The Vine

Volume 33 Issue 4
September AS LXI 2026

Baron Donnchadh, Lord Chrétien de l'Eau Dupont and Baroness Bella
Dragons Bay Collegia—Chretien - Provost

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Champion of the Sword	Lord Dino de Malta
Champion of the Bow	Lord Chrétien de l'Eau Dupont
Champion of the Rapier	Lord Marx Lamprecht
Champion of the Arts & Sciences	Lady Romana Wahlburga
Bard of Aneala	Lady Leoflaeda Aelfwynnesdohter
Page of Aneala	Skye of Aneala

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SEEKING NEW OFFICERS
CAPTAIN OF ARCHERS
YOUTH OFFICER

Baronial Missive

Warm greetings from Baroness Bella Valori and Baron Donnchadh Baillie to Our beloved populace of Aneala, Dragons Bay and College of St Basil the Great.

Last weekend it was Our great pleasure to attend Dragons Bays A&S Collegia, stewarded by Dame Edith Penrose. It was a 2 day extravaganza of classes across a wide range of subjects. Cooking, scribal arts, sewing, dance, leather work and pewter casting being just some of the classes on offer. We offer our heartfelt thanks to all who gave their time to teach, attend classes and help with logistics and cleaning. We hope these classes have helped to inspire you all to practice new skills, start many new projects and even enter A&S competitions.

On the Saturday morning of the Collegia there was held a Guild of Defence Prize for Lord Chrétien de l'Eau Dupont. He was examined by Guildmaster Dameon Greybeard, Provost Donnchadh Baillie and Provost Pantero Pantera Valembrosa.
We are delighted to announce that Lord Chretien was successful has attained the rank of Provost in the Guild of Defence. Huzzah!!!

Now good populace, it is September and in a few short weeks Championship will be upon us! We are eager to see who will become Our new Champions of the Sword, Rapier, Bow and Arts & Sciences. We will also be seeking to fill the positions of Bard of Aneala as well as Page of Aneala.

Saturday's activities include contests for Page of Aneala, Guild of Defence Prizes, the Armoured Tournament after lunch, followed by the Baroness' Rose Challenges (time permitting) then the Bard of Aneala competition in the evening.

Sunday morning will see the Archery Tournament held in the morning on the oval and we invite all archers to enter the IKAC, even if not entering the Championship.

After lunch the Fencing Tournament will be held, followed by the Baroness' Rose Challenges (time permitting). We will then hold court at 6pm to induct Our new Champions at the beginning of what is sure to be a sumptuous Victory Feast.

We encourage you all to book and secure your place at this historic event and invite you to send us your Letter of Intent if you would like the opportunity to become an honoured Champion of Aneala. Bookings and Letters are required by 11th September.

We wish to award our populace! Please tell us who is working on A&S projects, involved in running events, helping people, teaching etc. It is not possible for us to see everything so we rely on you all to dob people in for good stuff!

We look forward to seeing you all at Championship!

Donnchadh Baron

Bella Baroness

Bella and Donnchadh, Baroness and Baron of Aneala send greetings to Our fair Populace of Aneala, Canton of Dragons Bay and the mighty College of St Basil the Great.

We wish to inform you of the competition formats Our Champions have devised to find their successors so that you may settle your mind and hone your skills in preparation for the exciting contests to come.

Armoured Tournament

The Armoured Tournament will be in the following format. There will be 3 rounds and each round will be a round robin

First Round
Each combatant shall fight with Weapon and Shield

Second Round
Each combatant will fight with a Two Handed weapon such as Longsword, Glaive, Poleaxe etc

Third Round
Each combatant will use a different weapon combination for each opponent using each combination only once

Lord Dino de Malta
Champion of the Sword

Fencing Tournament

The time has come to hand over my position as Baronial Fencing Champion. This year's fencing championship will consist of three rounds. Each round will be fought as a round robin, to either a best of three passes, or single kill, depending on numbers and timing. Double-kills will be considered a loss against both parties.

Round 1 – As a baronial champion, it is your responsibility to defend the barony and its populace. The first round will require you to demonstrate your skills with defensive tools – you must carry a defensive device such as a buckler, cloak, baton, etc.

Round 2 – The second round will adopt a more classical duel format, and be contested with single swords only.

Round 3 – A champion should be well versed in a variety of weapon forms. You may pick your weapon combination. However, you may not repeat each weapon combination in successive rounds.

If a final is required, the format will be decided on the day in consultation with Their Excellencies.

I look forward to seeing our fencers vie for the position through their displays of prowess and honour. Please register your intention to enter with their excellencies by Friday, 11 September.

In service to the path of the sword,
Marx Lamprecht
Champion of the Rapier

Archery Tournament

Stage 1. Standard IKAC

Stage 2. The SCA archery walking shoot format, often referred to as a Turn & Shoot. Archers must pace off a set distance (typically starting at 30, 20, and 10 yards), shoot a minimum number of arrows (usually two) at each stage, and then advance to the next closer range.

Key rules for this format include: Mobility Requirement: Archers cannot advance until they have loosed the required minimum arrows at the current distance, though they may choose to stay longer.

Time Limits: The entire advancing round is typically limited to 90 seconds, with speed ends at each stage allowing unlimited shots within a 60-second limit.

Safety & Marshaling: Due to the complex nature of movement, at least three Range Marshals are required: one to walk with the archers, one at a distance greater than the pacing marshal to monitor safety, and one at an angle to ensure archers remain on parallel lines.

Scoring: Shots to the face or heart count for 4 points, while body/head shots count for 2 points. Arrows skipping off the ground into the target are scored as 0.

Chrétien de l'Eau Dupont
Archery Champion

Arts & Sciences Championship

To qualify you must present three separate entries.
These can be entries from previous competitions held since last Championship, all three can be new entries on the day, or a mix of the two.
Each must be a different type of Art or Science.
E.g. Painting, sewing and cooking
The categories for the weekend are Open & Animals
Judging will take place on Saturday.

Lady Romana Wahlburga
Champion of Arts & Sciences

Page of Aneala Competition

This year Baron Donnchadh and I would like to test our potential Pages in a variety of ways

Defence:	Boffa Combat
Creativity:	Painting a list shield
Service:	Cygnet Mail delivery
	Attending the Baron & Baroness
	Helping in the kitchen

We highly encourage Page activities and other children's activities and service over the weekend be recorded for recognition in Cygnet Academy.

Bard of Aneala

Good gentlefolk all, with the rapid approach of Aneala's annual Championship weekend, it is almost time for me to hand on the solemn responsibilities and elaborate regalia of the Bard of Aneala.

To this end, after dinner on the evening of Saturday 26th September, we will hold a bardic circle (around the campfire, should conditions permit).
All who wish are most welcome to participate by contributing a song, story, sonnet, poem, play, performance, dance or demonstration of some form of entertainment - now would be an excellent time to start planning if you wish to put a group, or Merry Bande of Minstrelles, together - and performers will be asked to indicate if they wish their piece to be considered in the competition.
Then, as is Tradition, the populace shall decide who is best suited to bear the Bag of Bardic Bagatelles for the next year!

Leofsæda Ælfwynnes dohter
Bard of Aneala

We look forward to receiving your Letters of Intent to enter the Anealan Championship contests by Friday 11th September at close of bookings.
aneala@aneala.lochac.sca.org

Baroness Bella Romana Valori
Baron Donnchadh Baillie

Event

Aneala Championship 2026

25 - 28 September

Come one, come all to Aneala's Championship weekend!

There will be contests to find new Champions of the Sword, Rapier, Bow and Arts & Sciences as well as Bard and Page of Aneala.

A fully catered weekend with markets, children's activities, dancing and the grand Victory Feast.

Location **Ern Halliday Recreation Camp - 140 Whitfords Ave, Hillarys WA 6025**

Price

Full Event	Adult Dorm $170	Adult Tent $135
	Child Dorm $120	Child Tent $90
Day Rates	Friday Adult $25	Saturday Adult $60
	Sunday Adult $65	Monday Adult $20
	Friday Child $12.50	Saturday Child $30
	Sunday Child $32.50	Monday Child $10

Non members add $10 (adults) or $5 (under 18)

Steward Camille Maupin de Francois

Bookings To book please complete the event booking form.
https://form.typeform.com/to/otIDIYcy

Bookings Close: 11 September 2026

Aneala Championship A.S. LXI

Event Schedule

Day	Time	Activity	Location
Friday	16:00	Site Opens	
	18:00	Dinner	
Saturday	07:30	Breakfast	Hall
	09:00	Opening Court	List Field
	09:30	Childrens Boffer Tourney	
	10:30	Guild Prizes	
	12:00	Lunch	Hall
	13:00	Court	List Field
	13:30	Armoured Tournament	
	13:30	Cord Making Class	Next to List Field
	14:30	Childrens Shield Painting	TBA
	15:30	Baroness' Rose Challenges - Armoured	List Field
	17:30	Dinner	Hall
	19:30	Bardic Circle & Competition	Camp Fire
Sunday	07:30	Breakfast	Hall
	09:00	Court	Oval
	09:30	Archery Tournament	
	10:00	Kubb Game - All Ages	
	12:00	Lunch	Hall
	13:00	Court	List Field
	13:30	Fencing Tournament	
	13:30	Tassel Making Class	Next to List Field
	15:30	Baroness' Rose Challenges - Rapier	List Field
	14:30	Candle Making Class	Next to List Field
	18:00	Court	Hall
	18:30	Dinner	
Monday	07:30	Breakfast	Hall
	09:00	Guild Prizes	List Field
	10:00	Closing Court	Hall
	10:30	Pack Up	

Event Images - Dragons Bay Collegium

Images by Baroness Alazais Escoffier de Verdun

Lord Chrettienne de leu DuPont - Provost Prize

TO WHO ALL PROFESS SKILL AT ARMS LET IT BE KNOWN THAT:

We, Guild Master Dameon Greybeard and Provost Donnchadh Baillie did give leave and license to our Journeyman Chrétien de l'Eau Dupont to play their Provost Prize against all Provosts and Guildmasters, in all their subtle mysteries in the following weapons, viz:

Longsword, to Cut and Thrust conventions
Rapier and Buckler, to Cut and Thrust conventions
Single Rapier, to Rapier conventions
Rapier and Dagger, to Rapier conventions
and Italian Dagger as a demonstration and instruction in the period techniques.

This is to give notice that the candidate took the field this morning of Saturday 29th August AS LXI (2026) at Dragons Bay Collegia, Southern River College, prepared to perform their uttermost towards the achievement and bearing away of the Prize.
The candidate was examined following the Ordinances of the Lochac Guild of Defence by Guild Master Dameon Greybeard, Provost Donnchadh Baillie and Provost Pantero Pantera di Valembrosa.
After due consideration the examiners did agree that the candidate had successfully played the prize. Journeyman Chrétien de l'Eau Dupont was duly elevated to the rank of Provost and was awarded a new Blue sash of rank, made and worn by Provost Donnchadh Baillie.

LONG LIVE THE CROWN OF LOCHAC!!!

Cooks Guild

Italian Cherry Cheesecake

Master Bella Valori, Collegia August 2026

"Take the darkest cherries you can find, remove their stones, and grind them very well in a mortar, and take red roses chopped very finely with a knife, and a little fresh cheese and a little good aged cheese, adding spices, that is cinnamon, ginger, and a little pepper and some sugar; and you mix all these very well, adding to them also three or four eggs according to the quantity that you wish to make, and with the crust underneath, put it to cook gently in the pan. And when it is cooked, you sprinkle it with some sugar and rosewater."
- Libro de arte coquinaria by Maestro Martino da Como, 15th century

700 g fresh cherries, or 450 g pitted cherries
(I used tinned cherries in Syrup as fresh not available)
3 eggs
375 g fresh cheese, ricotta or similar
1/2 Cup sugar (add some extra sugar to taste if using fresh cherries)
1 1/2 teaspoons ginger
1 1/2 teaspoons cinnamon
1/4 teaspoon black pepper
2 tablespoons aged cheese, cheddar or parmesan etc
A handful edible red rose petals chopped fine, or 1 teaspoon rose water
Rose water, for topping
Powdered sugar, for topping
Shortcrust pastry sheet for base

Preheat oven to 180 C
Grease tart tin & blind bake pastry about 15 mins
(line pastry with baking paper and use baking beads or rice to keep pastry flat)
Remove cherry pits if using fresh
Grind cherries in mortar or use blender
Put ricotta in a bowl and mix in eggs
Add cherries and rest of ingredients and mix well
Pour into tart shell and bake 50 mins or until set.
Cool a bit then top with rose water and sugar.

Serve hot or cold.

Baronial Activities

Regular activities occur unless superseded by an event

Darlington Monthly A&S and Guild of Defence Training

Darlington Hall, 1/3 Owen Road Darlington.

10 am to 1 pm - Garb optional

Guild Fencing School 10:30am to 12:30

MEMBERS: Adults $3 Minors free. NON-MEMBERS: Adults $13 Minors $5.
Please bring correct change or EFT payments accepted.

2026 Dates

Saturday 19th Sept

17th Oct 28th Nov 19th Dec

I will bring my illumination stuff if anyone would like to try their hand at painting pretty things.

Got a personal project you want to work on? There are plenty of tables and chairs so we can spread out.

It's also great if you just want to come along to socialise and work on your own projects.

Great lawn and kids playground out the front of the hall and there is a lovely cafe over the road .

Hope to see you there!

Baroness Bella Romana Valori

The College of St Basil the Great

AT THE UNIVERSITY OF WESTERN AUSTRALIA

Armoured training	Wednesday at Oak Lawn* from 5pm!
Rapier training	Thursday at 5pm at Oak Lawn*. This will be followed by dinner at Broadway from around 7-8pm.
Arts and Sciences	Thursday at 8pm in room 2.10 at the new E-Zone 2.10 Building at UWA E-zone

*training may be relocated to the passageway beside oak lawn dependent on weather conditions. Updates will be provided in this case.

College officers - Executive

Seneschal (President): Chrome Hinton (They/Them) Contact: seneschal@stbasil.lochac.sca.org	**Deputy Seneschal** (Vice-President): Zosia Matraszek (She/Her) Contact: 24273849@student.uwa.edu.au
Reeve (Treasurer): Rilyn Hawkins (He/They) Contact: 24219869@student.uwa.edu.au	**Scribe** (Secretary): Phylicia Goh (She/He/They) Contact: 24122048@student.uwa.edu.au

Non-Executive

Novice (Fresher Rep): Jack Contact: 24985673@student.uwa.edu.au	**A&S Minister**: Phylicia Goh (She/He/They) Contact: 24122048@student.uwa.edu.au
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The Canton of Dragon's Bay

Please check the Dragon's Bay website for details

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	Herald Mistress Edith Penrose	seneschal@dragonsbay.lochac.sca.org

Canton Council Meeting	3rd Sunday of each month in-person at Wandi Community Centre (Contact the Seneschal to add items to the agenda.)
Armoured combat Rapier and Archery	**Every Sunday except for the second of the month or if an event is on. 9 am – 1 pm Wandi Community Centre, 302 DeHaer Rd, Wandi WA 6167**
Arts and Sciences	Arts and Sciences is the study of all things to do with medieval recreation– including costuming, leatherwork, armouring, etiquette, pastimes, everyday life, dancing, weaving, calligraphy, carving, metalwork, embroidery and much, much more! We meet every Sunday from 10am to 1pm at the Wandi Community Hall clubrooms at 302 De Haer Rd, Wandi. Please bring whatever you are working on, or just come along and watch/learn from others. From time to time we also have special A&S workshops– if you would like to teach how to do/make something, then please let us know!
Combined training with Aneala:	2nd Sunday of each month from 10 am. Spearwood Primary School, Gerald St, Spearwood. This includes Armoured and Rapier Combat, Archery and Arts and Sciences. There is no Lake Monger training on these days.

Collegium is over but well attended.

Thankyou very much to all the Teachers who gave of their time, knowledge and resources to educate those who are interested in period techniques and processes. Especially on the Saturday when Western Power was doing pole work and cut the power, your patience and adaptation was much appreciated.

Huge big thanks to Sir Andre for being the liaison with the School, Mr fix it as well as the last to clean out.

To Dede Kilic who was the special go for, for picking up and transporting people, for going home to pick up a stove, gas bottles, making sure people ate cake and biscuits, packing and cleaning.

To the Provost judges for your examination, expertise and time.
Congratulations to Lord Chretien for passing.

Thankyou to Mistress Leonie for vacuuming the corridor. Baroness Bella for making sure the kitchen was spick and span as well as sharing the cheese cake and tarts cooked in your class by your students.

And a general thank you for those who set up tables and chairs, set up and take down of the erics.
Finally, a big thank you to all the students, for their patience, enthusiasm, positive feedback and support for your teachers.

Yours in Services
Dame Edithard

Beginner's Dance

By Elizabeth Rowe (Dance Enthusiast in Aneala)
Dragon's Bay Collegium 2026

Cut Bransles (aka Mixed Bransles of Champagne)

Source: *Orchesography* by Thoinot Arbeau (1589)

Reconstruction: *Del's Dance Book* by Delbert von Staßburg, accessed online here https://www.pbm.com/~lindahl/del/

Recorded Music: I prefer "Cassandra," "Pinagay," "Charlotte," and "La Guerre," from *Del's Dance CD 1 – 16th C France* and "Aridan" from *Arbeau: Orchésographie* by Sally Logemann: New York Renaissance Band. You can also find all 5 dances on the album *Incantare* by Musica Subterranea (available on iTunes), with 4 dances titled "Bransle [Name]" and La Guerre titled, "War Bransle (Bransle de la Guerre)."

Set-Up: In a circle, as many dancers as want to join, no need to establish roles.

Cassandra	Pinagay	Charlotte	La Guerre	Aridan
DL DR DL DR --- DL DR SL DR (repeat)	DL KL DL KL KR KL --- DL DR	DL KL KR DR (repeat) --- DL KL KR SR KL KR KL SL KR KL KR DR	{ DL DR DL DR }x2 DL DR SL SR DL SR SL DR SL KL KR KL (feet together) Capriole	DL KL KR KL (repeat) { DL SR SL SR DL KL KR DR Step L Close KR Step R KL }x2

Petit Vriens

Source: *De arte saltandi & choreas ducendi* by Domenico da Piacenza (c.1450)

Reconstruction: *Del's Dance Book* by Delbert von Staßburg, accessed online here https://www.pbm.com/~lindahl/del/ but I've retabulated it here

Recorded Music: I prefer "Petit Vriens" by Misericordia & Gaita from the album *Eschewynge of Ydlenesse*. For easier access, try "Petet Riens" on the eponymous album *Musica Subterranea* (available on iTunes).

Set-Up: In groups of 3, optionally holding hands in a row, ready to follow the "leader". No real need to number off but I do refer to (person) 1, then 2, then 3 in the tabulation here. 1 = leader, 2 = person in between, 3 = end person – but these roles are not maintained through the dance; everyone should have a turn as leader.

Part 1 – Little Ducks Waddling All Pv x 16	Part 2 – Each Takes a Turn Sequentially (1, then 2, then 3) each Pv x 4 Sequentially (1, then 2, then 3) each DL*
Part 3 – Bows in a Triangle Sequentially (1, then 2, then 3) each RvL, moving into a triangle formation	Part 4 - Conclusion DLb (+ little kick) DR (in a circle) RpL RpR VtL Then reform line in new formation

"quack" optional here

Continued ....

Beginner's Dance Continued ..

By Elizabeth Rowe (Dance Enthusiast in Aneala)

Lybens Distonys

Source: *The Gresley Manual* by (likely) Johnes Banys (c.1500)

Reconstruction: Originally by Cait Webb (*Eschewynge of Ydelnesse: Dances from the Middles Ages and Renaissance*) but the "Anealan version." Be aware that this (and other Gresley dances) vary widely not just between East/West Lochac but even between individual Baronies.

Recorded Music: "Ly Bens Distonys" Misericordia & Gaita, *Eschewynge of Ydlenesse*

Set-Up: In partners, couples form a circle and face anticlockwise around the circle (i.e. not side-by-side as in many Bransles). Partner *A* stands to the left and is "inside" the circle. Partner B stands to the right and is "outside" the circle. (*A* & B swap positions in Part 2 of the dance, but swap back before Part 3.)

Part 1 – The Trace DL DR
Part 2 – Go Away & Come Back (both directions) *A*: (currently inside circle) SL SR SL quick turn on spot, ~180 to face back towards partner B: (currently outside circle) SLb SRb SLb *All*: DL, take left hands, DR to change places (B will need to quickly turn to take proper hold again) *A*: (now outside circle) SLb SRb SLb B: (now inside circle) SL SR SL quick turn on spot, ~180 to face back towards partner *All*: DL, take left hands, DR to change places into original spots (*A* will need to quickly turn to take proper hold again)
Part 3 – Conclusion SL SRb Cast off from partner (optionally, partner B progresses backwards 1 partner during the cast off)

Thank you to Lady Isabel de Annesley for assisting with music.

Please feel free to contact me with SCA dance questions nancyelizabethvalentino@gmail.com or agostinoandelizabeth@gmail.com (or Facebook)

Teeny Tiny Italian Steps

By Elizabeth Rowe (Dance Enthusiast in Aneala)

Sources: Most of our knowledge of 16th Century Italian dance comes from two writers: Fabrito Caroso writing *Il Ballarino* (1581) and *Nobilta de Dame* (1600) and Cesare Negri writing *Le Gratie d'Amore* (1602). Today's dances are both from *Il Ballarino*. Caroso & Negri describe some steps slightly differently, so please note that we will be using the Caroso versions here.

Reconstructions: These step descriptions are primarily by Master Delbert von Staßburg, accessed online at *Del's Dance Book* https://www.pbm.com/~lindahl/del/ I have edited a little so please blame any errors on me, not Master Del.
The reconstruction of *Gracca Amorosa* is from *Del's Dance Book* and the reconstruction of Pungente Dardo is by Katherina Weyssin von Regenspurk and can be found here https://katherine.paradise.gen.nz/pungente-dardo-ballarino

Recorded Music: For *Gracca Amorosa* I use the Musica Subterranea version from their album *Cornucopia*. For Pungente Dardo I use computer-generated music by Alex Rossiter, as provided by Katherina Weyssin on her website (see above).

Starting Positions/Set-Up: Both dances are for couples. Couples should stand quite close together. Left foot should be slightly forward i.e. feet are not together; weight is not evenly distributed. (Note: I mostly use "*A*" and "B" when teaching now, but the dance tabulations provided use "Man" and "Woman.")

Styles: *Gracca Amorosa* is an example of a *cascarde*, as described by Caroso. *Cascarde* are in triple time and usually have a verse/chorus structure. We tend to dance them at a fast tempo. Pungente Dardo is an example of a *balletto*. These dances are primarily in double time (the *ballo* section) but some have a *sciolta* in triple time, which Pungente Dardo does.

Steps: Caroso & Negri both describe dance steps using measurements such as "finger breadths" and "half a palm" etc. To put it briefly: *teeny tiny steps.*

Continued ...

Teeny Tiny Italian Steps Continued

By Elizabeth Rowe (Dance Enthusiast in Aneala)

Riverenza (Left) – "kinda like a fancy bow"
Begin with the left foot somewhat ahead of the right foot. On the first beat do nothing. On the second beat, slide the left leg back behind the right. On the third beat, place the weight on the left foot, bend the left knee and sink lightly, keeping the head forwards and upright, and the body erect. On the final beat return to the upright position.

Spezzato (Left) – "similar to a piva"
This step is done by stepping forwards onto the left foot, then forwards onto the right foot, up level with the heel of the left foot, rising onto the left toe as this is done. At the end of the beat, lower the left heel. The step takes 2 beats.

Trabuchetto (Left) – aka "Trab" – "a little jump"
This step takes one beat. Leap slightly to the left, landing on the left foot, and closing with the right foot so that the right heel is closest to the left instep, and about two finger-breadths away. This should be done lightly, on the toes of the feet, with the legs well extended, lowering the left hip and raising the right hip slightly as you land in the jump.

Riprese (Left) – "a sideways step"
A Reprise to the left is done by stepping sideways with the left foot, onto the left toe, and rising onto the right toe, then stepping to the left with the right foot, joining feet and lowering back onto the heels.

Scambiata (Left) – sorry, I don't have a nickname for this one

It is a *sottopiede* ("under foot" or "the little kicky things") step, followed by moving the left foot forwards, and then around slightly behind the right foot, and jumping to land with both feet together. It can be done singly, or followed by another *scambiata* going to the right.

Seguito Ordinario (Left) – "similar to a double"
Going forwards, step left, step right, step left, then raise your right foot and move it somewhat forwards as if to close, but do not close the step.

Passo (Left) – "just a step"
Step forward with the left foot. The right foot should not be moved.

Continenza (Left & Right) – "slow sideways step"
Take a very small single step to the left, join feet together, and then step back towards the right, joining feet together again. The steps are done with a rising and falling movement, so that you rise on your toes slightly while stepping across, and then sink back onto your heels when the step is complete. Bring the left shoulder forwards slightly as you step to the left, and the right shoulder forwards slightly as you step to the right.

Puntata (long & short) – sorry, no nickname for this one either
Similar to a passo (see above) but closing the feet at the end. Some descriptions of this step include the following: "Slightly lift both heels and lower them. Keep the knees straight." I was taught two separate versions of the Puntata by Mistress Katherina, one that matches this step description well and one that doesn't. The one that doesn't match is slower/longer and including a slight lowering of the body on the first part of the step.

Finto – "feint"
Mistress Katherina notes that this term is used differently by different authors, but that Caroso uses "*seguito finto*" to describe a series of steps that feigns to go in one direction before returning.

Gracca Amorosa

Title translation: "Love's Prattle" – Master Del interprets this to mean something like "pillow talk"

Tabulation provided as a separate because Master Del sets out his dances in an extremely readable format.

Pungente Dardo
Title translation: "Stinging Dart" – possibly a reference to Cupid's arrow?

Tabulation reformatted from (but otherwise essentially the same as) the version on Mistress Katherina's website.

Continued….

Teeny Tiny Italian Steps Continued

By Elizabeth Rowe (Dance Enthusiast in Aneala)

Pungente Dardo

By Mistress Katherina Weyssin but slightly edited & reformatted for a single page by Elizabeth Rowe

The stand facing, not holding hands but close enough to take hands easily. (In "ordinary" positions, i.e. A/man to the left, B/lady to his right. Note that I have left the terms "man" and "woman" in here because that is what both Mistress Katherina and Caroso used – it is not prescriptive!)

Verse 1 "honour, change places and return"

1-4	Riverenza L
5-8	2 Continenza LR
9-12	Take R hands, change places with 2 Passi LR, 1 Seguito Ordinario L
13-16	Take L hands, change places with 2 Passi RL, 1 Seguito Ordinario R

Chorus (note: always done facing, not holding hands)

1-2	2 Spezzati flankingly LR, the man advances while the woman retreats
3-4	3 Trabuchetti LRL, pause
5-8	2 Continenze RL
9-10	2 Spezzati flankingly RL, the woman advances while the man retreats
11-12	3 Trabuchetti RLR
13-16	Riverenza L

Verse 2 "take ordinary hands, walk forwards"

1-8	4 Seguiti Ordinarii LRLR, proceeding down the room together
9-12	Continenza L, 2 Riprese RR
13-16	2 Puntate LR forwards (these are the "longer version"), then face partner

Chorus (turn to face each other, drop hands, and proceed with same Chorus as above)

Verse 3 "take right hands, change places"

1-4	Take R hands, changes places with 2 Passi LR, Seguito Ordinario L
5-8	Release hands, turn to L and separate a little with 2 Passi RL, Seguito Ordinario R
9-12	Puntate (the "longer version") LR, facing (briefly coming very close together)
13-16	2 Seguiti Ordinarii LR flankingly backwards (but don't get too far apart)

Chorus (as above)

Verse 4 "left hands, change places"
As in verse three, but taking left hands to return to place, then turning to the right. You still begin the sequence with the left foot (as the previous verse finished with a Seguito with the right).

Chorus (as above)

Sciolta

1-4	Puntate (short/regular version) L, Puntate (short/regular) R backwards
5-8	Continenza L, Finto R, end with a small Riverenza
9-16	4 Seguiti Ordinarii LRLR; three circling partner, turning to L for fourth one, end facing a little way apart
1-8	4 Seguiti Ordinarii flankingly forwards LRLR (to meet again)
9-12	Take both hands, 2 Continenze LR
13-16	Final Riverenza L

Barony of Ancala Activities

Regular activities occur unless superseded by an event

Anealas Baronial Council	3rd Friday of each month, opens at 7pm for a 7:30pm start. Contact Baron and Baroness
Baronial Training	Sunday from 10am. Location TBA - see populace for details
Archery	(Contact Archery Marshal).
Armoured Training.	(Contact Armoured Marshal).
Rapier Combat.	(Contact Rapier Marshal)
Combined Training / Arts & Sciences	2nd Sunday of each month. 10am to 1pm Spearwood Primary School, 73 Gerald St, Spearwood

Events of Interest

Music and Singing:	For times and venues,	Contact genierachel@iinet.net.au
Scribes:	Tuesday nights.	Contact Mistress Leonie

Dance:

Local Lochac Guild Contacts

Royal Fibre Guild of Lochac

For those interested in the arts, crafts and history of all textile matters.
We encourage the doing, researching & teaching of fibre related skills as seen in pre 1600 cultures.
We include weavers, spinners, dyers, cord makers, felters, knitters, njalbinders and lace makers.
Contact Baroness Elizabeth: aneala@aneala.lochac.sca.org

Royal Guild of Defence

Researching and teaching of the period martial arts of Europe, as detailed in the various extant fencing and wrestling manuals.
Contact Master Dameon Greybeard :dameongreybeard@gmail.com

Worshipful Company of Broiderers

The aim of the Company is to advance the study and practice of pre-1600 AD European needlework in Lochac and in the Known World.
Contact Mistress Leonie de Grey: degrey@fgcint.com

Performers and Entertainers Guild of Lochac

This guild is dedicated to the promotion, encouragement, learning and performance of bardic, theatrical, instrumental and all other entertainment arts within an SCA context.
Contact Isabel: genierachel@iinet.net.au

Lochac Brewers Vintners and Imbibers Guild

We share a common interest in brewing and wine making as practiced in the Middle Ages, and the responsible consumption of said beverages.
Contact Wolfgang Germanicus:

Lochac Cooks' Guild

Members of the Lochac Cooks' Guild aim to practice cooking in the style of the Medieval and Renaissance periods, research and study period cooking and make available Information on all aspects of period cooking as it pertains to the SCA.
Contact: Baroness Bella Valori kerryn@ladybirdpainting.com.au

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Event Booking Policy

Payment for all bookings must be made in advance of the event by the date advised in the booking confirmation email. If payment is not received by the due date your booking will be cancelled.
Payment may be made either online or at any Westpac bank branch.

Event Cancellation/Refund Policy

Cancellation can be made at any time up to the close of bookings with a full refund provided for any event payment already made. Cancellation after close of bookings will be accepted in the case of illness with a refund provided.

Please contact the booking officer ASAP prior to the event.
Refunds (full or partial) for any other reason are at the discretion of the event steward together with the seneschal and/or reeve and will be dependant on expenses incurred.

Participants are reminded that if they are unwell, they must not attend.

SCA Group Websites

Barony of Aneala (Perth, WA)	aneala.lochac.sca.org
Canton of Dragons Bay	dragonsbay.lochac.sca.org
College of St Basil the Great (UWA)	stbasil.lochac.sca.org
Kingdom of Lochac (Australia & New Zealand)	lochac.sca.org
SCA Corporate (Australia)	sca.org.au
SCA Corporate (World-wide)	sca.org

About the Vine

This is the September 2026 issue of the Vine (Volume 33, Issue 4),
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The Vine is available from Aneala's web site http://aneala.lochac,sca.org.
It is not a corporate publication of SCA, Inc. and does not delineate SCA, Inc. policies.
The official newsletter for the Society in Australia is Pegasus, which is available from the Registrar at:
registrar@lochac.sca.org.au

The closing date for submissions to The Vine is the third Sunday of the month.
Advertising, including event flyers should preferably be in Word format.
Please send original source documents and associated images separately.

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