

# The Vine

VOLUME 30 ISSUE 12  
APRIL AS LVIII/ 2024



ILLUMINATED LETTER A

# Regnum



KING & QUEEN OF LOCHAC  
AONGHUS MAC GRIOGAIR MHIC RAGHNAILL &  
GINEVRA LUCIA DI NAMORAZA



PRINCE & PRINCESS OF LOCHAC  
SIR BAIN OF STORNOWAY & BARONESS IGLESIA DELAMERE

BARON AGOSTINO & BARONESS ELIZABETH  
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CHAMPION OF THE SWORD  
CHAMPION OF THE BOW  
CHAMPION OF THE RAPIER  
CHAMPION OF ARTS & SCIENCES  
BARD OF ANEALA  
PAGE OF ANEALA

LORD DINO DE MALTA  
LADY LEOFLAEDA AELFWYNNSDOHTIR  
NOBLE CAMILLE MAUPIN D'FRANCOIS  
SIR ANDRE DE MONTSEGUR  
HON GWYN CANTOR  
COOPER OF ANEALA



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# Baronial Missive



Greetings to the Populace of Aneala,

Did you have a productive month? On the whole, we think that the Barony did!

Before we review the activities of the Barony, we have a duty to share news from the Kingdom. On the 16<sup>th</sup> of March in the Barony of Ildhafn there was held a Crown Tournament. Our Crown, King Aonghus and Queen Ginevra, now have Heirs! So we are pleased to report that the Heirs to the Kingdom of Lochac are Their Royal Highnesses, Crown Prince Bain and Crown Princess Iglesia. Huzzah!

And now, back to Baronial business...

Starting with a College-focused "Simple Garb Workshop" early in March and an action-packed day of learning at a "Collegium" at the end of March, we've been busy learning new skills and information, sewing new garb and having some robust discussions.

We would especially like to thank the Honourable Lady Bella Romana Valori for running the Collegium. It was a real joy to see so many people sharing their knowledge and so many there to soak it all in. We really felt that the hall was a hive of productivity that day, which was just wonderful to be a part of. Well done to all who taught a class.

The month of April is looking deceptively quiet... but part of that is because a great number of people from here in the Barony of Aneala are travelling East to Rowany Festival in the middle of the month. We're among those who are making the long journey and would ask for your suggestions of gifts for the Crown. It would be a shame to visit from so far away and not get anything special for them!

And then we move into a much busier period of events for the Barony, with the following upcoming:

## **This means WAR!**

3<sup>rd</sup> – 5<sup>th</sup> May 2024

See details at <https://aneala.lochac.sca.org/calendar/>

Courageous gentles are invited to load up their beasts of burden and journey out to Aneala's beleaguered Eastern border post, where you can spend a delightful weekend AT WAR... ensuring our populace can continue to sleep safe in their beds! A fabulous opportunity to polish up your skills (not to mention equipment) before the inevitable raiding season truly gets underway...

## **Stirling Market Fair**

19<sup>th</sup> May 2024

We're running a demo at the Stirling Market Fair, located in Guildford, which has a medieval theme on this particular day. This will be a wonderful opportunity to showcase the SCA and hopefully attract some new friends to join our wonderful Barony. Contact the Seneschal, Sir Nathan Blacktower, for further details.



# Baronial Missive



## **Western Raids**

31<sup>st</sup> May - 3<sup>rd</sup> June 2024

See details at <https://westernraids.lochac.sca.org>

A massive event, camping under the stars and singing around the campfire with your friends – what's not to love?! Steward Sir Nathan Blacktower has described the event using these key phrases to draw you in: discover the silk road markets; feats of prowess and competitions; entertainment beyond imagining; bardic tales by the fire. This is the event that typically attracts the most visitors from outside Aneala – what a great opportunity to show off the best of what we do here!

## **Anealan Midwinter Feast**

Winter 2024

Watch this space!! The Barony of Aneala has run an annual Midwinter Feast for many, many years; it's one of our important traditions and we look forward to seeing it happen again this year. There were no bids for it at March Council so please contact the Seneschal, Sir Nathan Blacktower, if you're interested in running this event.

## **Golden Thimble**

Winter 2024

Watch this space!! Having won the previous Golden Thimble 24-hour garb competition, the College of Saint Basil the Great are preparing to run this event. If you're planning to enter, it might be worth getting started on your patterns, documentation and fabric shopping ahead of time.

As well as attending Rowany Festival, we will be spending some time travelling in that general area of the Kingdom. We'll be away for most of April, so you won't see us around training or other activities for the vast majority of the month. Don't worry, you'll still be able to contact us by all the usual channels – we might just be slow to reply and of course there is a time difference.

Take care of yourselves and we look forward to seeing you soon.

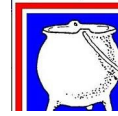
Yours in Service,

**Baron Agostino and Baroness Elizabeth**





# Lochac Cooks Guild



## Rissoles on a Fish Day by Sivaroobini

- *Cook chestnuts on a low fire and peel them, and have hard-cooked eggs and peeled cheese and chop it all up small; then pour on egg yolks, and mix in powdered herbs and a very little free-running salt, and make your rissoles, then fry in lots of oil and add sugar.*

*And note, in Lent, instead of eggs and cheese, put in cooked whiting and sciaena, chopped very small, or the flesh of pike or eels, and chopped figs and dates.*

*Item, on ordinary days, they can be made of figs, grapes, chopped apples and shelled nuts to mimic pignon nuts, and powdered spices: and the dough should be very well saffroned, then fry them in oil. If you need a liaison, starch binds and so does rice. Item, the flesh of sea lobster is good instead of meat.*

*Le Ménagier de Paris, 1393*

Makes about 8 or 9 small rissoles.

## Ingredients

10 chestnuts

- 2 eggs
- 2 tbsp grated Parmesan
- 2 egg yolks
- ½ tsp dried parsley
- ½ tsp dried sage
- Salt (pinch)
- Caster sugar (pinch)

Oil or butter for frying, as needed.

## Method

1. Lay your chestnuts on a baking tray. Cut an X in each one to avoid exploding in the oven. Roast them in a preheated oven at 180°C for about 20 minutes. Alternatively, you can roast them in a pan over a fire, or simply buy precooked peeled chestnuts.
2. While the chestnuts cook, boil your eggs for ten minutes and shock them in an ice bath. Peel them.
3. Chop the boiled eggs roughly and place in a bowl. Mash lightly with a potato masher.
4. Peel and chop the roasted chestnuts. Add to the egg.
5. Add all remaining ingredients and mix well.
6. Form them into rissoles. I found that slightly oblong rissoles held together better than round ones, and that pressing the shaped mixture lightly against the palm of my hand with a tablespoon also helped it keep its shape.
7. Heat oil or butter in a pan and fry them til golden-brown. (You only need a little oil; it froths up when they're frying, so it looks like I'm deep-frying them in the photo, but they're only being shallow-fried.)
8. Place on a paper towel to drain. Transfer to a serving plate, sprinkle with sugar and serve.

They can also be made in a large batch, frozen, and then heated up in an oven for serving at a feast.



# Fencing Marshal

## Master Don Donnchadh Baillie



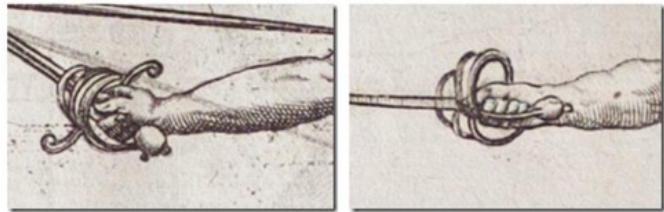
### HAND GRIPS USED FOR DIFFERENT SWORDS AND FENCING STYLES

Various hand grips are used to optimize control, leverage, and striking capabilities. Here are some of the common sword hand grips used in different fencing styles and with various types of swords.

#### Italian/Forward Grip (also known as Prima Mano):

· Description: This grip involves holding the sword with the index finger over the cross guard and the thumb wrapped around the grip, while the remaining fingers remain relaxed around the grip. The Thumb can also be placed along the edge of the blade when delivering cuts.

· Usage: Commonly used in Italian fencing styles like the Italian school of rapier fencing. It offers a good balance between control and flexibility.



#### Backsword Grip

· Description: When using a sword without a cross guard, this grip is similar to the Italian grip with the thumb resting along the back of the grip rather than wrapped around. Alternatively the thumb can be placed along on the écusson (quillion block) or the flat of the blade.

· Usage: Historically used with Backswords, Side swords, Dussack and Sabers, it can also be used with Single handed broad swords, Basket hilted broad swords, Schiavona, Katzbalger or other single handed weapons. It allows for powerful cuts and offers a good balance between speed and control.

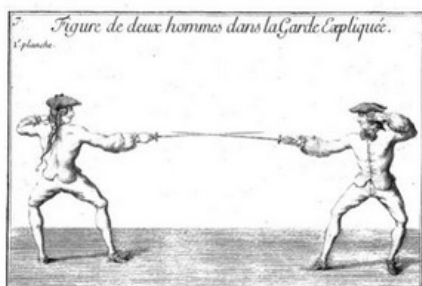


#### French Grip

· Description: The French grip is held with all fingers wrapped around the grip, with the thumb placed on the flat of the blade or the guard.

- The thumb extends along the grip towards the guard resting on the écusson (quillion block).
- The forefinger rests just opposite the thumb so that thumb and forefinger are sort of pinching the guard.
- The three remaining fingers grasp the grip and help keep the pommel, while in guard, against the wrist.
- The fingers do not go through the Arms of the Hilt/annulets.

· Usage: Widely used in classical French fencing styles, this grip offers excellent point control when using a small for its versatility. This grip can also be used with a dagger



### Two-Handed Grip

· Description: This grip involves holding the sword with both hands on the grip, providing increased power and control. The hands take a handshake grip as far apart on the grip as possible for extra leverage. An option is to place the thumb of the hand near the hilt on the quillion block or blade which allows for different techniques.

Usage: Commonly used with longswords and other two-handed swords in styles like German or Italian longsword fencing. The two-handed grip allows for strong cuts and defensive techniques.



### Hammer Grip

· Description: When using this grip, the handle is held with all fingers and thumb wrapped around the grip.

· Usage: This grip is most often used with daggers, Single handed broad sword, Basket hilted broad sword, Schiavona, Katzbalger, Dussack, Sabre or similar.



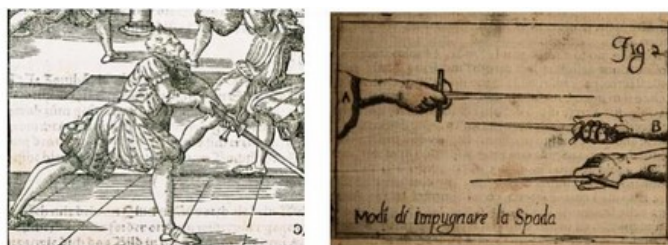
### Reverse Grip (also known as Icepick Grip)

· Description: This grip is primarily used when wielding a dagger. The weapon is held with the blade pointing downwards and the thumb wrapped around the grip or guard.

· Usage: Used in predominantly in German systems however is also common in Italian and other systems. It shortens the distance to strike, allowing for quick and deceptive strikes. This grip is also effective when striking around or over a shield and enables effective arm locks when grappling.



These are just a few examples of the many hand grips and styles used in swordsmanship and fencing. Each grip has its advantages and is suited to different types of swords and combat situations. Additionally, many fencers may combine elements from various grips and styles to create a personalized and effective fencing technique. Such as, contrary to popular belief, the forward hand on a two hander using Italian grip or the Italian grip used with dagger.



## Basic Garb for SCA Events – The T-Tunic

T-Tunic Workshop for Darlington Arts Collegium 23rd March 2024

Lady Alazais de Chainebritte [alazais@hotmail.com](mailto:alazais@hotmail.com)



Created by Alazais Stitches



Created by Alazais Stitches



Medieval tunics in the SB  
Bamberg Msc.Bibl.  
140 Bamberger Apokalypse,  
dated 1010,  
Richenau, Germany



Medieval Cloakes and Tunics  
in the Cambridge MS R.17.1  
Eadwine Psalter,  
dated 1150,  
Canterbury, England.

One of the first questions asked by newcomers is - 'What should I wear?'. The easy answer is - a T-Tunic. The only requirement for attending any SCA event is making an attempt to wear pre-17th century clothing.

**The T-Tunic** is a great Unisex / all ages starter on your road to being comfortably garbed and are suitable to wear at any SCA event. With time and experience in our SCA journey, we tend to create a persona and concentrate our clothing interests. Research is part of the fun via Museum, Book and Web sources.

Sewing a T-Tunic is great for the beginner and no experience is necessary. Hand sewn rather than machine stitched can give you better, more period looking garb. Most of my personal garb is a mix of both.

There are plenty of group members happy to share their skills, research and ideas with you to help you achieve the look you want.

Tunics can be made to different lengths, from hip to shin and even to floor for a basic shift dress. Sleeves long, mid or shorter. Necklines rounded, squared or key-hole (usually with an interfacing). Sleeves short, mid or full armlength. If Layering, try a longer tunic with long sleeves covered by Mid-length with mid or shorter sleeve.

Historically tunics are made of Linen, wool or silk. For your starter tunic - any cotton or basic fabric is fine but it's best to avoid stretch or shiny textiles. Even the most perfectly tailored garb is going to look weird if made from Fluoro polyester.

Textile colours were obtained from natural sources such as plants and minerals.  
Dye Information from <https://rosaliegilbert.com/dyesandcolours.html>

red - madder root, Rubia tinctorum, kermes or grana from insects  
blue - woad leaves, Isatia tinctoria  
violet - orchil from lichen  
crimson & Purple - brasilwood from the East India tree  
yellow - weld, dyers' rocket, turmeric, saffron, onion skin, marigold, chamomile  
green - indigo, weld, turmeric  
brown - walnut shells, bark

Tunics were both plain or embellished. Decorative elements reflected social status, occupation and personal taste. This could include embroidery, appliques, beading, or woven patterns. Some were decorated with variations of trim or fur along the neckline, hemline or sleeves.

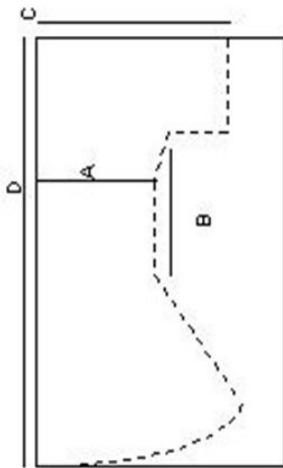
A couple of Tunics can be layered for warmth (great for winter and camping events) or style and . A little research into Century and region will help in deciding this in the future.

Usually worn with

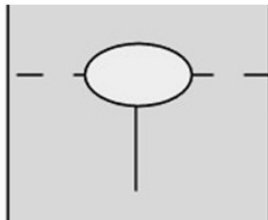
- a long belt over with the tail left hanging at the front. Cord can also be used. (Any colour except white (reserved for Peers) is acceptable – avoid Red (Squires), Green (Laurel proteges) and Blue (Pelican proteges).
- Basic pants - plain track pants will do for a starter. For a Feminine version, shorter tunics over longer shift dresses which can also be made from the same easy pattern.
- Plain leather shoes or boots



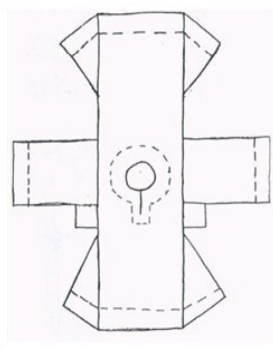
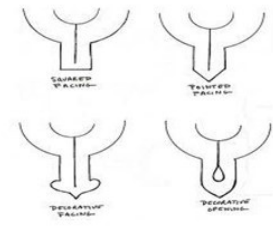
### Tunic Pattern



### Tunic Pattern- Neck



### Alternative Patterns



### Pattern

The style of T-Tunic in this workshop is illustrated left and is the most economical of fabric. Two and a half to three metres will fit the average person.

### Instructions

Measure in centimetres (please assist each other)

Chest	_____	Armhole (armhole)	_____
Underarm to waist	_____	Wrist	_____
Centre to sleeve length	_____	Neck across collarbone	_____
Neck to tunic length	_____		

### Fabric

Fold, with the right side of the fabric facing together in half lengthways and again in the other direction. You should have one piece of fabric folded in four with the neck in the top left hand corner.

### Marking out your pattern

Place a shirt that fits you, folded in half onto the fabric as per Tunic Pattern illustration left. This is for a basic size and shape guide and used in conjunction with your above measurements should give you a pattern.

Use chalk to mark out shape adding 2 cm for seams. Choose a straight or curved hem. Mark seams bigger than you need. You can always take it in but it's difficult to add pieces once cut.

The underarm curves up and the sleeve tapers a bit closer at your wrist. Your centre seam is as long as you want the length. Mark out your neckline.

Pin within the pattern area along side seams all the way from the hem, along the body, under the arms and down the sleeves.

If you want the option of side slits – mark a notch at the desired point.

### Cutting your T-Tunic.

Cut through all layers along the chalked seam - underarm to hem then across the hemline, Cut a small slit for the neckline making sure you don't cut your head hole too large at this point. Check you can get it on over your head. If it's very loose through the body, take the side seams in a little. Adjust your neckline. Choose the side you want for the front and cut the neckline a little lower. An optional front slit will make taking on and off easy.

- Excess Fabric is handy to make bags & bottle covers

### Sewing.

Sew from underarm to side-slit or Hem. 2 cm has been allowed for the hem.

Cut off any excess. Edge can be zigzagged (or overlocked) to reduce fraying.

To sew hems on the cuffs of the sleeves and the bottom of the tunic, so that the raw edge is enclosed. Pin in place and sew. If adding braid to sleeve or cuffs see below.

Neckline is similar to hem but some clipping will make it easier to roll the edge.

Alternatively, a bias binding can be added.

### Adding Braids.

Sleeve and/or wrist Braids are best sewn onto the fabric then into the seam when stitching from cuff to hem. Lay fabric flat and pin matching one side to the other before stitching. Some braids are best hand sewn after garment is finished.

### References

<https://politarhopolis.lochac.sca.org/what-to-wear/>

[https://www.virtue.to/articles/in\\_depth\\_garb.html](https://www.virtue.to/articles/in_depth_garb.html)

<https://rosaliegilbert.com/clothesandaccessories.html>

<https://manuscriptminiatures.com/>

<https://www.medievalists.net/2015/06/a-five-minute-guide-to-medieval-fabrics/>



## DARLINGTON MONTHLY A&S SATURDAYS

We have booked our new monthly dates for 2024.

Darlington Hall  
1/3 Owen Road Darlington  
10am to 1pm

\$3 per adult. Minors free.  
Non-members Add \$10 per Adult, \$5 per Minor.  
Please bring correct change if paying cash.  
Electronic payments are fine.

April 27th	Musical Notation Class
May 25th	
June 22nd	
July 27th	
August 24th	
September 28th	
October 19th	
November 23rd	
December 14th	

Master Donnchadh, Provost, will be running his Fencing Guild Classes from 10:30am to 12:30am each month.

“Fencing training at Darlington A&S is dedicated to Guild Training. Fencing activities will be concentrating on Period fencing techniques from different treaties and preparation as pertaining to the successful playing of Guild prizes of different ranks.”

Cooks Guild activities are also being planned.

If anyone would like to run a class this year, on the topic of their choice, please contact me so we can advertise and make it happen. We would like classes to be a regular activity but are equally happy if you just want to come along to socialise and work on your own projects.

Bella Valori  
Darlington A&S Steward  
[kerryn@ladybirdpainting.com.au](mailto:kerryn@ladybirdpainting.com.au)

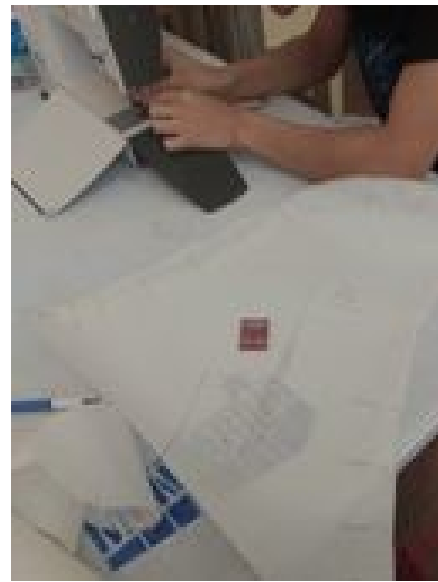
# GARB WORKSHOP



Photos supplied by Isolde



# COLLEGIUM PICS BY BELLA



## THIS MEANS WAR!!!

Date: 3rd to 5th May  
Event type: Camping & War  
Site: Bartram Rd, Jelcobine WA (off Brookton Hwy).  
Steward: [Leoflaeda AElfwynnesdohter](#)  
Time: Arrival/setup from 4pm Friday  
War scenarios from 9am Saturday  
Hunt (target archery) from 1:30pm Saturday  
War scenarios from 10am Sunday  
Sunday afternoon pack up/ travel - off site by 5pm.  
Bookings: Close 27th April  
[bookings@aneala.lochac.sca.org](mailto:bookings@aneala.lochac.sca.org)  
Price: Full event: \$45 adults,  
\$20 10-17yo,  
Under 10 free  
Saturday only: \$20/\$10  
Sunday only: \$10/\$5  
Non-members add \$10 adults, \$5 minors

Courageous gentles are invited to load up their beasts of burden and journey out to Aneala's beleaguered Eastern border post, where you can spend a delightful weekend AT WAR...ensuring our populace can continue to sleep safe in their beds! A fabulous opportunity to polish up your skills (not to mention equipment) before the inevitable raiding season truly gets underway...

This is a rustic camping event (powered sites available), catered from Friday dinner to Sunday lunch. Please enquire for a discounted price if you prefer to self-cater.





## WESTERN RAIDS

<https://westernraids.lochac.sca.org/>

**Date:** Friday 31st May to Monday 3rd June  
**Event type:** Camping Weekend  
**Site:** Wandii Progress Association  
302 De Haer Rd, Wandii  
**Steward:** Nathan Blacktower  
**Time:** Site Open for setup from 12 pm Friday 31st  
Onsite from 3 pm Friday 31st  
Event Closed By 12 pm Monday 3rd  
Offsite 6 pm Monday 3rd  
**Bookings:** Close 19 May 2024  
[bookings@westernraids.lochac.sca.org](mailto:bookings@westernraids.lochac.sca.org)  
**Price:** Adult member - full event: \$105.00  
Adult member – Friday: \$20.00  
Adult member – Saturday: \$55.00  
Adult member – Sunday: \$50.00  
Youth (12-17) member - full event: \$50.00  
Youth (12-17) member – Saturday: \$25.00  
Youth (12-17) member – Sunday: \$20.00  
Child (5-11) member - full event: \$25.00  
Child (5-11) member – Saturday: \$12.50  
Child (5-11) member – Sunday: \$10.00  
Families (2 Adults & 2 or more children) receive a 15% discount.  
Non-member insurance fee of \$10 per adult / \$5 per child applies.

### **Greetings, noble travellers,**

Embark on a journey to the far western reaches of Lochac for an unforgettable weekend of medieval immersion at Western Raids! Join like-minded friends in a realm of adventure where the echoes of the past come alive.

### **Discover the Silk Road Markets:**

Step into a vibrant marketplace filled with treasures and delights inspired by the Silk Road. Browse through a myriad of wares, savour exotic treats, and immerse yourself in the rich tapestry of medieval craftsmanship.

### **Feats of Prowess and Competitions:**

Witness and partake in epic tournaments and displays of skill that will transport you back to an age of chivalry and honour. Engage in friendly competition, showcase your prowess, and claim glory on the battlefield.

### **Entertainment Beyond Imagining:**

Delight in the merriment of singing, dancing, and a myriad of medieval activities that will captivate your senses. Attend classes to hone your skills or learn ancient arts, ensuring that every moment is filled with enchantment.

### **Bardic Tales by the Fire:**

As the sun sets, gather around the flickering flames to share your best Bardic tales, songs, or performances. Warm your spirit with the camaraderie of fellow travellers and let the tales of old weave a spellbinding atmosphere.

### **Bookings Officer Assistance:**

For our esteemed travellers, our diligent bookings officer awaits your arrival to assist with any arrangements. Ensure a seamless experience by checking in and letting us cater to your needs with the utmost care and hospitality. Join us for a weekend where medieval history takes over, forge memories that will last a lifetime. Western Raids beckon, and the adventure awaits!

May your journey be swift and your heart filled with the spirit of medieval revelry!



# Baronial Activities

**Regular activities occur unless superseded by an event**

## **Baronial Council Meeting.**

3rd Friday of each month, room opens at 7pm for a 7:30pm start.  
Contact [Baron and Baroness](#)

## **Baronial Training**

Sunday from 10am. Lake Monger Primary School, Dodd St, Wembley

**Archery** . (Contact [Archery Marshal](#)).

**Armoured Training.** (Contact [Armoured Marshal](#)).

**Rapier Combat.** (Contact [Rapier Marshal](#)).

## **Combined Training and Arts & Sciences**

2nd Sunday of each month. 10am to 1pm  
Spearwood Primary School, 73 Gerald St, Spearwood

## **Darlington Arts & Sciences**

4th Saturday's of the month. (usually) 10am to 1pm

Darlington Hall, 3 Owen Road Darlington

Contact: [kerryn@ladybirdpainting.com.au](mailto:kerryn@ladybirdpainting.com.au)

## **Canton of Dragon's Bay**

Please check the [Dragon's Bay website](#) for details

## **Other non-SCA events of interest**

Music and Singing. For times and venues, contact [Lady Isabel](#).

Scribes. Tuesday nights. Contact **Mistress Leonie**

Dancing is on the 1st and 3rd Wednesdays of each month.

Contact [Baroness Elizabeth](#).

## **Event Booking Policy**

Payment for all bookings must be made in advance of the event by the date advised in the booking confirmation email. If payment is not received by the due date your booking will be cancelled.

Payment may be made either online or at any Westpac bank branch.

## **Event Cancellation/Refund Policy**

Cancellation can be made at any time up to the close of bookings with a full refund provided for any event payment already made.

Cancellation after close of bookings will be accepted in the case of illness with a refund provided. Please contact the booking officer ASAP prior to the event.

Refunds (full or partial) for any other reason are at the discretion of the event steward together with the seneschal and/or reeve and will be dependant on expenses incurred.

Participants are reminded that if they are unwell or showing cold or flu-like symptoms, they must not attend.



# Local Lochac Guild Contacts

## Royal Fibre Guild of Lochac

For those interested in the arts, crafts and history of all textile matters. We encourage the doing, researching and teaching of fibre related skills as seen in pre 1600 cultures. We include weavers, spinners, dyers, cord makers, felters, knitters, njalbinders and lace makers.

**Contact** Baroness Elizabeth: [aneala@aneala.lochac.sca.org](mailto:aneala@aneala.lochac.sca.org)

## Royal Guild of Defence

Researching and teaching of the period martial arts of Europe, as detailed in the various extant fencing and wrestling manuals.

**Contact** Master Dameon Greybeard :[dameongreybeard@gmail.com](mailto:dameongreybeard@gmail.com)

## Worshipful Company of Broiderers

The aim of the Company is to advance the study and practice of pre-1600 AD European needlework in Lochac and in the Known World.

**Contact** Mistress Leonie de Grey: [degrey@fgcint.com](mailto:degrey@fgcint.com)

## Performers and Entertainers Guild of Lochac

This guild is dedicated to the promotion, encouragement, learning and performance of bardic, theatrical, instrumental and all other entertainment arts within an SCA context.

**Contact** Isabel: [genierachel@iinet.net.au](mailto:genierachel@iinet.net.au)

## Lochac Brewers Vintners and Imbibers Guild

We share a common interest in brewing and wine making as practiced in the Middle Ages, and the responsible consumption of said beverages.

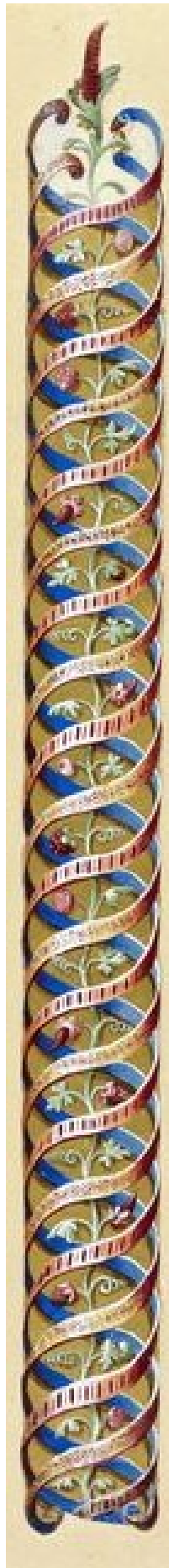
**Contact** Wolfgang:

## Lochac Cooks' Guild

Members of the Lochac Cooks' Guild aim to practice cooking in the style of the Medieval and Renaissance periods, research and study period cooking and make available information on all aspects of period cooking as it pertains to the Society for Creative Anachronism

**Contact:** Bella Valori [kerryn@ladybirdpainting.com.au](mailto:kerryn@ladybirdpainting.com.au)



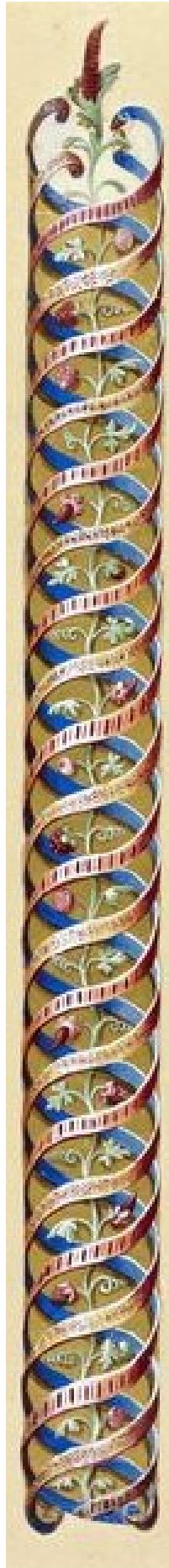


# SCA Group Websites

Barony of Aneala (Perth, WA)	<a href="http://aneala.lochac.sca.org">aneala.lochac.sca.org</a>
Canton of Dragons Bay	<a href="http://dragonsbay.lochac.sca.org">dragonsbay.lochac.sca.org</a>
College of St Basil the Great (UWA)	<a href="http://stbasil.lochac.sca.org">stbasil.lochac.sca.org</a>
Kingdom of Lochac (Australia & New Zealand)	<a href="http://lochac.sca.org">lochac.sca.org</a>
SCA Corporate (Australia)	<a href="http://sca.org.au">sca.org.au</a>
SCA Corporate (World-wide)	<a href="http://sca.org">sca.org</a>



TACUINUM SANITATIS.  
14TH CENTURY.  
MEDIEVAL HANDBOOK OF HEALTH.  
BOAR HUNTING. FOLIO 96R



# About the Vine

This is the April 2024 issue of the Vine (Volume 30, Issue 12), a publication of the Barony of Aneala, the Society for Creative Anachronism, Inc. (SCA, Inc.).

The Vine is available from Aneala's web site <http://aneala.lochac.sca.org>. It is not a corporate publication of SCA, Inc. and does not delineate SCA, Inc. policies. The official newsletter for the Society in Australia is Pegasus, which is available from the Registrar at: [registrar@lochac.sca.org.au](mailto:registrar@lochac.sca.org.au)

The closing date for submissions to The Vine is the third Sunday of the month. Advertising, including event flyers should preferably be in Word format. Please send original source documents and associated images separately.

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