egges and make it thin and tender as ye maie.

To make short paste for tart.

Take fine flour and a "curtesy" of fair water and a dish of sweet butter and a little saffron and the yolks of two eggs and make it thin and tender as you may.

- Flour
- Water
- Butter
- Saffron
- Egg yolks, slightly beaten

Combine the flour & saffron. With a pastry knife, combine the flour and butter until the mixture resembles coarse sand. Add the egg yolks and enough of the water to allow the pastry to come together into a ball of dough. Knead in a little extra flour if necessary, but do not overknead. Roll out into thin sheets of pastry and use as needed.

The definition of "curtesy" is exactly unknown; it may refer to a "quart," but more than likely simply means the *proper or right amount*.

Godecookery.com



# Fencing Marshal

## Master Don Donnchadh Baillie



### Controlling Distance in Sword Fighting

Fencing is an art that requires mastery in various areas, one of which is the control of distance. The ability to manage space between you and your opponent is fundamental, granting you an advantage to strike, defend, and maneuver effectively. As a fencer, one needs to be able to sense the distance between themselves and their opponent, and also control it effectively. By controlling distance a fencer can control the fight.

Controlling distance in fencing is essential for a number of reasons. Firstly, it enables a fencer to defend themselves effectively. By maintaining the right distance, a fencer can avoid being hit by their opponent's sword.

Secondly, controlling distance allows a fencer to launch an effective attack. By keeping their opponent at a specific distance, a fencer can create the perfect opening to launch an attack.

Distance in fencing can be categorized into three main zones:

1. Out of Range: Beyond the striking distance, where neither opponent can land an effective attack.
2. Striking Range or In Range: The distance where both combatants can strike each other with their weapons.
3. Close Range: The space where blade grasping and other close combat techniques become predominant.

The key to controlling distance lies in footwork and body movement. A fencer needs to master their footwork, learn to take precise steps to control the distance between themselves and their opponent. Additionally, they need to be able to move their body in a way that allows them to maintain balance and retain control.

Timing is also paramount. Knowing when to advance, retreat, or hold your ground is crucial. It allows you to exploit openings and avoid your opponent's strikes. A balanced stance allows quick shifts in position, facilitating control over distance.

To effectively control distance a fencer must also understand Measure, that is to say you must learn to understand your weapon's reach and your opponent's. Gauge distances accurately, exploiting your weapon's optimal striking range while keeping out of theirs.

The use of feints and Provocations can also control distance. These maneuvers compel reactions, creating openings for decisive strikes or disrupt your opponent's rhythm.

Observe and analyze your opponent's movements and tendencies. Learn to recognize patterns and to anticipate their actions, enabling you to control distance effectively.

Controlling distance is an essential aspect of fencing. By mastering this art, a fencer can dictate the flow of combat, creating opportunities for both offence and defense.



## TOYS FOR TOTS

Date: Sunday 3rd December  
Event type: Tournament  
Site: Garvey Park - Picnic Area 1,  
1 Fauntleroy Avenue, Ascot  
Steward: Aife ingen Ehdach

Time: 9 am Set up begins  
10 am Opening court  
10.30 am Heavy tourney  
12.30 pm Lunch / A&S judging  
1 pm Rapier Tourney  
3 pm Closing court  
3.30 pm Pack down

Price: Non-Member \$10 per adult and \$5 per child

The entrance fee is an unwrapped toy to be donated to the Variety Toy Bank. This cannot be a food item, they only accept toys.

Join the populace of Aneala for a relaxed picnic in the park with a potluck lunch.

There will be a heavy tournament held in the morning and a rapier tournament in the afternoon as well as an A&S competition with the themes of children, toys and games.





## A GRENE MIDSUMMER REVEL

Date: Saturday 20th January  
Event type: Feast  
Site: Mount Hawthorn Lesser Hall  
197 Scarborough Beach Road Mount Hawthorn  
Steward: Gwyn Cantor

Time: Set-Up: 4:30pm  
Games and First Course: 5pm in Braithwaite Park  
just outside the hall  
Court and Second Course: from 6:30pm inside hall  
Dancing, dessert and revelry: until 10pm

Bookings: Close 14 January 2024  
[bookings@aneala.lochac.sca.org](mailto:bookings@aneala.lochac.sca.org)

Price: \$28 for adult members  
\$14 for minor members (age 10 to 18).  
Under 10s free.

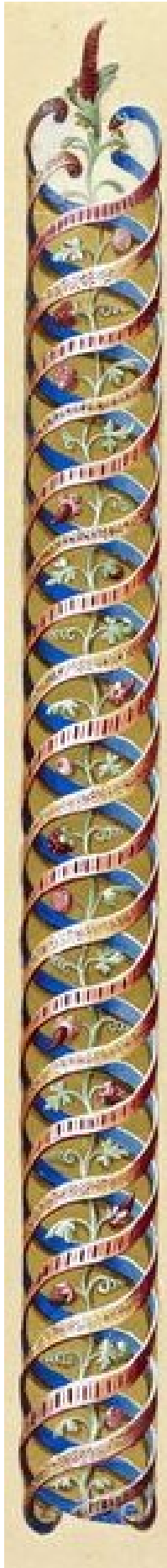
Non-Member Insurance of \$10 per adult and \$5 per child applies.

Celebrate the new year, long evenings, abundant fresh harvest and lush gardens with the Barony of Aneala at a Grene Midsummer Revel. Play a game on the lawn or enjoy the shade of the trees with light morsels and good company, then follow into the cooled hall for feasting, dancing and revelry. Perhaps show off your favourite clothing, or your talents with an arts and sciences competition entry, both on the theme of "green" - interpreted very generously.



Green Man, Westminster Abbey





# Baronial Activities

**Regular activities occur unless superseded by an event**

## **Baronial Council Meeting.**

3rd Friday of each month, room opens at 7pm for a 7:30pm start.  
Contact [Baron and Baroness](#)

## **Baronial Training**

Sunday from 10am. Lake Monger Primary School, Dodd St, Wembley  
**Archery** . (Contact [Archery Marshal](#)).  
**Armoured Training.** (Contact [Armoured Marshal](#)).  
**Rapier Combat.** (Contact [Rapier Marshal](#)).

## **Combined Training and Arts & Sciences**

2nd Sunday of each month. 10am to 1pm  
Spearwood Primary School, 73 Gerald St, Spearwood

## **Darlington Arts & Sciences**

Varied Saturday's of the month. 10am to 1pm  
Darlington Hall, 3 Owen Road Darlington  
Contact: [kerryn@ladybirdpainting.com.au](mailto:kerryn@ladybirdpainting.com.au)

## **Canton of Dragon's Bay**

Please check the [Dragon's Bay website](#) for details

## **Other non-SCA events of interest**

Music and Singing. For times and venues, contact [Lady Isabel](#).  
Scribes. Tuesday nights. Contact **Mistress Leonie**  
Dancing is on the 1st and 3rd Wednesdays of each month.  
Contact [Baroness Elizabeth](#).

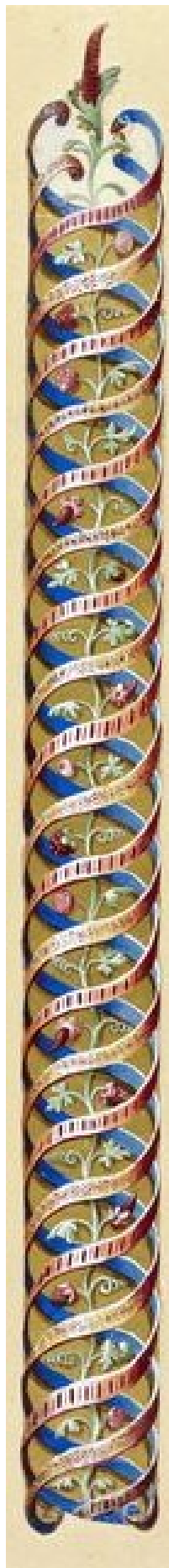
## **Event Booking Policy**

Payment for all bookings must be made in advance of the event by the date advised in the booking confirmation email. If payment is not received by the due date your booking will be cancelled.  
Payment may be made either online or at any Westpac bank branch.

## **Event Cancellation/Refund Policy**

Cancellation can be made at any time up to the close of bookings with a full refund provided for any event payment already made.  
Cancellation after close of bookings will be accepted in the case of illness with a refund provided. Please contact the booking officer ASAP prior to the event.  
Refunds (full or partial) for any other reason are at the discretion of the event steward together with the seneschal and/or reeve and will be dependant on expenses incurred.

Participants are reminded that if they are unwell or showing cold or flu-like symptoms, they must not attend.



# Local Lochac Guild Contacts

## Royal Fibre Guild of Lochac

For those interested in the arts, crafts and history of all textile matters. We encourage the doing, researching and teaching of fibre related skills as seen in pre 1600 cultures. We include weavers, spinners, dyers, cord makers, felters, knitters, njalbinders and lace makers.

**Contact** Baroness Elizabeth: [aneala@aneala.lochac.sca.org](mailto:aneala@aneala.lochac.sca.org)

## Royal Guild of Defence

Researching and teaching of the period martial arts of Europe, as detailed in the various extant fencing and wrestling manuals.

**Contact** Master Dameon Greybeard :[dameongreybeard@gmail.com](mailto:dameongreybeard@gmail.com)

## Worshipful Company of Broiderers

The aim of the Company is to advance the study and practice of pre-1600 AD European needlework in Lochac and in the Known World.

**Contact** Mistress Leonie de Grey: [degrey@fgcint.com](mailto:degrey@fgcint.com)

## Performers and Entertainers Guild of Lochac

This guild is dedicated to the promotion, encouragement, learning and performance of bardic, theatrical, instrumental and all other entertainment arts within an SCA context.

**Contact** Isabel: [genierachel@iinet.net.au](mailto:genierachel@iinet.net.au)

## Lochac Brewers Vintners and Imbibers Guild

We share a common interest in brewing and wine making as practiced in the Middle Ages, and the responsible consumption of said beverages.

**Contact** Wolfgang:

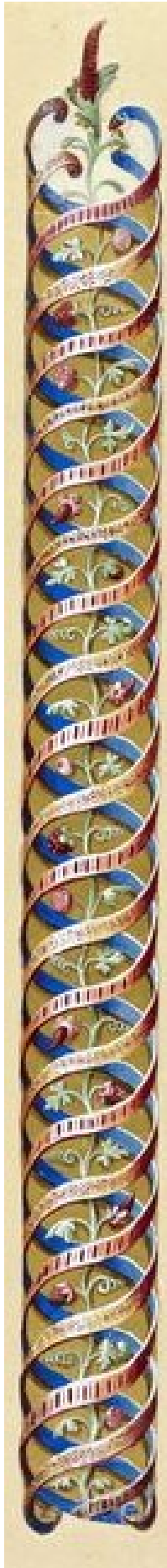
## Lochac Cooks' Guild

Members of the Lochac Cooks' Guild aim to practice cooking in the style of the Medieval and Renaissance periods, research and study period cooking and make available information on all aspects of period cooking as it pertains to the Society for Creative Anachronism

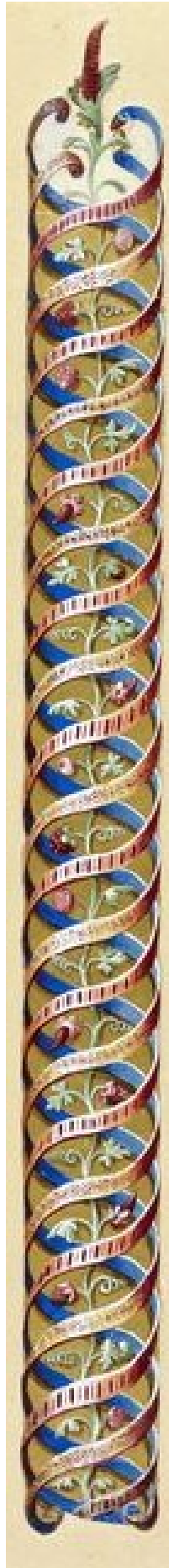
**Contact:** Bella Valori [kerryn@ladybirdpainting.com.au](mailto:kerryn@ladybirdpainting.com.au)

# SCA Group Websites

Barony of Aneala (Perth, WA)	<a href="http://aneala.lochac.sca.org">aneala.lochac.sca.org</a>
Canton of Dragons Bay	<a href="http://dragonsbay.lochac.sca.org">dragonsbay.lochac.sca.org</a>
College of St Basil the Great (UWA)	<a href="http://stbasil.lochac.sca.org">stbasil.lochac.sca.org</a>
Kingdom of Lochac (Australia & New Zealand)	<a href="http://lochac.sca.org">lochac.sca.org</a>
SCA Corporate (Australia)	<a href="http://sca.org.au">sca.org.au</a>
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MEDIEVAL HANDBOOK OF HEALTH.  
BOAR HUNTING. FOLIO 96R



# About the Vine

This is the December 2023 issue of the Vine (Volume 30, Issue 8), a publication of the Barony of Aneala, the Society for Creative Anachronism, Inc. (SCA, Inc.).

The Vine is available from Aneala's web site <http://aneala.lochac.sca.org>. It is not a corporate publication of SCA, Inc. and does not delineate SCA, Inc. policies. The official newsletter for the Society in Australia is Pegasus, which is available from the Registrar at: [registrar@lochac.sca.org.au](mailto:registrar@lochac.sca.org.au)

The closing date for submissions to The Vine is the third Sunday of the month. Advertising, including event flyers should preferably be in Word format. Please send original source documents and associated images separately.

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<https://www.tania-crossingham.com/illuminated-letters-gallery>

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