

The Vine

VOLUME 31 ISSUE 3
JULY AS LIX / 2024



ILLUMINATED LETTER T

Regnum



KING & QUEEN OF LOCHAC
SIR BAIN OF STORNOWAY & BARONESS IGLESIA DELAMERE



BARON AGOSTINO & BARONESS ELIZABETH
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CHAMPION OF THE SWORD
CHAMPION OF THE BOW
CHAMPION OF THE RAPIER
CHAMPION OF ARTS & SCIENCES
BARD OF ANEALA
PAGE OF ANEALA

LORD DINO DE MALTA
LADY LEOFLAEDA AELFWYNNSDOHTIR
NOBLE CAMILLE MAUPIN D'FRANCOIS
SIR ANDRE DE MONTSEGUR
HON GWYN CANTOR
COOPER OF ANEALA



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Baronial Missive



Greetings to the Populace of Aneala,

We hope you're keeping warm this winter!

This month has been a little quiet as we all took some much-needed time for rest and recuperation after Western Raids at the start of the month. (See last month's Baronial Missive for information about the business we conducted at Western Raids.)

One thing that has been progressing in the Barony is the changeover process to find a new Baron and Baroness of Aneala. On the 29th of June, nominations closed. Well done to all those who sent their nomination letters in on time! The Crown will be taking two weeks now to consider the applications, before candidates are announced on July 13th. We will then have four weeks to "meet and greet" the candidates and ask them questions, before feedback is requested in August. Baronial Investiture is scheduled for the 2nd – 3rd of November; if you would like to run this event, please get in touch.

Coming up early in August is a staple of Aneala's calendar: Midwinter! We couldn't possibly advertise it any better than the steward herself, so...

"Feeling disheartened by the mid-winter chill? Obligated to travel through the rain and sleet? Lift your spirits—and your tankards—with a spell in the welcoming warmth of Aneala's finest hostelry. Enjoy a hearty, warming meal, song and merriment, contests of skill and games of chance. Doff your cloaks and quaff your drinks—we'll be living it up at the Rose & Unicorn!"

The Rose & Unicorn Midwinter Tavern will be "open for business" on the 3rd of August. Details will be available on the Calendar page <https://aneala.lochac.sca.org/calendar/> (although they are not yet available at the time of writing this missive).

Other events coming up include:

7th – 8th September – Golden Thimble

21st – 22nd September – Anealan Baronial Championship

That's it from us this month – we look forward to seeing you at Midwinter, if not before!

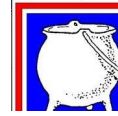
Yours in Service,

Baron Agostino and Baroness Elizabeth





Lochac Cooks Guild



Garlic Sauce

Here is the recipe for the garlic sauce served at Western Raids with roast beef.

This recipe is found in *The Medieval Kitchen Recipes from France and Italy*, Odile Redon, Francoise Sabban & Silvano Serventi (Translated by Edward Schneider) University of Chicago Press 1998

Garlic sauce for all meats: take the garlic and cook it in the embers, then pound it thoroughly and add raw garlic and crumbs for bread, and sweet spices, and broth; and mix everything together and boil it a little, and serve hot.

The redacted recipe in the book calls for 20 cloves of garlic (18 cooked and 2 raw), 1/2 cup of dry breadcrumbs (40 gms), 1 cup of broth (250 ml) and a spice mixture of 1/4 tsp ground ginger, 1/4 tsp ground cinnamon, a pinch of ground cloves, and salt.

I wanted to make a sauce which would be gluten and ginger free, as well as vegetarian, so everyone except those who can't eat garlic could try it. I was also cooking for 130 people, which is lot a garlic to peel.

Here is my version of the recipe

100 gm of unpeeled garlic cloves
40 g of fresh gluten free breadcrumbs (Sourdough is also good if you don't need to be GF)
250 ml stock (I used a Massel Beef style vegan stockcube in 250 ml of hot water)
1/2 tsp allspice
salt

If the garlic is in bulbs, break up into individual cloves, then wrap in aluminium foil and bake in the oven at 180 C for 30 minutes. Let the garlic cool, then peel the cloves. They will be very soft.

Soak the breadcrumbs in about 100 ml of the stock.

Put the garlic, soaked breadcrumbs and spice into a blender or mortar, and puree to a smooth creamy paste, adding more stock if necessary. Put in a small saucepan and bring to the boil, add salt to taste, and more stock depending on how thick you like the sauce.

Serve hot

Enjoy with any roast meat, or with roasted vegetables

Leonie de Grey





Fencing Marshal

Master Donnchadh Baillie



Western Raids was held in Aneala during the first weekend of June AS LIX – 2024.

Fencing was a big part of the weekend as usual. We trialed a different format to our regular type of Rapier tournaments. Friday evening saw Rapier challenges by fire-light in the Holmgang style. (Holmgang is a duel practiced by early medieval Scandinavians. It was a legally recognized way to settle disputes. The name holmgang may derive from the combatants' duelling on a small island, or holm, as they do in the saga of Egill Skallagrímsson, alternatively figuratively in reference to an arena. [Wikipedia](#))

On Saturday we held the inaugural Western Raids Cut and Thrust Tournament which attracted a respectable eight C&T authorised fencers from around the Kingdom as well as from other groups. The format for the tournament was round robin, best of three passes with simul kills counting as a loss for both fencers. This meant fencers had to be fighting defensively to stay alive while seeking the win. The winner, who was able to stay alive the most, was Chrettiene de lu Pont. My hope is for C&T to become a regular tournament feature and ideally next year will be even bigger and better.

To give opportunity for as much fencing as possible, there was also held a Challenge style tournament allowing fencers to make challenges during the entire weekend in any of the approved fencing forms, being Rapier, Cut and Thrust or RBG Duels.

Challenges could be made to any fencer for multiple passes, simul kills were counted as a loss to both fighters, with the winner of the challenge being the fencer with the most wins.

To ensure all fencers had fun, no challenges could be made to the same opponent unless ALL entrants had been challenged.

The ultimate winner of the challenge tournament was Aesa Draumspakr, visiting from Innlghard, with 96 challenge passes and overall winner of the most Rounds. Marx Lamprecht fought an impressive 102 challenge passes over the weekend and Thorfin of Uhfahol closely followed with 83 challenge passes.

This format proved so popular with the entrants that I hope it becomes a permanent tournament fixture at Western Raids.

After dodging the threatening rain on the final day, the fencing activities were wrapped up with a morning of war/melee scenarios. It was exciting to see both RBG's and spears on the war field and has inspired some fencers to make their own RBG's so next year we should see more firearms on the field of combat.

Congratulations to all Fencers who participated, had fun and didn't hurt their friends. Huzzah!!!

YiS
Master Donnchadh



DARLINGTON MONTHLY A&S SATURDAYS

We have booked our new monthly dates for 2024.
Darlington Hall, 1/3 Owen Road Darlington. 10am to 1pm

MEMBERS: Adults \$3, Minors free.
NON-MEMBERS Adults \$13, Minors \$5.
Please bring correct change if paying cash. EFT payments accepted.

July 27th Dame Edith: Illumination Class
August 24th
September 28th
October 19th
November 23rd
December 14th

Master Donnchadh, Provost, will be running Fencing Guild Classes from 10:30am to 12:30am each month.

“Fencing training at Darlington A&S is dedicated to Guild Training. Fencing activities will be concentrating on Period fencing techniques from different treaties and preparation as pertaining to the successful playing of Guild prizes of different ranks.”

Cooks Guild activities are also being planned.

If anyone would like to run a class this year, on the topic of their choice, please contact me so we can advertise and make it happen. We would like classes to be a regular activity but are equally happy if you just want to come along to socialise and work on your own projects.

Bella Valori
Darlington A&S Steward
kerryn@ladybirdpainting.com.au

UPCOMING EVENTS

Make your own Medieval Sewing Kit

7th July at Wandí (Dragons Bay training) and continuing at Spearwood on 14th July

7th – 8th September – Golden Thimble

21st – 22nd September – Anealan Baronial Championship

2nd – 3rd of November—Baronial Investiture

MIDWINTER ROSE & UNICORN TAVERN

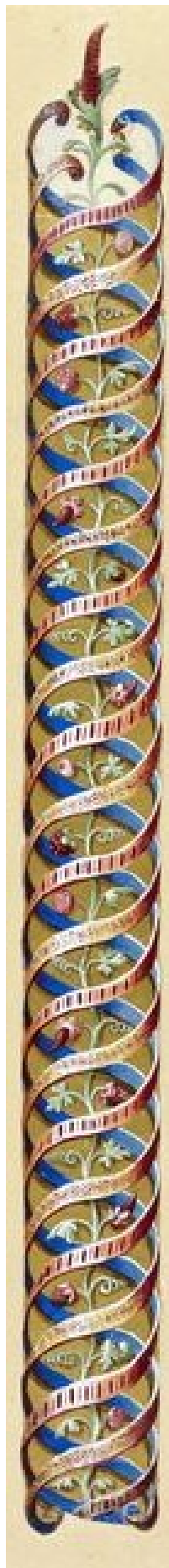
Date:	Saturday 3rd of August
Event type:	Tavern & games night
Site	Inglewood Freemasons Hall 23 Carrington St Inglewood
Steward	Leoflaeda AElfwynnesdohter
Head Cook	Bella Romana Valori
Time	Set up 5pm Event starts 6pm 1st course 6:30pm Vacate by midnight
Bookings	Close Friday 26th July bookings@aneala.lochac.sca.org
Price	\$30 Adults \$15 Minors, Under 6yrs free Non-members add \$10 adults & \$5 minors.

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Arts & Sciences comp: gameboards (more info to come)

And a "Nailed it" food sublttie comp chosen by popular vote.
Eg. Gingerbread hedgehog with large lolly teeth.
We will judge them, then eat them! Get badly creative!





Baronial Activities

Regular activities occur unless superseded by an event

Baronial Council Meeting.

3rd Friday of each month, room opens at 7pm for a 7:30pm start.
Contact [Baron and Baroness](#)

Baronial Training

Sunday from 10am. Lake Monger Primary School, Dodd St, Wembley

Archery . (Contact [Archery Marshal](#)).

Armoured Training. (Contact [Armoured Marshal](#)).

Rapier Combat. (Contact [Rapier Marshal](#)).

Combined Training and Arts & Sciences

2nd Sunday of each month. 10am to 1pm
Spearwood Primary School, 73 Gerald St, Spearwood

Darlington Arts & Sciences

4th Saturday's of the month. (usually) 10am to 1pm

Darlington Hall, 3 Owen Road Darlington

Contact: kerryn@ladybirdpainting.com.au

Canton of Dragon's Bay

Please check the [Dragon's Bay website](#) for details

Other non-SCA events of interest

Music and Singing. For times and venues, contact [Lady Isabel](#).

Scribes. Tuesday nights. Contact **Mistress Leonie**

Dancing is on the 1st and 3rd Wednesdays of each month.

Contact [Baroness Elizabeth](#).

Event Booking Policy

Payment for all bookings must be made in advance of the event by the date advised in the booking confirmation email. If payment is not received by the due date your booking will be cancelled.

Payment may be made either online or at any Westpac bank branch.

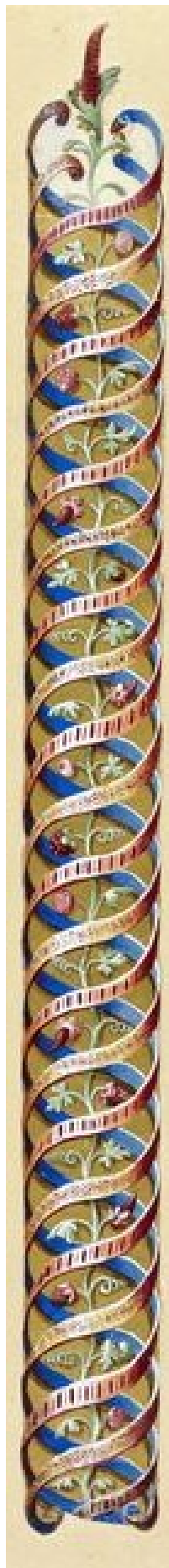
Event Cancellation/Refund Policy

Cancellation can be made at any time up to the close of bookings with a full refund provided for any event payment already made.

Cancellation after close of bookings will be accepted in the case of illness with a refund provided. Please contact the booking officer ASAP prior to the event.

Refunds (full or partial) for any other reason are at the discretion of the event steward together with the seneschal and/or reeve and will be dependant on expenses incurred.

Participants are reminded that if they are unwell or showing cold or flu-like symptoms, they must not attend.



Local Lochac Guild Contacts

Royal Fibre Guild of Lochac

For those interested in the arts, crafts and history of all textile matters. We encourage the doing, researching and teaching of fibre related skills as seen in pre 1600 cultures. We include weavers, spinners, dyers, cord makers, felters, knitters, njalbinders and lace makers.

Contact Baroness Elizabeth: aneala@aneala.lochac.sca.org

Royal Guild of Defence

Researching and teaching of the period martial arts of Europe, as detailed in the various extant fencing and wrestling manuals.

Contact Master Dameon Greybeard :dameongreybeard@gmail.com

Worshipful Company of Broiderers

The aim of the Company is to advance the study and practice of pre-1600 AD European needlework in Lochac and in the Known World.

Contact Mistress Leonie de Grey: degrey@fgcint.com

Performers and Entertainers Guild of Lochac

This guild is dedicated to the promotion, encouragement, learning and performance of bardic, theatrical, instrumental and all other entertainment arts within an SCA context.

Contact Isabel: genierachel@iinet.net.au

Lochac Brewers Vintners and Imbibers Guild

We share a common interest in brewing and wine making as practiced in the Middle Ages, and the responsible consumption of said beverages.

Contact Wolfgang:

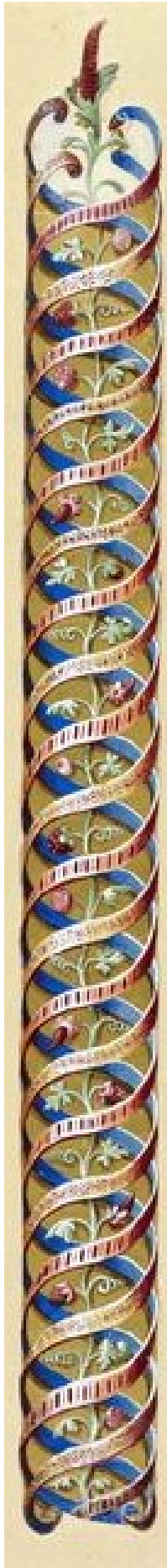
Lochac Cooks' Guild

Members of the Lochac Cooks' Guild aim to practice cooking in the style of the Medieval and Renaissance periods, research and study period cooking and make available information on all aspects of period cooking as it pertains to the Society for Creative Anachronism

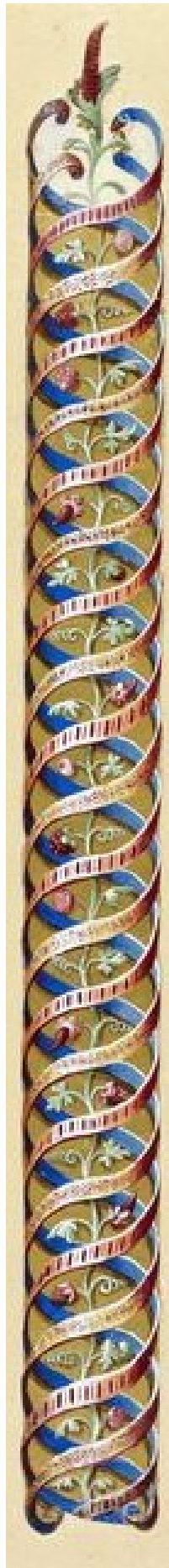
Contact: Bella Valori kerryn@ladybirdpainting.com.au

SCA Group Websites

Barony of Aneala (Perth, WA)	aneala.lochac.sca.org
Canton of Dragons Bay	dragonsbay.lochac.sca.org
College of St Basil the Great (UWA)	stbasil.lochac.sca.org
Kingdom of Lochac (Australia & New Zealand)	lochac.sca.org
SCA Corporate (Australia)	sca.org.au
SCA Corporate (World-wide)	sca.org



TACUINUM SANITATIS.
14TH CENTURY.
MEDIEVAL HANDBOOK OF HEALTH.
BOAR HUNTING. FOLIO 96R



About the Vine

This is the July 2024 issue of the Vine (Volume 31, Issue 3), a publication of the Barony of Aneala, the Society for Creative Anachronism, Inc. (SCA, Inc.).

The Vine is available from Aneala's web site <http://aneala.lochac.sca.org>. It is not a corporate publication of SCA, Inc. and does not delineate SCA, Inc. policies. The official newsletter for the Society in Australia is Pegasus, which is available from the Registrar at: registrar@lochac.sca.org.au

The closing date for submissions to The Vine is the third Sunday of the month. Advertising, including event flyers should preferably be in Word format. Please send original source documents and associated images separately.

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<https://www.tania-crossingham.com/illuminated-letters-gallery>

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