

The Vine

VOLUME 31 ISSUE 1
MAY AS LIX / 2024

HAPPY NEW YEAR



ILLUMINATED LETTER O

Regnum



KING & QUEEN OF LOCHAC
AONGHUS MAC GRIOGAIR MHIC RAGHNAILL &
GINEVRA LUCIA DI NAMORAZA



PRINCE & PRINCESS OF LOCHAC
SIR BAIN OF STORNOWAY & BARONESS IGLESIA DELAMERE

BARON AGOSTINO & BARONESS ELIZABETH
ANEALA@ANEALA.LOCHAC.SCA.ORG

CHAMPION OF THE SWORD
CHAMPION OF THE BOW
CHAMPION OF THE RAPIER
CHAMPION OF ARTS & SCIENCES
BARD OF ANEALA
PAGE OF ANEALA

LORD DINO DE MALTA
LADY LEOFLAEDA AELFWYNNSDOHTIR
NOBLE CAMILLE MAUPIN D'FRANCOIS
SIR ANDRE DE MONTSEGUR
HON GWYN CANTOR
COOPER OF ANEALA



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Youth Officer
Vacant
youth@aneala.lochac.sca.org



Baronial Missive



Greetings to the Populace of Aneala,

Happy new year! In the SCA, our new year starts on May Day aka the 1st of May. It is now Anno Societatis 59, or ASLIX.

The first weekend in May also brings with it a Coronation. On the 4th of May we will welcome King Bain and Queen Iglesia to the thrones of Lochac. The Coronation will take place in the Barony of Southron Gaard. We will be at the This Means WAR!! event that weekend, so we look forward to raising a toast to the incoming Crown from afar while we enjoy camaraderie and revelling around a campfire!

We spent most of the month of April gallivanting our way around the Eastern side of Lochac. While much of our trip was mundane (we showed off the baby to various family members) we also had the great pleasure of attending Rowany Festival from April 17th to April 22nd.

Their Majesties King Aonghus and Queen Ginevra bestowed many, many awards on the populace of Lochac at Rowany Festival. We are delighted to report that some of those awards went to members of Aneala. When you next see these people, please offer your congratulations to:

Sir Nathan Blacktower – Camera Obscura

Lady Rosamond de Montfort – Order of the Hand and Needle

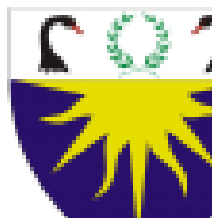
And although he doesn't live here in Aneala anymore, we know many will wish to know that Hauptmann Jochen Schwalbe was elevated to the Order of the Pelican.

While at Rowany Festival, we had the opportunity to speak with the Crown of Lochac. We informed Their Majesties that we are ready to step down as Baron and Baroness of Aneala. At this stage there is no specific date or timeline: the process will be announced shortly. Please feel free to talk with us about this change and process, especially if you are thinking about applying for the position.

We look forward to seeing you at an upcoming event, and perhaps raising our voices in song together around a campfire in the near future.

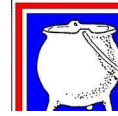
Yours in Service,

Baron Agostino and Baroness Elizabeth





Lochac Cooks Guild



Genovese Tart

This is a wonderful tart of greens and cheese and makes a great side dish or stand alone pie.

Country: Germany Century: 16th

- 1 bunch spinach
- 1/2 bunch chard leaves
- 1 quart milk
- 1/2 c. vinegar
- 4 oz parmesan cheese
- 1-2 oz olive oil
- pie crust

Heat milk until it reaches about 180 degrees (when small bubbles begin to form). Remove the milk from heat and stir in vinegar. Leave to sit and then strain curds through a cheesecloth. Blanch spinach chard leaves in hot water (put them in just long enough to begin to wilt - about 15-20 seconds. Shred the blanched greens. Mix the greens, cheese curds and parmesan together and put into the pie crust. Sprinkle with olive oil and bake at 350°F for about 40 minutes, or until it has set and begins to brown.

*Frozen chopped spinach can be used as an alternative to blanching fresh vegetables.

**Tart is good covered (as the original recipe specifies) or as an open tart.

Original Recipe Sources

Source [[Das Kuchbuch der Sabina Welserin](#) , T. Gloning (transcr.)]: *30 To make Genovese tart. Take eighteen ounces of chard or spinach, three ounces of grated cheese, two and one half ounces of olive oil and the fresh cheese from six ounces of curdled milk. And blanch the herbs and chop them small and stir it all together and make a good covered tart with it.*





Fencing Marshal

Master Don Donnchadh Baillie



The Use of Spears in Combat

(This article is to provide a brief overview of the use of the spear in combat. It is not intended as a how to article on the use of spear in SCA Fencing, however I shall follow up with such an article in the near future)

The use of spears in combat has been a prevalent and effective tactic throughout human history, spanning across various cultures and civilizations. Spears, as weapons, are characterized by their long shafts, typically made of wood, and a sharp, pointed head, often made of metal or bone. This design provides several advantages in combat, making them a versatile and formidable weapon.

Firstly, the length of the spear provides a significant reach advantage over shorter weapons like swords or axes. This extended reach allows the wielder to strike an opponent from a safer distance, reducing the risk of injury from counterattacks. In addition, the longer reach enables the spear user to engage multiple opponents simultaneously, as they can maintain a safe distance from each adversary while still being able to strike them.

Secondly, the spear's design allows for a variety of combat techniques and maneuvers. The wielder can use the spear's shaft to block or parry incoming attacks, while also using the point to thrust or stab at the opponent. Furthermore, the spear's length enables the user to perform sweeping strikes, which can be used to knock an opponent off balance or to create an opening for a follow-up attack.

Thirdly, the spear's design makes it a highly adaptable weapon, suitable for different combat scenarios. In open field battles, spears can be used in large formations to create a wall of spear points that is difficult for the enemy to penetrate. It is highly effective against cavalry and also by cavalry. In more confined spaces, such as city streets, the spear's length can be used to great effect, allowing the wielder to strike at opponents from a distance while avoiding obstacles.

Lastly, the spear's construction is relatively simple and inexpensive, making it accessible to a wide range of warriors. The materials required to make a spear are readily available in most environments, and can be easily repaired or replaced if damaged in combat. This accessibility has contributed to the widespread use of spears throughout history, as they have been employed by soldiers, hunters, and even civilians in times of conflict.

The use of spears in combat has been a prevalent and effective tactic throughout human history, owing to their extended reach, versatile design, adaptability to different combat scenarios, and accessibility. The spear's enduring popularity as a weapon is a testament to its effectiveness and the skill of those who wield it.



DARLINGTON MONTHLY A&S SATURDAYS

We have booked our new monthly dates for 2024.

Darlington Hall
1/3 Owen Road Darlington
10am to 1pm

\$3 per adult. Minors free.
Non-members Add \$10 per Adult, \$5 per Minor.
Please bring correct change if paying cash.
Electronic payments are fine.

May 25th
June 22nd
July 27th
August 24th
September 28th
October 19th
November 23rd
December 14th

Master Donnchadh, Provost, will be running Fencing Guild Classes from 10:30am to 12:30am each month.

“Fencing training at Darlington A&S is dedicated to Guild Training. Fencing activities will be concentrating on Period fencing techniques from different treaties and preparation as pertaining to the successful playing of Guild prizes of different ranks.”

Cooks Guild activities are also being planned.

If anyone would like to run a class this year, on the topic of their choice, please contact me so we can advertise and make it happen. We would like classes to be a regular activity but are equally happy if you just want to come along to socialise and work on your own projects.

Bella Valori
Darlington A&S Steward
kerryn@ladybirdpainting.com.au

THIS MEANS WAR!!!

Date: 3rd to 5th May
Event type: Camping & War
Site: Bartram Rd, Jelcobine WA (off Brookton Hwy).
Steward: [Leoflaeda AElfwynnesdohter](#)
Time: Arrival/setup from 4pm Friday
War scenarios from 9am Saturday
Hunt (target archery) from 1:30pm Saturday
War scenarios from 10am Sunday
Sunday afternoon pack up/ travel - off site by 5pm.
Bookings: Close 27th April
bookings@aneala.lochac.sca.org
Price: Full event: \$45 adults,
\$20 10-17yo,
Under 10 free
Saturday only: \$20/\$10
Sunday only: \$10/\$5
Non-members add \$10 adults, \$5 minors

Courageous gentles are invited to load up their beasts of burden and journey out to Aneala's beleaguered Eastern border post, where you can spend a delightful weekend AT WAR...ensuring our populace can continue to sleep safe in their beds! A fabulous opportunity to polish up your skills (not to mention equipment) before the inevitable raiding season truly gets underway...

This is a rustic camping event (powered sites available), catered from Friday dinner to Sunday lunch. Please enquire for a discounted price if you prefer to self-cater.





WESTERN RAIDS

<https://westernraids.lochac.sca.org/>

Date: Friday 31st May to Monday 3rd June
Event type: Camping Weekend
Site: Wandii Progress Association
302 De Haer Rd, Wandii
Steward: Nathan Blacktower
Time: Site Open for setup from 12 pm Friday 31st
Onsite from 3 pm Friday 31st
Event Closed By 12 pm Monday 3rd
Offsite 6 pm Monday 3rd
Bookings: Close 19 May 2024
bookings@westernraids.lochac.sca.org
Price: Adult member - full event: \$105.00
Adult member – Friday: \$20.00
Adult member – Saturday: \$55.00
Adult member – Sunday: \$50.00
Youth (12-17) member - full event: \$50.00
Youth (12-17) member – Saturday: \$25.00
Youth (12-17) member – Sunday: \$20.00
Child (5-11) member - full event: \$25.00
Child (5-11) member – Saturday: \$12.50
Child (5-11) member – Sunday: \$10.00
Families (2 Adults & 2 or more children) receive a 15% discount.
Non-member insurance fee of \$10 per adult / \$5 per child applies.

Greetings, noble travellers,

Embark on a journey to the far western reaches of Lochac for an unforgettable weekend of medieval immersion at Western Raids! Join like-minded friends in a realm of adventure where the echoes of the past come alive.

Discover the Silk Road Markets:

Step into a vibrant marketplace filled with treasures and delights inspired by the Silk Road. Browse through a myriad of wares, savour exotic treats, and immerse yourself in the rich tapestry of medieval craftsmanship.

Feats of Prowess and Competitions:

Witness and partake in epic tournaments and displays of skill that will transport you back to an age of chivalry and honour. Engage in friendly competition, showcase your prowess, and claim glory on the battlefield.

Entertainment Beyond Imagining:

Delight in the merriment of singing, dancing, and a myriad of medieval activities that will captivate your senses. Attend classes to hone your skills or learn ancient arts, ensuring that every moment is filled with enchantment.

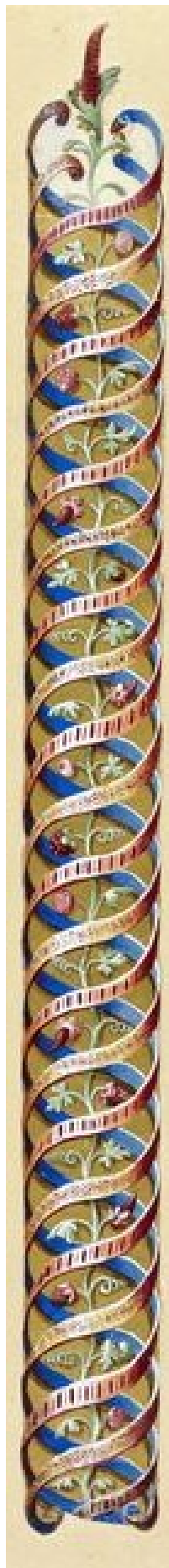
Bardic Tales by the Fire:

As the sun sets, gather around the flickering flames to share your best Bardic tales, songs, or performances. Warm your spirit with the camaraderie of fellow travellers and let the tales of old weave a spellbinding atmosphere.

Bookings Officer Assistance:

For our esteemed travellers, our diligent bookings officer awaits your arrival to assist with any arrangements. Ensure a seamless experience by checking in and letting us cater to your needs with the utmost care and hospitality. Join us for a weekend where medieval history takes over, forge memories that will last a lifetime. Western Raids beckon, and the adventure awaits!

May your journey be swift and your heart filled with the spirit of medieval revelry!



Baronial Activities

Regular activities occur unless superseded by an event

Baronial Council Meeting.

3rd Friday of each month, room opens at 7pm for a 7:30pm start.
Contact [Baron and Baroness](#)

Baronial Training

Sunday from 10am. Lake Monger Primary School, Dodd St, Wembley

Archery . (Contact [Archery Marshal](#)).

Armoured Training. (Contact [Armoured Marshal](#)).

Rapier Combat. (Contact [Rapier Marshal](#)).

Combined Training and Arts & Sciences

2nd Sunday of each month. 10am to 1pm
Spearwood Primary School, 73 Gerald St, Spearwood

Darlington Arts & Sciences

4th Saturday's of the month. (usually) 10am to 1pm

Darlington Hall, 3 Owen Road Darlington

Contact: kerryn@ladybirdpainting.com.au

Canton of Dragon's Bay

Please check the [Dragon's Bay website](#) for details

Other non-SCA events of interest

Music and Singing. For times and venues, contact [Lady Isabel](#).

Scribes. Tuesday nights. Contact **Mistress Leonie**

Dancing is on the 1st and 3rd Wednesdays of each month.

Contact [Baroness Elizabeth](#).

Event Booking Policy

Payment for all bookings must be made in advance of the event by the date advised in the booking confirmation email. If payment is not received by the due date your booking will be cancelled.

Payment may be made either online or at any Westpac bank branch.

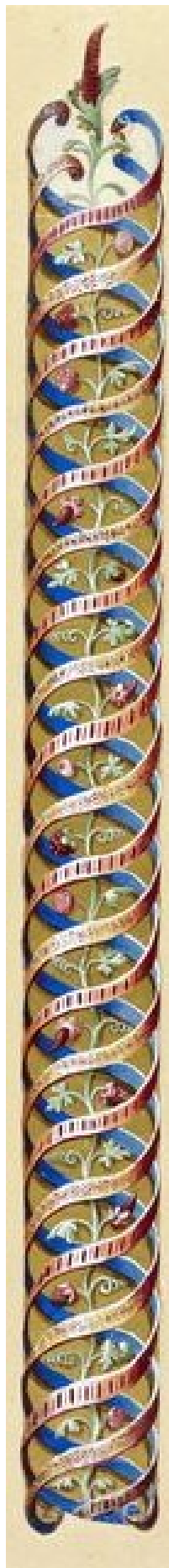
Event Cancellation/Refund Policy

Cancellation can be made at any time up to the close of bookings with a full refund provided for any event payment already made.

Cancellation after close of bookings will be accepted in the case of illness with a refund provided. Please contact the booking officer ASAP prior to the event.

Refunds (full or partial) for any other reason are at the discretion of the event steward together with the seneschal and/or reeve and will be dependant on expenses incurred.

Participants are reminded that if they are unwell or showing cold or flu-like symptoms, they must not attend.



Local Lochac Guild Contacts

Royal Fibre Guild of Lochac

For those interested in the arts, crafts and history of all textile matters. We encourage the doing, researching and teaching of fibre related skills as seen in pre 1600 cultures. We include weavers, spinners, dyers, cord makers, felters, knitters, njalbinders and lace makers.

Contact Baroness Elizabeth: aneala@aneala.lochac.sca.org

Royal Guild of Defence

Researching and teaching of the period martial arts of Europe, as detailed in the various extant fencing and wrestling manuals.

Contact Master Dameon Greybeard :dameongreybeard@gmail.com

Worshipful Company of Broiderers

The aim of the Company is to advance the study and practice of pre-1600 AD European needlework in Lochac and in the Known World.

Contact Mistress Leonie de Grey: degrey@fgcint.com

Performers and Entertainers Guild of Lochac

This guild is dedicated to the promotion, encouragement, learning and performance of bardic, theatrical, instrumental and all other entertainment arts within an SCA context.

Contact Isabel: genierachel@iinet.net.au

Lochac Brewers Vintners and Imbibers Guild

We share a common interest in brewing and wine making as practiced in the Middle Ages, and the responsible consumption of said beverages.

Contact Wolfgang:

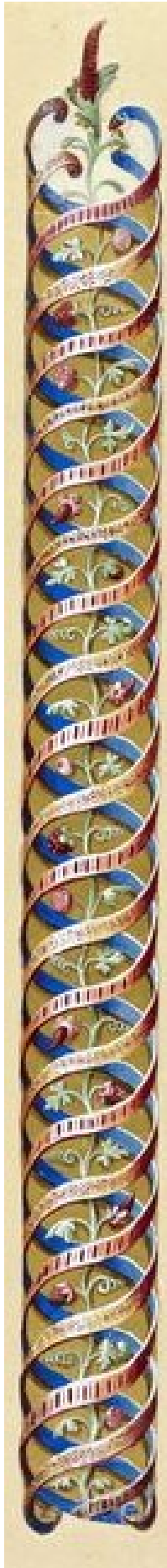
Lochac Cooks' Guild

Members of the Lochac Cooks' Guild aim to practice cooking in the style of the Medieval and Renaissance periods, research and study period cooking and make available information on all aspects of period cooking as it pertains to the Society for Creative Anachronism

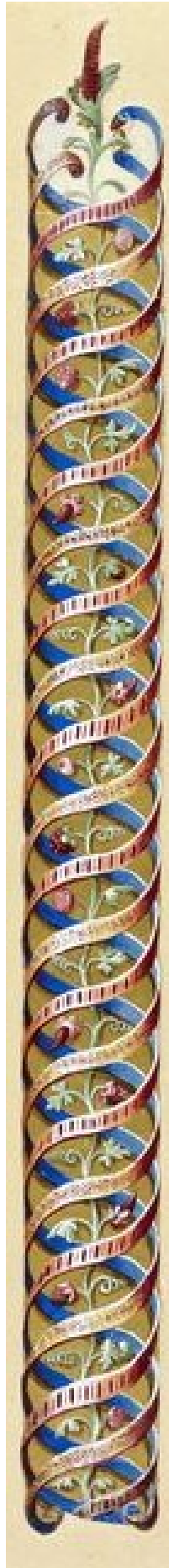
Contact: Bella Valori kerryn@ladybirdpainting.com.au

SCA Group Websites

Barony of Aneala (Perth, WA)	aneala.lochac.sca.org
Canton of Dragons Bay	dragonsbay.lochac.sca.org
College of St Basil the Great (UWA)	stbasil.lochac.sca.org
Kingdom of Lochac (Australia & New Zealand)	lochac.sca.org
SCA Corporate (Australia)	sca.org.au
SCA Corporate (World-wide)	sca.org



TACUINUM SANITATIS.
14TH CENTURY.
MEDIEVAL HANDBOOK OF HEALTH.
BOAR HUNTING. FOLIO 96R



About the Vine

This is the May 2024 issue of the Vine (Volume 31, Issue 1), a publication of the Barony of Aneala, the Society for Creative Anachronism, Inc. (SCA, Inc.).

The Vine is available from Aneala's web site <http://aneala.lochac.sca.org>. It is not a corporate publication of SCA, Inc. and does not delineate SCA, Inc. policies. The official newsletter for the Society in Australia is Pegasus, which is available from the Registrar at: registrar@lochac.sca.org.au

The closing date for submissions to The Vine is the third Sunday of the month. Advertising, including event flyers should preferably be in Word format. Please send original source documents and associated images separately.

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<https://www.tania-crossingham.com/illuminated-letters-gallery>

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