

The Vine

VOLUME 30 ISSUE 3
JULY AS LVIII / 2023



DONNCHADH'S MASTER OF
DEFENCE CEREMONY

Regnum



KING & QUEEN OF LOCHAC
RADBOT AND KATHERINE



BARON AGOSTINO & BARONESS ELIZABETH
ANEALA@ANEALA.LOCHAC.SCA.ORG

CHAMPION OF THE SWORD
CHAMPION OF THE BOW
CHAMPION OF THE RAPIER
CHAMPION OF ARTS & SCIENCES
BARD OF ANEALA
PAGE OF ANEALA

LORD GALEN WULFRIC
LORD WILLIAM DE WALFORD
LORD MILOS BOSKOV
LADY VIOLETTA VASARI
LADY FRANCES AFFRICA RAY
KIERUN OF ANEALA



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From the Queen



katherine the Quene, from upon the road I send greetings

I have spent a most excellent time in the friendly environs of Lochac's far west where the peoples of Dragon's Bay laid on a lovely Western Raids.

The highlights for me, in no particular order, were:

- * the highly inventive use of rat motifs, from moulded butter, tablecloth crawlers, the now-traditional rat onna stick, rat-decorated plates and vases, squeaks to Mistress Slaine!
- * having the privilege of draping a Free Scholar's yellow sash across Sir Andre's white belt, and adding into the ranks of the Royal Guild of Defense another six Free Scholars (all, I think, Collegians from St Basil, boom, boom), and watching the ever-graceful art and skill of Lord Zaven, now recognised as Guild journeyman
- * seeing the strong growth in the area whether the many cheerful Collegians, the creche-load of babies (including the Baronial baby Rowena), or the friendly relations with other groups who share similar interests to our own
- * receiving a large rodential friend for my King Rat (sub), being a very cute smiley quokka on a lovely ratting glove -- like hawking only with more rat -- courtesy of the inventive and creative House Annwn
- * encouraging silliness with squeaky reports from the Mouse Guard; Rowany's tax payments being used to pay off a Certain Person's debts incurred in King's Cross establishments; and watching a senior peer's delight and dismay when firing a stretchy rubber rat onto the roof of the main pavilion
- * bouncing into court in a relaxed fashion because I was concentrating on identifying the music being played, not the important business I was about to conduct

And just in case you think We weren't undertaking proper royal business, We had the immense pleasure of making Our first peerage invitation -- We will be pleased to return to the west in October for the Bal d'Argent, there to elevate the Honourable Lady Elizabeth Severn to the Order of the Pelican.

And We were most proud to be a part of an uplifting ceremony to welcome Master Donnchadh Baillie to the Order of Defense. Huzzah!

Onwards, to Great Northern War!

Pro Regnum et populi,
katherine
Quene of Lochac



Baronial Missive



Greetings to the Populace of Aneala,
We hope you've stayed warm this month!

In June, we had the great pleasure of attending Western Raids. Alas, our attendance was brief and we are still awaiting reports of all the various happenings from the weekend. As officer reports are collated, we will have more to report. For now, we have the following important news from Western Raids:

Congratulations to Master Donnchadh Baillie on his elevation to the Order of Defence. It was a beautiful ceremony and we are sure that all who were present to witness it were as deeply moved by it as we were.

Congratulations also to the Honourable Lady Elizabeth Severn, who accepted an offer to join the Order of the Pelican. Queen Katherine will return to Aneala in October for Bal D'Argent, to perform the ceremony.

We are also pleased to report that the following Kingdom awards were received at Western Raids:

- Miloš Boskov – Rapier
- Malakai – Award of Arms
- Magdalena Voronova – Golden Tear
- Cooper of Aneala – Mouse Guard
- Anne of Gyllingeham – Golden Tear
- Alde of Maghas – Star & Lily
- Marx Lamprecht – Golden Tear

And we had the great pleasure of presenting the following Baronial award:

- Marx Lamprecht – Demi-Sun

We farewelled Lord Angelo Niccolo da Prato from his office as Seneschal of the College of Saint Basil the Great (boom boom) and welcomed Zebiah of Saint Basil to the office.

Finally (for now) we would like to express our sincere thanks to Sir Nathan Blacktower and Mistress Leonie de Grey for their work in creating a unique and personal gift for Queen Katherine. The gift was a "printer's mark", which you can read about here if you are unfamiliar with the concept <https://www.sl.nsw.gov.au/stories/printers-mark> and was based on William Caxton's printer's mark, who introduced the printing press to England and was the first retailer of printed books in English. You can also read about Queen Katherine's own printer's mark here <http://webcentre.co.nz/kk/ASPrint.htm#printersmark> The gift was designed by Mistress Leonie to include details specific to Queen Katherine and her current reign, with King Ratbot, as Crown of Lochac. It was then produced by Sir Nathan in a variety of useful forms, including a practical rubber stamp, a wooden stamp and a pewter version for use in typesetting. It really is a special gift and we were pleased to present it to Queen Katherine, from the Barony.

For now, we will write no more about Western Raids. Hopefully by next month we will be able to share delightful details of the various martial activities, arts & sciences and general shenanigans that surely took place at the event (not to mention frantic packing in light of the inclement weather).



Baronial Missive



Before next month, we would like to encourage you to put the following upcoming events in your calendar, and book for them as needed:

29th July – Viking Themed Midwinter Feast (bookings required)

27th August – Archery Games Day in the Canton of Dragon's Bay

22nd – 25th September – Aneala Baronial Championship (bookings required)

28th – 29th October – Bal D'Argent (bookings required)

There are some big events coming up! Here are some things you might like to prepare ahead of time...

For the Viking Themed Midwinter Feast – please prepare your Bardic Performance to enter the Golden Rose Bardic Competition. We also encourage you to prepare an entry for the Arts & Sciences competition, in which you may enter the Open category or an Early Medieval category (or perhaps both).

For Championship – time to start your intense training regime! Details about the various Championships will be provided in the coming months, with Letters of Intent due closer to the date of the event. Remember that all entries in Arts & Sciences competitions throughout the year, including those entered at the event itself, count towards the Arts & Sciences Championship. (Current scores are listed below, to inspire and encourage you! So far, no one is eligible to win.)

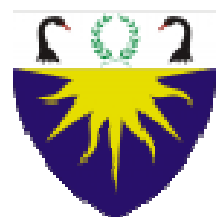
For Bal D'Argent – you may wish to make new garb in an “argent” colour – ideally white but silver is also acceptable. And of course, brush up on your dancing! Do you have ideas of how to add some theatrical “high medieval chivalry” to the Bal or the tournament the day afterwards? Please contact us at aneala@aneala.lochac.sca.org or on any of the other contact channels.

Current A&S Scores

Name	Score	Entries So Far
Nathan Blacktower	38.7	1
Alde of Maghas	38.3	1
Skjaldadís Bragadóttir	36.6	1
Mael Muire ingen Mael Muire mhic Rhodri	29.5	1
Elizabeth Rowe	22.8	1

We look forward to seeing you at Midwinter, or another activity in the near future.

Yours in Service,
Baron Agostino and Baroness Elizabeth





Lochac Cooks Guild



13th Century Al-Andalus Cookbook
An Eggplant Dish

By Bella Valori, April 2021

I have 40 small eggplants from a cancelled feast so I need to turn them into something that can be frozen to serve at the next feast in about a month.

I will be serving a 13th C Andalusian lamb and spinach dish with flatbread so an eggplant dish would feed the vegetarians and vegans while complimenting the lamb.

I have read several of the eggplant dishes (filled, boiled, baked, fritters etc) in the manuscript to understand the flavours and methods used.

I have based my redaction on the following recipe with the addition of garlic found in the other versions and soy sauce as Murri Naqi as suggested by Charles Perry in his translation from Huici-Miranda's Arabic edition of the original manuscript

Recipe for the Same Dish, Brownd Version

Take sweet eggplants and cut them in small pieces and with them cut ... two or three times of the onion and boil all; then drain the water from both and put in the pot with salt, pepper, coriander seed, thyme, saffron, a little *murri naqî'* and plenty of oil; cook in the pan until dry and only the oil remains; then take it out.

Kerryn's Redaction April 2021

1 kg small eggplants stem removed
300g onion diced small
8 cloves garlic whole
1 & 1/2 tsp Coriander seed crushed
1 tsp thyme fresh
1 pinch saffron soaked in a little hot water
1 tsp salt
1/8 tsp pepper
1 tsp soy sauce (murri naqi substitute)

Boil and drain onion with garlic, and eggplant separately until soft

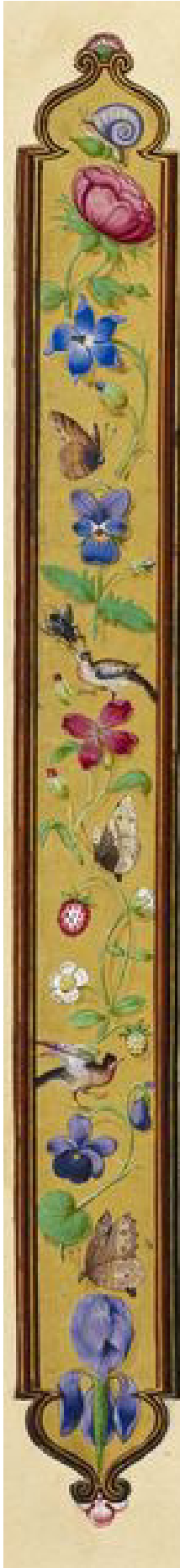
Remove eggplant skins and chop filling

Fry coriander in oil briefly, add onion and garlic and sauté a minute

Add eggplant and rest of ingredients and simmer to reduce any liquid.

Adjust salt and soy to taste. Serve hot.

WESTERN RAIDS (ROYAL VISIT)



ANEALAN MIDWINTER FEAST

A VIKING FEAST PRESENTED BY HÚS GULLBLÓM

Feast like a Viking! Eat and dance with good company, and enter the Arts & Sciences competitions (Open & Early Medieval-themed)

29th July 2023, Saturday
6-10.30pm (setup from 5pm)

Mount Hawthorn Community Centre (Main Hall)
197 Scarborough Beach Road, Mt Hawthorn WA 6016



Adult Member: \$30 | Minor Member: \$15
Adult Non-Member: \$40 | Minor Non-Member: \$20
Under 10s: Free

Steward: Alde of Maghas | Cook: Skjaldadís Bragadóttir

Bookings: Elizabeth Severn – bookings@aneala.lochac.sca.org.

Please advise of dietary requirements when booking.

Bookings close 23rd July!



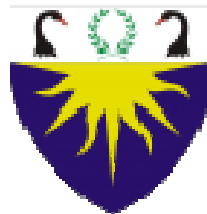
VIKING THEMED MIDWINTER FEAST

Date	Saturday 29th July
Location	Mount Hawthorn Community Centre (Main Hall) 197 Scarborough Beach Road, Mt Hawthorn
Steward	Alde of Maghas
Time	Setup: 5-6pm Feast: 6-10:30pm Packdown: 10:30-12pm
Cost	Adult Member: \$30 Minor Member: \$15 Adult Non-Member: \$40 Minor Non-Member: \$20 Under 10s: Free
Bookings	Elizabeth Severn bookings@aneala.lochac.sca.org Bookings Close: 23rd July

To celebrate Midwinter, please join us for a Viking themed feast

There will be plenty of dancing, good food and good company, as well as opportunities for performances

There will also be an Arts and Sciences competition with an Open and Early Medieval category



ANEALAN CHAMPIONSHIP WEEKEND

Date Friday 22nd to Monday 25th September

Location Spinnaker Dormitories
Ern Halliday Recreation Camp
Whitfords Avenue, Hillarys

Steward Elizabeth Severn & Cesare d'Orso
Time Friday 4pm to Monday 2pm

Cost Adult Full Event: \$160
Child (5-17) Full Event \$100

Adult Day Trip Friday \$25

Adult Day Trip Saturday \$60 (\$50 daytime only - no feast)

Adult Day Trip Sunday \$65 (\$50 daytime only - no feast)

Adult Day Trip Monday \$20

Child (5-17) Day Trip 1/2 adult price

Child under 5 Free

Non-members add event membership \$10 adult, \$5 child (under 18)

Bookings: Please complete the booking form at
<https://forms.gle/4G7vuvHtERgCYp3L8>

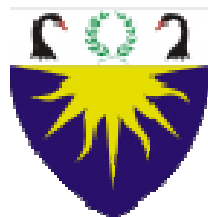
For all booking enquiries or to request a payment plan please contact
the Booking Officer

TH Lady Elizabeth Severn at bookings@aneala.lochac.sca.org

Bookings Close: 15 September

Join us in the Barony of Aneala as we search for the new Baronial
Champions of the Sword, the Rapier, the Bow and the Arts & Sci-
ences.

Enjoy thrilling tournaments, good food and company, evenings
around the campfire





BAL D' ARGENT

Date: Saturday 28th & Sunday 29th October
Event type: Ball & Tournament
Location: North Perth Town Hall 26 View St North Perth WA-
Ball North Perth Lesser Hall 24 View St North Perth WA
Tourney Hyde Park
Steward cnr Vincent Street/William Street, Perth
Baroness Elizabeth

nancyelizabethvalentino@gmail.com

Time Set up 1pm Saturday
Classes: 1-5pm Saturday
Ball: 6pm-late Saturday
Tournament Set-Up: 9am Sunday
Tournament: 10-2pm (inc. pack up) Sunday
Bookings Close: Saturday, October 21st 2023
Contact: bookings@aneala.lochac.sca.org
Price: Adult Full Event: \$35
Child Full Event: \$20
Adult Classes Only: \$15
Child Classes Only: \$5
Adult Ball Only: \$25
Child Ball Only: \$15
Adult Tournament Only: \$10
Child Tournament Only: \$5
Non-Member add \$10 per adult and \$5 per child

With kind permission from the Guild of the Silver Rondel, the Barony of Aneala is hosting a high medieval Bal D'Argent.

Attend an afternoon of classes on the subjects of Dance, Music and relevant Martial topics.

Attend the Ball and compete in Guild competitions, demonstrate your eligibility to join the Guild, win the Argent-themed garb competition and dance the night away.

Attend a chivalric tournament (rattan armoured combat) with pageantry, performative courtly love and a pot-luck lunch.

Enjoy the hospitality of the Barony of Aneala at Bal D'Argent!

Participants are reminded that if they are unwell or showing cold or flu-like symptoms, they must not attend.



Baronial Activities

Regular activities occur unless superseded by an event

Baronial Council Meeting.

3rd Friday of each month, room opens at 7pm for a 7:30pm start.
Contact [Baron and Baroness](#)

Baronial Training

Sunday from 10am. Lake Monger Primary School, Dodd St, Wembley

Archery . (Contact [Archery Marshal](#)).

Armoured Training. (Contact [Armoured Marshal](#)).

Rapier Combat. (Contact [Rapier Marshal](#)).

Combined Training and Arts & Sciences

2nd Sunday of each month. 10am to 1pm
Spearwood Primary School, 73 Gerald St, Spearwood

Darlington Arts & Sciences

4th Saturday of the month. 10am to 1pm
Darlington Hall, 3 Owen Road Darlington
Contact: kerryn@ladybirdpainting.com.au

Canton of Dragon's Bay

Please check the [Dragon's Bay website](#) for details

Other non-SCA events of interest

Music and Singing. For times and venues, contact [Lady Isabel](#).

Scribes. Tuesday nights. Contact **Mistress Leonie**

Dancing is on the 1st and 3rd Wednesdays of each month.

Contact [Baroness Elizabeth](#).

Event Booking Policy

Payment for all bookings must be made in advance of the event by the date advised in the booking confirmation email. If payment is not received by the due date your booking will be cancelled.

Payment may be made either online or at any Westpac bank branch.

Event Cancellation/Refund Policy

Cancellation can be made at any time up to the close of bookings with a full refund provided for any event payment already made.

Cancellation after close of bookings will be accepted in the case of illness with a refund provided. Please contact the booking officer ASAP prior to the event.

Refunds (full or partial) for any other reason are at the discretion of the event steward together with the seneschal and/or reeve and will be dependant on expenses incurred.

Participants are reminded that if they are unwell or showing cold or flu-like symptoms, they must not attend.



Local Lochac Guild Contacts

Royal Fibre Guild of Lochac

For those interested in the arts, crafts and history of all textile matters. We encourage the doing, researching and teaching of fibre related skills as seen in pre 1600 cultures. We include weavers, spinners, dyers, cord makers, felters, knitters, njalbinders and lace makers.

Contact Baroness Elizabeth: aneala@aneala.lochac.sca.org

Royal Guild of Defence

Researching and teaching of the period martial arts of Europe, as detailed in the various extant fencing and wrestling manuals.

Contact Master Dameon Greybeard :dameongreybeard@gmail.com

Worshipful Company of Broiderers

The aim of the Company is to advance the study and practice of pre-1600 AD European needlework in Lochac and in the Known World.

Contact Mistress Leonie de Grey: degrey@fgcint.com

Performers and Entertainers Guild of Lochac

This guild is dedicated to the promotion, encouragement, learning and performance of bardic, theatrical, instrumental and all other entertainment arts within an SCA context.

Contact Isabel: genierachel@iinet.net.au

Lochac Brewers Vintners and Imbibers Guild

We share a common interest in brewing and wine making as practiced in the Middle Ages, and the responsible consumption of said beverages.

Contact Wolfgang:

Lochac Cooks' Guild

Members of the Lochac Cooks' Guild aim to practice cooking in the style of the Medieval and Renaissance periods, research and study period cooking and make available information on all aspects of period cooking as it pertains to the Society for Creative Anachronism

Contact: Bella Valori kerryn@ladybirdpainting.com.au

SCA Group Websites

Barony of Aneala (Perth, WA)	aneala.lochac.sca.org
Canton of Dragons Bay	dragonsbay.lochac.sca.org
College of St Basil the Great (UWA)	stbasil.lochac.sca.org
Kingdom of Lochac (Australia & New Zealand)	lochac.sca.org
SCA Corporate (Australia)	sca.org.au
SCA Corporate (World-wide)	sca.org



TACUINUM SANITATIS.
14TH CENTURY.
MEDIEVAL HANDBOOK OF HEALTH.
BOAR HUNTING. FOLIO 96R



About the Vine

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The Vine is available from Aneala's web site <http://aneala.lochac.sca.org>. It is not a corporate publication of SCA, Inc. and does not delineate SCA, Inc. policies. The official newsletter for the Society in Australia is Pegasus, which is available from the Registrar at: registrar@lochac.sca.org.au

The closing date for submissions to The Vine is the third Sunday of the month. Advertising, including event flyers should preferably be in Word format. Please send original source documents and associated images separately.

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Cover Illumination by Kerryn Ward

<https://www.tania-crossingham.com/illuminated-letters-gallery>

Side Borders – Rome 1572 Add MS 35254. © British Library Board

Western Raids photos by Nathan Blacktower.