

The Vine

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KING & QUEEN OF LOCHAC

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BARONESS GINEVRA LUCIA DI NAMORAZA



BARON AGOSTINO & BARONESS ELIZABETH
ANEALA@ANEALA.LOCHAC.SCA.ORG

CHAMPION OF THE SWORD
CHAMPION OF THE BOW
CHAMPION OF THE RAPIER
CHAMPION OF ARTS & SCIENCES
BARD OF ANEALA
PAGE OF ANEALA

LORD DINO DE MALTA
LADY LEOFLAEDA AELFWYNNSDOHTIR
NOBLE CAMILLE MAUPIN D'FRANCOIS
SIR ANDRE DE MONTSEGUR
HON GWYN CANTOR
COOPER OF ANEALA



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Baronial Missive



Greetings to the Populace of Aneala,

What better way to celebrate Summer than with Aneala's traditional Midsummer feast?! This event is a staple of our calendar and always offers a special way to enjoy and/or avoid the hot weather.

This year, the Honourable Gwyn Cantor ran A Grene Midsummer Revel. We started the evening on a shady lawn, playing a variety of lawn games including a small boffer tourney. We then moved inside for an evening of games and good conversation. Some of our personal highlights included a thrilling game of Kubb with Lady Leoflaeda and learning the game of "shoffe-grote" (or Shove Groat) from Lord Jonathon.

We had the pleasure of conducting the following business in our Baronial Court:

- Admitted Bantiarna Aife ingen Ehdach to the Order of the Demi-Sun.
- Passing on to Lord Jonathon de Hadleigh a token from Countess Katherine, admitting him to "The Queen's Other Consort" as thanks for providing entertainment during her reign as Queen of Lochac (originally awarded at Bal D'Argent).
- Congratulated the Honourable Gwyn Cantor for her win in the green-themed A&S Competition.
- Awarding a number of cute jingly bells for various reasons to those who pleased us at the event.

The following events are upcoming:

Sword Schola Aneala

10th & 11th February 2024 See details at <https://aneala.lochac.sca.org/calendar/>

Some rapier teachers from Innilgard are flying West to teach here in Aneala. If you're a rapier fighter, come to the whole event for an intensive weekend of classes. If you're not a rapier fighter, just come on the Sunday to watch rapier guild prizes in the morning, enjoy a pot-luck lunch and watch a challenge tourney in the afternoon.

Collegia

23rd March 2024 Further details coming soon to <https://aneala.lochac.sca.org/calendar/>

Featuring a newcomers' stream along with other classes and a pot-luck lunch, this is sure to be a great day of learning and teaching. More information such as specific classes and times is still to come.



Baronial Missive



Combat Archery Practise Weekend, Early May 2024

Watch this space!! This exciting event was approved at January Council and details will be out soon. Brush up on your shooting skills before we go to War at Western Raids.

Western Raids

31st May to 3rd June 2024 See details at <https://westernraids.lochac.sca.org>

A massive event, camping under the stars and singing around the campfire with your friends – what's not to love?! Steward Sir Nathan Blacktower has described the event using these key phrases to draw you in: discover the silk road markets; feats of prowess and competitions;

entertainment beyond imagining; bardic tales by the fire. This is the event that typically attracts the most visitors from outside Aneala – what a great opportunity to show off the best of what we do here!

Golden Thimble, Winter 2024

Watch this space too!! Having won the previous Golden Thimble 24-hour garb competition, the College of Saint Basil the Great are preparing to run this event. If you're planning to enter, it might be worth getting started on your patterns, documentation and fabric shopping ahead of time.

We would also like to make special mention of Rowany Festival, coming up in April this year. Although it is not a local event, there is a large contingent of Anealans travelling across the Kingdom to attend this event – including us! Please let us know if you're going too.

There's never a dull moment here in the Barony of Aneala! Along with all these amazing upcoming events, we also have various A&S workshops being run in the Canton of Dragon's Bay and of course regular training both North & South. Have you considered inviting a friend along to try out what we do?

We look forward to seeing you at an upcoming event.

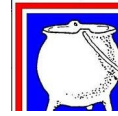
Yours in Service,

Baron Agostino and Baroness Elizabeth





Lochac Cooks Guild



Cherry Sauce. German, 15th C

To make a good sour cherry sauce, then put the cherries in a saucepan, cook them and let them cool. Pass them through a cloth, then put them back in the pot and put them on the coals. Let it boil and stir it until it thickens. Add honey, bread crumbs, cloves and enough good spices and put them in a barrel. It will stay fresh for three or four years.

500g frozen cherries
1/4 cup honey
1/4 cup bread crumbs
1/4 tsp. ginger
1/4 tsp. cloves
1/4 tsp. cinnamon

Cook the cherries in a saucepan. After the cherries have cooled, strain and push them through a cloth. Return the liquid to the saucepan and boil until it starts to thicken. Add the honey, bread-crumbs, ginger, cloves and cinnamon.

White Leek Sauce English & French 15th C

To make the White Leek Sauce, have him who is charged with them get his leeks and chop them up small, wash them well and put them to boil. Then have him get a good chunk of salt pork back; clean it very well and put it with them to boil; and when they have boiled at length, take them out and put them on good clean wooden tables, and keep the bouillon in which they have boiled. There should be a good mortarful of white almonds; take the bouillon in which the leeks have boiled and draw out your almonds in it, and watch that it is not too salty. After that set your broth to boil in a good clean kettle. Then take two good clean knives and chop up your leeks, then take and grind them in the mortar; once they are ground, put them into your broth, made of equal quantities of almonds and water, half boiled. After they have boiled, when they get to the dressing table, place your meat in good dishes and then pour some of that leek broth over the top.

3-4 cups beef broth
3 leeks
2 strips bacon
1/2 cup almonds, ground
water, as needed

Wash and chop leeks, discarding the green parts. Place in broth with bacon and bring to a boil. Simmer until leeks are tender and then strain, retaining both leeks and broth. Set leeks aside, discarding bacon if desired. Add almonds to broth and simmer until thick. Blend leeks in a food processor and return to broth. Add water to thin to desired consistency. Serve hot.

Source: <https://medievalcooking.com>





Fencing Marshal

Master Don Donnchadh Baillie



Concussion Recognition in SCA Fencing

With the introduction of the new Fencing Rules it is now a requirement that all participants are able to recognise concussion both on and off the field and is a requirement for Authorisation.

Concussion is a mild traumatic brain injury resulting from a blow to the head or a force transmitted to the head that causes rapid acceleration and deceleration of the brain within the skull.

You do not need to have a direct strike to the head or lose consciousness to receive a concussion therefore recognising concussion in Fencing is crucial for the safety and well-being of participants, as immediate identification and proper management can help prevent further injury and promote recovery.

Combatants should be aware of the risks and report immediately if they suspect they may have suffered a concussion. Marshals must stop any fighting if they suspect that someone may have suffered a concussion and remove the participant from the field. Prompt recognition and appropriate management of concussions are essential in protecting the health and well-being of participants in SCA contact activities such as Fencing.

Here are some signs and symptoms to help recognise concussion:

Physical Symptoms:

1. Headache
2. Nausea or vomiting
3. Dizziness or balance problems
4. Sensitivity to light or noise
5. Fatigue
6. Blurred or double vision

Cognitive Symptoms:

1. Confusion
2. Memory loss or amnesia surrounding the event
3. Difficulty concentrating
4. Slowed reaction time
5. Feeling "in a fog" or "not quite right"

If in doubt, it is always safer to err on the side of caution and seek medical attention. Participants suspected of having a concussion should undergo a thorough medical evaluation by a healthcare professional experienced in concussion management and if diagnosed with a concussion requires both physical and mental rest. This may include avoiding physical activity and allowing the brain to heal, followed by a gradual return-to-play protocol, slowly reintroducing physical and cognitive activities while monitoring for any recurrence of symptoms under the supervision of a medical practitioner.

A link to the Concussion Recognition Tool can be found in section 19 of the Lochac Fencing Combat Handbook.



DARLINGTON MONTHLY A&S SATURDAYS

We have booked our new monthly dates for 2024.

1/3 Owen Road Darlington

10am to 1pm

\$3 per adult. Minors free.

Non-members Add \$10 per Adult, \$5 per Minor.

Please bring correct change if paying cash.

Electronic payments are fine.

February 24th

March 23rd

Collegium 9:30am to 3:30pm

April 27th

May 25th

June 22nd

July 27th

August 24th

September 28th

October 19th

November 23rd

December 14th

Master Donnchadh, Provost, will be running his Fencing Guild Classes from 10:30am to 12:30am each month.

“Fencing training at Darlington A&S is dedicated to Guild Training. Fencing activities will be concentrating on Period fencing techniques from different treaties and preparation as pertaining to the successful playing of Guild prizes of different ranks.”

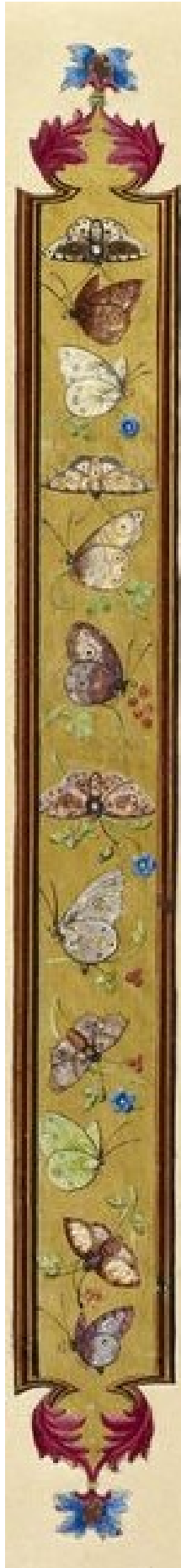
Cooks Guild activities are also being planned.

If anyone would like to run a class this year, on the topic of their choice, please contact me so we can advertise and make it happen. We would like classes to be a regular activity but are equally happy if you just want to come along to socialise and work on your own projects.

Bella Valori

Darlington A&S Steward

kerryn@ladybirdpainting.com.au



SWORD SCHOLA

Date: Saturday 10th & Sunday 11th February
Event type: Collegium
Site: Maida Vale Scouts main Hall, 50 Newburn Road,
High Wycombe
Steward: Maestrø Pantero Pantera di Valembrosa
Time: 9am to 5pm Sat & Sun
Bookings: Close 5th February
claregwyneth@gmail.com
Price: Full event \$40
Day rate Saturday or Sunday \$20
Sunday Tourney spectator \$5
Non fencing Under 8s free
Fencing youth 12+ adult price.

Non-Member Insurance of \$10 per adult and \$5 per child applies.

This February the Innilgard Incursion of Rapier Teachers will grace our shores, and our fencers with their knowledge. Join us across 2 days of intensive rapier classes, coaching, socialising, and activities. We shall show them the hospitality of Aneala by finishing the weekend with a Sunday Challenge Tourney and potluck.

All rapier fighters, authorised or students, are encouraged to attend classes across various skill levels and styles (only authorised fencers can enter the tourney).

Saturday: Classes, garb optional

Sunday: more classes, guild prizes, pot luck and a challenge tourney, garbed.

Timetable

Saturday Day, 10th Feb 2024:

9 am start

Beginners and Advanced Classes

Lunch is provided, booking essential

Beginners and Advanced Classes

Training Finish 5 pm

Sunday Day, 11th Feb 2024:

9 am start

Beginners and Advanced Classes

10 am Guild of Defence Prizes

Lunch - Pot Luck

1 pm to 4.30 pm Challenge Tourney

5 pm event close



COLLEGIUM

Date: Saturday 23rd March
Event type: Arts & Sciences Classes
Site: Darlington Hall,
3 Owen Road Darlington
Steward: Bella Valori
kerryn@ladybirdpainting.com.au
Time: Set-Up: 9:30am
10am Classes
12pm Potluck Lunch
12:30 Classes
3:15 Pack up
3:30 Leave site
Bookings: Close Sunday 17th March
bookings@aneala.lochac.sca.org
Price: \$5 for adult members
\$2.50 for minor members (age 7 to 18).
Under 6's free.
Non-Member Insurance of \$10 per adult and \$5 per child applies.

A day of practical classes

SCA Culture	Baroness Elizabeth
Fencing Hoods	Camille Maupin d'Francois
Tunics	Alazais
Belt	Sir Andre
Pouch	Sir Andre
Viking Hood	Maria
Illuminate a Letter	Dame Edith
Hand Sewing	Dame Edith
Basic Chemise	Celeste
Cloak	Skjaldadis
Performance in the SCA	Gwyn
How to read an artwork	Amias

Schedule of classes coming soon.
Bookings will open when classes have been scheduled.

If you have any garb or feasting gear etc. to donate or sell please feel free to bring it along.

THIS MEANS WAR!!!

Date: 3rd to 5th May
Event type: Camping & War
Site: Bartram Rd, Jelcobine WA (off Brookton Hwy).
Steward: [Leoflaeda AElfwynnesdohter](#)
Time: Arrival/setup from 4pm Friday
War scenarios from 9am Saturday
Hunt (target archery) from 1:30pm Saturday
War scenarios from 10am Sunday
Sunday afternoon pack up/ travel - off site by 5pm.
Bookings: Close 27th April
bookings@aneala.lochac.sca.org
Price: Full event: \$45 adults,
\$20 10-17yo,
Under 10 free
Saturday only: \$20/\$10
Sunday only: \$10/\$5
Non-members add \$10 adults, \$5 minors

Courageous gentles are invited to load up their beasts of burden and journey out to Aneala's beleaguered Eastern border post, where you can spend a delightful weekend AT WAR...ensuring our populace can continue to sleep safe in their beds! A fabulous opportunity to polish up your skills (not to mention equipment) before the inevitable raiding season truly gets underway...

This is a rustic camping event (powered sites available), catered from Friday dinner to Sunday lunch. Please enquire for a discounted price if you prefer to self-cater.





WESTERN RAIDS

<https://westernraids.lochac.sca.org/>

Date: Friday 31st May to Monday 3rd June
Event type: Camping Weekend
Site: Wandii Progress Association
302 De Haer Rd, Wandii
Steward: Nathan Blacktower
Time: Site Open for setup from 12 pm Friday 31st
Onsite from 3 pm Friday 31st
Event Closed By 12 pm Monday 3rd
Offsite 6 pm Monday 3rd
Bookings: Close 19 May 2024
bookings@westernraids.lochac.sca.org
Price: Adult member - full event: \$105.00
Adult member – Friday: \$20.00
Adult member – Saturday: \$55.00
Adult member – Sunday: \$50.00
Youth (12-17) member - full event: \$50.00
Youth (12-17) member – Saturday: \$25.00
Youth (12-17) member – Sunday: \$20.00
Child (5-11) member - full event: \$25.00
Child (5-11) member – Saturday: \$12.50
Child (5-11) member – Sunday: \$10.00
Families (2 Adults & 2 or more children) receive a 15% discount.
Non-member insurance fee of \$10 per adult / \$5 per child applies.

Greetings, noble travellers,

Embark on a journey to the far western reaches of Lochac for an unforgettable weekend of medieval immersion at Western Raids! Join like-minded friends in a realm of adventure where the echoes of the past come alive.

Discover the Silk Road Markets:

Step into a vibrant marketplace filled with treasures and delights inspired by the Silk Road. Browse through a myriad of wares, savour exotic treats, and immerse yourself in the rich tapestry of medieval craftsmanship.

Feats of Prowess and Competitions:

Witness and partake in epic tournaments and displays of skill that will transport you back to an age of chivalry and honour. Engage in friendly competition, showcase your prowess, and claim glory on the battlefield.

Entertainment Beyond Imagining:

Delight in the merriment of singing, dancing, and a myriad of medieval activities that will captivate your senses. Attend classes to hone your skills or learn ancient arts, ensuring that every moment is filled with enchantment.

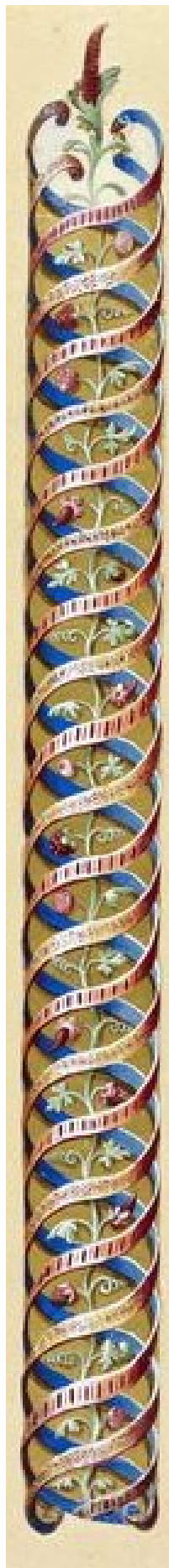
Bardic Tales by the Fire:

As the sun sets, gather around the flickering flames to share your best Bardic tales, songs, or performances. Warm your spirit with the camaraderie of fellow travellers and let the tales of old weave a spellbinding atmosphere.

Bookings Officer Assistance:

For our esteemed travellers, our diligent bookings officer awaits your arrival to assist with any arrangements. Ensure a seamless experience by checking in and letting us cater to your needs with the utmost care and hospitality. Join us for a weekend where medieval history takes over, forge memories that will last a lifetime. Western Raids beckon, and the adventure awaits!

May your journey be swift and your heart filled with the spirit of medieval revelry!



Baronial Activities

Regular activities occur unless superseded by an event

Baronial Council Meeting.

3rd Friday of each month, room opens at 7pm for a 7:30pm start.
Contact [Baron and Baroness](#)

Baronial Training

Sunday from 10am. Lake Monger Primary School, Dodd St, Wembley

Archery . (Contact [Archery Marshal](#)).

Armoured Training. (Contact [Armoured Marshal](#)).

Rapier Combat. (Contact [Rapier Marshal](#)).

Combined Training and Arts & Sciences

2nd Sunday of each month. 10am to 1pm
Spearwood Primary School, 73 Gerald St, Spearwood

Darlington Arts & Sciences

4th Saturday's of the month. (usually) 10am to 1pm

Darlington Hall, 3 Owen Road Darlington

Contact: kerryn@ladybirdpainting.com.au

Canton of Dragon's Bay

Please check the [Dragon's Bay website](#) for details

Other non-SCA events of interest

Music and Singing. For times and venues, contact [Lady Isabel](#).

Scribes. Tuesday nights. Contact **Mistress Leonie**

Dancing is on the 1st and 3rd Wednesdays of each month.

Contact [Baroness Elizabeth](#).

Event Booking Policy

Payment for all bookings must be made in advance of the event by the date advised in the booking confirmation email. If payment is not received by the due date your booking will be cancelled.

Payment may be made either online or at any Westpac bank branch.

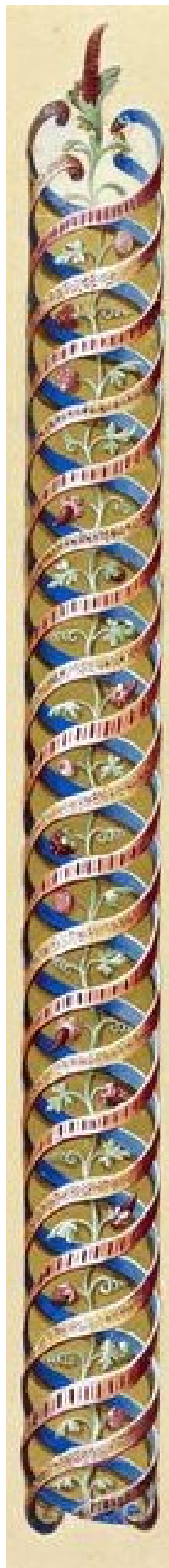
Event Cancellation/Refund Policy

Cancellation can be made at any time up to the close of bookings with a full refund provided for any event payment already made.

Cancellation after close of bookings will be accepted in the case of illness with a refund provided. Please contact the booking officer ASAP prior to the event.

Refunds (full or partial) for any other reason are at the discretion of the event steward together with the seneschal and/or reeve and will be dependant on expenses incurred.

Participants are reminded that if they are unwell or showing cold or flu-like symptoms, they must not attend.



Local Lochac Guild Contacts

Royal Fibre Guild of Lochac

For those interested in the arts, crafts and history of all textile matters. We encourage the doing, researching and teaching of fibre related skills as seen in pre 1600 cultures. We include weavers, spinners, dyers, cord makers, felters, knitters, njalbinders and lace makers.

Contact Baroness Elizabeth: aneala@aneala.lochac.sca.org

Royal Guild of Defence

Researching and teaching of the period martial arts of Europe, as detailed in the various extant fencing and wrestling manuals.

Contact Master Dameon Greybeard :dameongreybeard@gmail.com

Worshipful Company of Broiderers

The aim of the Company is to advance the study and practice of pre-1600 AD European needlework in Lochac and in the Known World.

Contact Mistress Leonie de Grey: degrey@fgcint.com

Performers and Entertainers Guild of Lochac

This guild is dedicated to the promotion, encouragement, learning and performance of bardic, theatrical, instrumental and all other entertainment arts within an SCA context.

Contact Isabel: genierachel@iinet.net.au

Lochac Brewers Vintners and Imbibers Guild

We share a common interest in brewing and wine making as practiced in the Middle Ages, and the responsible consumption of said beverages.

Contact Wolfgang:

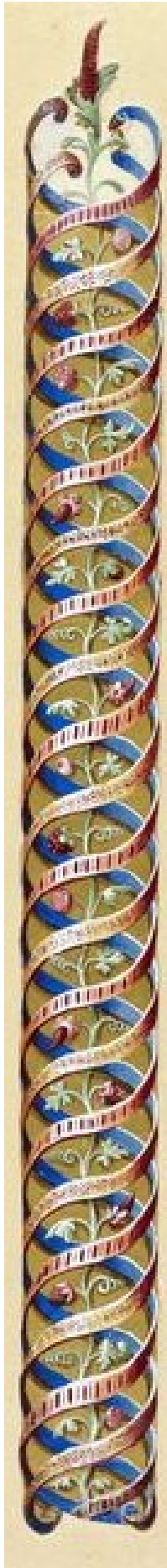
Lochac Cooks' Guild

Members of the Lochac Cooks' Guild aim to practice cooking in the style of the Medieval and Renaissance periods, research and study period cooking and make available information on all aspects of period cooking as it pertains to the Society for Creative Anachronism

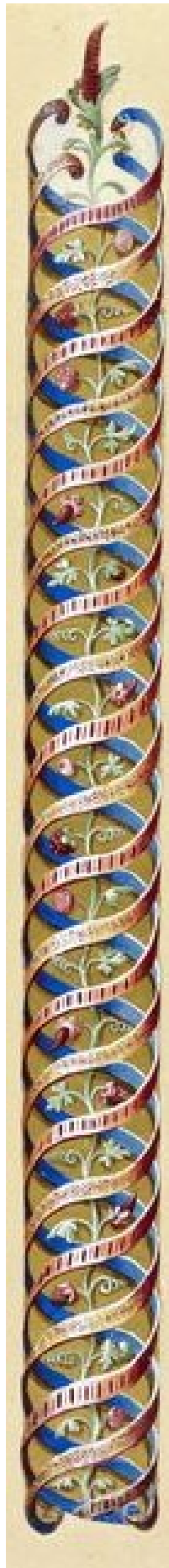
Contact: Bella Valori kerryn@ladybirdpainting.com.au

SCA Group Websites

Barony of Aneala (Perth, WA)	aneala.lochac.sca.org
Canton of Dragons Bay	dragonsbay.lochac.sca.org
College of St Basil the Great (UWA)	stbasil.lochac.sca.org
Kingdom of Lochac (Australia & New Zealand)	lochac.sca.org
SCA Corporate (Australia)	sca.org.au
SCA Corporate (World-wide)	sca.org



TACUINUM SANITATIS.
14TH CENTURY.
MEDIEVAL HANDBOOK OF HEALTH.
BOAR HUNTING. FOLIO 96R



About the Vine

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The Vine is available from Aneala's web site <http://aneala.lochac.sca.org>. It is not a corporate publication of SCA, Inc. and does not delineate SCA, Inc. policies. The official newsletter for the Society in Australia is Pegasus, which is available from the Registrar at: registrar@lochac.sca.org.au

The closing date for submissions to The Vine is the third Sunday of the month. Advertising, including event flyers should preferably be in Word format. Please send original source documents and associated images separately.

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<https://www.tania-crossingham.com/illuminated-letters-gallery>

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